



President's Corner & Director's Message

PRESIDENT'S MESSAGE

I would like to take this opportunity to tell you what a great honor it is for me to serve as Board President of the NSC this year. After last year; having to replace our old executive director, I hope this year will be a much smoother and less stressful time.

I pray that the board, and myself, will be able to make the kind of decisions that will keep this center an enjoyable experience. If the members of the board can help or answer any questions that you may have, please do not hesitate to ask.

~ Myrna Dyer

DIRECTOR'S MESSAGE

Greetings everyone!

Here we are in April, a quarter way through 2026. Time continues to fly and the weather still reminds us that we are in Alaska. Stay safe out there, especially when breakup begins. All that thawing will make a mess and it can still freeze back overnight.

St. Patty's day was a big hit this year. We ran out of corned beef and cabbage that day. So much so that we had to cook more corned beef for the sandwiches we had planned on that Friday! Easter is right around the corner as this newsletter is being sent out. Our community free meal is on April 1st this year...no foolin'! I'm probably a little late on this one, but at least her picture was in last month's newsletter. A big welcome to Nicole Wall at our front desk. We are so glad to have her.

Put it on your calendars...our annual fundraiser is scheduled for June 6th this year. Check out the flyer in this month's edition. We are always searching for items or financial donations for this big event. We haven't had one since 2024, so we are ready for a great time! Wall of Guns will be back, with Soldotna Annex supporting the gun raffles this year.

We are starting some new activities this month, including Bunco on Tuesdays, and Body Groove dance fitness on Fridays. Be sure to check those out if you are interested. Additionally, we are going to start hosting Bingo during the summers again. Summer is always a busy time for us with wedding rentals, so we are going to do a bi-monthly bingo session on Tuesday afternoons. Times will remain the same, as well as the format (\$50 minimum prize for each game of Bingo).

John



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

visit our
website!

www.NikiskiSeniorCenter.org





Board Meeting

NSC Board Meeting

04/29/2026

@ 1:00 pm

Nikiski Service Area Board

4/22/2026

@ 4:00 pm

Meetings are open to The Community

Newest

KPFCSP Sponsor

Trust

Alaska Mental Health Trust Authority

APRIL 2026



Kenai Peninsula Family Caregiver Support Program

SUPPORT GROUPS & TRAININGS

Tyotkas Elder Center
April 3rd
10:30am-11:30am

Seward Senior Center
April 7th
11am-12pm

Soldotna Library
April 13th
1-2pm
Conference Room A

Sterling Senior Center
April 23rd
1-2pm

Caring for a loved one 60+? Join our caregiver support group.

Kenai Senior Center
April 15th
2-3:30pm

5 wishes presentation
Led by Hospice

Nikiski Senior Center
April 28th
12:30-1:30pm

Alzheimer's Association Presentation
Led by Cindy Harris

For more info about KPFCSP

Scan QR Code to follow & like us on Facebook!



Trust
Alaska Mental Health Trust Authority

Guitar Lessons



John Macanas is willing to teach guitar lessons Wednesday mornings @ 9 am. If interested please talk to him for what days he will be here. We would love for you to join.



KPFCSP

Kenai Peninsula
Family Caregiver Support Program



5 WISHES PRESENTATION LED BY HOSPICE

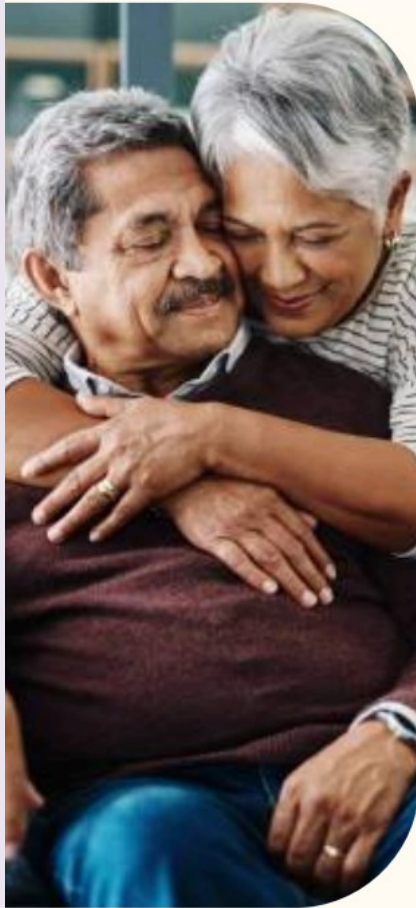
Family Caregivers are invited!!

**Family Caregivers: Gain Tools
to Care with Confidence**

This presentation will help caregivers feel more confident and prepared to support their loved ones while making sure their wishes are known and respected.

APRIL 15, 2026

Kenai Senior Center
2pm-3:30pm



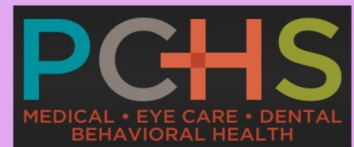
Trust

Alaska Mental Health
Trust Authority



Independent Living Center

Will be at Nikiski Senior Center
April 8th
from 11:30 am to 1:00 pm.



PCHS will be at Nikiski Senior Center to inform about services and hand out free items on Wednesday, April 29th from 11-1.



Empty Tomb Rolls



Ingredients

1. 12 Rhodes Rolls (or homemade dough or crescent roll dough)
2. 12 Marshmallows (normal sized)
3. ½ Cup Granulated Sugar
4. 1 Tablespoon Ground Cinnamon
5. 1 Cup Butter melted

Instructions

1. Heat the oven to 350 degrees F. Grease a baking dish (9x13-inch or 9-inch round) or a muffin tin.
2. Mix the sugar and cinnamon in a bowl. ½ Cup Granulated Sugar, 1 Tablespoon Ground Cinnamon
3. Press the dough out into a circle. Roll a marshmallow in the butter and then the cinnamon sugar and place on the dough.
4. Pinch the circle closed around the marshmallow and roll the dough in the butter and cinnamon sugar.
5. Place in the baking dish.
6. Repeat until you've used all the dough.
7. Let rest 15 minutes and then bake for 15 minutes or until golden. Serve immediately.

April's Birthdays

Debra Brown	Apr 01	Don Bakk	Apr 16
Peggy Emond	Apr 01	Paul Corbett	Apr 16
Jack Porter	Apr 01	Vincent Strahmann	Apr 16
Anna Wheeler	Apr 02	Nancy Whiting	Apr 16
Michael Dunlap	Apr 04	Loretta Porter	Apr 19
Deanna Beauchamp	Apr 05	Aunamarie Golan	Apr 20
Annette O'Connell	Apr 05	Ken Dyer	Apr 21
Jeff Poffenbargar	Apr 06	Rosi Johnson	Apr 22
David Sullins	Apr 06	Steve Brigham	Apr 23
Carol Ernst	Apr 07	Katerina Grimaldi	Apr 23
Lois Solmonson	Apr 07	Mike Taylor	Apr 23
Katie Carmody	Apr 07	Richard Johnson	Apr 24
Tina O'Ney	Apr 09	Jesse Lobdell	Apr 24
William Schwenke	Apr 09	Brenda Rotgers	Apr 24
Judy Jenkinson	Apr 09	Anne Sivertsen	Apr 26
Morey Denton	Apr 10	Claudia Jackman	Apr 28
Richard Walker	Apr 10	Myrna Dyer	Apr 29
Winston Gillies	Apr 12	Beverly Bridges	Apr 29
Alice Uhlin	Apr 13	Jeff Bond	Apr 29
Venetia Nortrup	Apr 14	Dale L. Schmoll	Apr 30
Bill Kanour	Apr 15		

April

D I H P D X C V C C I B K B G X Y F S F
 J U N D Y D U D R V B Z C R F L W S C T
 X U M L S C Z N D D U B E R O C W S V F
 D S T G M J T O M O I E X D O L O R X T
 Z D G U Q S J M H R N V A L L E R B M U
 I E T F E O R A W L C Y S Z S S R H V P
 L E A I W D A I S Y L R N P L S E Z A T
 A S B J H N N D T R E I A T Z D M W R C
 G A I S N N O L Z W A R M E R G O A V U
 B Z B K Q F T T O R N H Y N N G R X R U
 T K G K D P D L O D I F H I N G P R O S
 P K S N B H F A A A N L M H E C M K L V
 T B O G G G U T Y Q G O W S O U A V R W
 T Y C N W R S T K L O R X N C Q Y R E H
 J A C K E T S R Z L I S E U H K R K V L
 T D E V G O P D B O P G Z S I R T F O V
 O T R C M S S S P H A C H P C T E X S Y
 S E A R T H O K B S P F Y T K F O Y S R
 B S G R E T S A E N S L E T S A P G A V
 C W S T I B B A R L N T K K Q X R K P C

EASTER EGGS
 FLOWERS RABBITS
 SUNSHINE CHICKS
 DAYLIGHT PROM
 BABIES PASTELS
 RAIN DAISY
 MUD DIAMOND
 BLOOMING
 GREEN
 EARTH
 DAY
 SEEDS
 SOCCER
 POETRY
 TAZES
 CLEANING
 UMBRELLA
 JACKETS
 FOOLS
 PASSOVER

Veteran's News



What is the PAC Act?

The PAC Act (Promise to Address Comprehensive Toxic), signed by Congress in 2022, expanding VA healthcare and benefits for millions of veterans exposed to burn pits, agent orange and other toxic substances from wars in Vietnam, Iraq, Afghanistan and beyond.

Who qualifies?

~All Vietnam veterans who set foot on land

~All Iraq and Afghanistan Post 9/11 veterans who were exposed to burn pits there. Vets exposed to contaminated water at Camp Lejeune, North Carolina

~Vets who served on Korea's DMZ during 1968 thru 1970 and others who handled agent orange stateside.

If you qualify, what's next?

Take your assembled healthcare paperwork to a professional VA Service Claims Officer. Mark Johnson in Suite B Business Plaza at Tudor and C street in Anchorage. Or make an appointment with Mark at: Office - 907-257-4760 Fax- 907-257-4759 Cell- 907-744-4109 Email- Mark.Johnson463@va.gov

Information taken from Veteran's News by Dave Thompson.



Raising Dough for Dough Day



April is serving up a double helping of dough! While it is typically known for Money Smart Week, it is also National Sourdough Bread Day— and here at the Nikiski Senior Center, we are bringing both doughs together for a great cause in the most delicious way possible!

We're raising dough to purchase a **dough sheeter**— and you might be wondering what a dough sheeter?

A dough sheeter is a game-changing kitchen tool that rolls and flattens dough into perfect, even sheets— making pastries, bread and pizza and all things carbs, faster and more consistent.

Why does it matter? Our incredible chef, Jonthan, currently makes everything by hand— from fresh pastries to all the irresistible baked goods we all love. A dough sheeter will save time and effort, improve consistency and help the baked goodness coming...

Let's give our chef a helping hand so he can keep filling our plates (and bellies) with amazing food!

Because let's be honest....

Happy Chef= Happy Community + Happy Bellies!



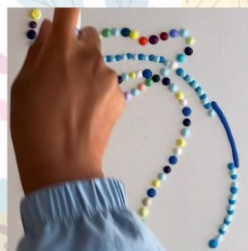
April's Arts & Crafts



April 1st
Seashell Crystals



April 8th
Nail Polish
Flowers



April 15th
Dotty Surprise Art



April 22nd
Pipe Cleaner
Flowers



April 29th
Spring Card



Sewing Group Circular Fun Quilt Class



The sewing group's class is a circular fun quilt
April 14th, 12:30 - 3:00 pm
\$10 for non-senior center members



NIKISKI SENIOR CENTER

Luau Gala

ANNUAL FUNDRAISING EVENT

An Evening of Island Elegance Benefiting Local Seniors

SATURDAY, JUNE 6TH
4:00 PM – 8:00 PM

Join us for a memorable evening of community, generosity, and celebration in support of the Nikiski Senior Center and the vital programs and services we provide in our community.

EVENING HIGHLIGHTS

- ✦ Hawaiian-Inspired Dinner
- ✦ Silent Auction
- ✦ Raffle Prizes
- ✦ Wall of Guns

TICKETS

Individual Tickets – \$75
Advance Ticket Purchase Recommended

- ✦ Reserve a Private Table
- ✦ 8 Guests – \$550
- ✦ 6 Guests – \$425

SUPPORT THE CAUSE
Sponsorship Opportunities Available
Silent Auction & Prize Donations **Welcome**

All proceeds directly support programs, meals and services for seniors in our community.

CELEBRATE • GIVE BACK • MAKE A DIFFERENCE

What's Happening



FOOD PANTRY HOURS

9:00 am to 10:30 am
or
12:30 pm to 1:30 pm



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

Join us for our Free 
Community Easter Lunch
Wednesday, April 1, 2026
Luncheon is from 11:30 am - 1:00 pm
Ham, potatoes and rolls will be served.
Please RSVP at 907-776-7654



The Nikiski Senior Center will be closed on Friday, April 3rd! To Celebrate **GOOD FRIDAY**



Nail Care Clinic
Friday, April 17th



Sign up at the front desk or call to make an appointment.

New Dance Fitness Class

Body Groove Delicious Dance
Fridays 12:30- 1:30 PM Starting
April 10th

Everyone is welcome, no matter your fitness level! Come join us! Class lead by Toni Loop



What's Happening

Nikiski Senior Center



Happening once a month.
First meet up is April 7th @ 1 pm.
12 people are needed to play. Ages 18 +

It's a dice game, easy to learn and fun! \$5 to the pot to play. Winnings will be distributed at the end of the game. Please sign up at the front desk or call 776-7654.



Nikiski Senior Center Bingo Schedule

April 11 & 25th

May 9th

Doors open at 2 pm

Games start at 3 pm

\$25 per packet
Potluck style, so bring a dish and bring a friend



Computer And Cell Phone Class

April 18th

1 PM Computer Class

2 PM Cellphone Class

Taught by Calvin Carpenter

We will try to have a few computers there to use but if you have a laptop, please bring it. Also bring your cell phones too
Sign up at the front desk if you are coming



Sign up at **Nikiski Senior Center** starting May 1st or earlier, depending on when the snow melts!

Garbage bags, gloves & pick up sticks will be distributed while supplies last.

Clean - Up BBQ Will Be May 15 @ 11:30 am

Nikiski Senior Center
50025 Lake Marie Ave
Kenai, AK 99635
907-776-7654

Event Calendar

NIKISKI SENIOR CENTER
Event Calendar
April 2026



Event schedules can change so check back with Facebook , NSC Website or Call the Center at 907-776-7654 to stay up to date or sign up for an event.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Yoga 9:30- 10:30 am Arts & Crafts Seashell Crystals 1:00-3:00 pm	2 Silver & Fit 10:00- 11:00 am Pinochle 12:30- 4:00 pm Bible Study 1:00 pm	3 Closed For Good Friday	4
5 Happy Easter	6 Silver & Fit 10:00- 11:00 am Resin & Cricut Class 1-3 pm	7 Sewing Group 12:30-3:00 pm Bunco Time 1:00 pm	8 Yoga 9:30- 10:30 am Arts & Crafts Nail Polish Flowers 1:00-3:00 pm Independence Living Center 11:30 am - 1:00 pm	9 Silver & Fit 10:00- 11:00 am Pinochle 12:30- 4:00 pm Bible Study 1:00 pm	10 Dance Fitness Class 12:30-1:30 pm	11 Bingo 2 pm Doors Open 3 pm Game Starts
12	13 Silver & Fit 10:00- 11:00 am Resin & Cricut Class 1-3 pm	14 Sewing Group Circular Fun Class 12:30-3:00 pm	15 Yoga 9:30- 10:30 am Arts & Crafts Dotty Art 1:00-3:00 pm	16 Silver & Fit 10:00- 11:00 am Pinochle 12:30- 4:00 pm Bible Study 1:00 pm	17 Nail Care Clinic 8:15 am- 1:00 pm Dance Fitness Class 12:30-1:30 pm	18 Cellphone/ Computer Class 1-3 PM
19	20 Silver & Fit 10:00- 11:00 am Resin & Cricut Class 1-3 pm	21 Sewing Group 12:30-3:00 pm	22 Yoga 9:30- 10:30 am Arts & Crafts Pipe Cleaner Flowers 1:00-3:00 pm Nikiski Service Board Meeting 4 PM	23 Silver & Fit 10:00- 11:00 am Pinochle 12:30- 4:00 pm Bible Study 1:00 pm	24 Dance Fitness Class 12:30-1:30 pm	25 Bingo 2 pm Doors Open 3 pm Game Starts Guest Caller!
26	27 Silver & Fit 10:00- 11:00 am Resin & Cricut Class 1-3 pm	28 Sewing Group 12:30-3:00 pm KPFCSP Support Group Alzheimer's Education Cindy Harris 12:30- 1:30 pm	29 Yoga 9:30- 10:30 am Arts & Crafts Mothers' Day Card 1:00-3:00 pm NSC Board Meeting 1:00 pm	30 Silver & Fit 10:00- 11:00 am Pinochle 12:30- 4:00 pm Bible Study 1:00 pm PCHS Outreach 11:00 am- 1:00 am		

Lunch Menu

NIKISKI SENIOR CENTER

907-776-7654

Lunch Menu



Entrée or Just Salad \$7 .

Entrees, Salad Bar and Soup \$10.

ALL AGES are welcome to eat.

Menu is subject to change .

Mon	Tue	Wed	Thu	Fri
		1 Ham Green Beans Stuffing Mashed Potatoes Gravy Easter Community Lunch	2 Ribs Baked Potatoes Corn Cornbread Dessert	3 Closed For Good Friday
6 Spaghetti Meat Sauce Fresh Bread Veggies Dessert	7 Carne Asada Beans/ Rice Dessert	8 Fried Chicken Mash Potatoes Gravy Veggies Dessert	9 Shrimp Alfredo Fresh Bread Veggies Dessert	10 BLT Hand Cut Fries Dessert
13 Korean Beef Rice Bowl Cabbage Carrots Dessert	14 Beef Quesadilla Salsa Beans Rice Dessert	15 Orange Chicken Broccoli Jasmine Rice Dessert	16 Pizza Bacon Mac N Cheese Veggies Dessert	17 Pulled Pork Sandwiches Coleslaw Jo Jos Dessert
20 Beef Stroganoff Fresh Bread Veggies Dessert	21 Carnitas Rice Beans Dessert	22 Fried Chicken Mash Potatoes Gravy Veggies Dessert	23 Pot Roast Fresh Bread Veggies Dessert	24 Smash Burger Onion Rings Dessert
27 Egg Benedict Potatoes Hash Dessert	28 Shrimp Tacos Beans Rice	29 Buttered Chicken Jasmine Rice Handmade Naan Bread Dessert	30 Meatloaf Mashed Potatoes Gravy Peas/Carrots Dessert	

ALL AGES ARE WELCOME TO EAT.
TO GO lunches need to be called in by 10 and picked up 12:00 pm

Monday –Thursday
Salad Bar opens at 11:30 pm
Entrée opens at 12:00 pm
No Salad Bar on Friday. Entrée is 11:30 am

Activity Highlights

- Silver & Fit: **Mondays** AND **Thursdays** @ 10:00-11:00 am
- Sewing Class: **Tuesdays** @ 12:30-3:00 pm
- Yoga (via zoom): **Wednesdays** @ 9:30-10:30 am
- Blood Pressure checks: **Wednesdays** by Nikiski Fire Dept., when available
- Arts & Craft: **Wednesdays** @ 1:00-3:00 pm
- Pinochle: **Thursdays** @ 12:30-4:00 pm
- Bible Study: **Thursdays** @ 1:00-2:00 pm
- Fitness Dance Class: **Fridays** @ 12:30 pm

April

- **3rd Center is Closed for Good Friday**
- **8th Independent Living Center Visit**
- **11th & 25th Potluck Bingo**
- **22nd Nikiski Service Area Board Meeting**
- **28 Cindy Harris: Alzheimer's Education**
- **29 PCHS & NSC Board Meeting**

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



To:

PLEASE
PLACE
STAMP
HERE