



President's Corner & Director's Message

PRESIDENT'S CORNER

Our beautiful summer weather continues with abundant sunshine and minimal bugs!

Since my last message, The Board of Directors has enthusiastically voted to approve John Walker as our permanent Executive Director. We are all very excited to have his leadership for the Center. This was also great news to the Center's staff. I would also like to express my appreciation to John for his steady hand in handling the Center's activities as our Acting Director upon resignation of the previous Executive Director. His experience and coolness under pressure were invaluable in continuing the Center's activities during this time of transition.

If you are interested in what the Center is doing, please join us at the monthly Board of Directors meeting. These Board meetings are held the fourth Wednesday of each month at 1pm (after lunch). We discuss many topics and activities which involve the Center. All members are most welcome to join us. Also, please consider putting your name forward on the ballot for our annual Board of Directors election which is held in January of each year. We are always in need of members who have life experiences that would be helpful on the Board. The Board term of office is only two years. Your service would be most appreciated!

All the very best to you!
Wayne Ogle

DIRECTOR'S MESSAGE

Wow, can you believe it's already August? I hope your summer project(s) are progressing at home better than mine! My first month as Executive Director has certainly been packed with excitement and memorable moments. I'm genuinely excited to be here, and although there's still a lot of work ahead, we have some fun field trips scheduled. We're heading to the Kenai Peninsula State Fair, and in early August, we'll be visiting the Wildlife Conservation Center. Check out the flyers in this newsletter for all the details!

Additionally, don't forget about Quilt Bingo on October 4th. Mark your calendars and spread the word to your friends! Dinner will be provided at the event, so keep an eye out for ticket sales and a menu coming soon.

We're also making some updates to the newsletter, trying out new sections and formats. We hope you enjoy these changes, and we welcome any suggestions for additions you'd like to see.

I want to express how honored I am that the Board of Directors chose me as the Director of the Nikiski Senior Center. I can't wait to see everyone when you can drop by! If you have ideas for new activities or events, or if you're interested in volunteering at the center, please come by and chat with Barb or me in the admin office. We'd love to discuss those ideas with you!

~ John Walker



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

visit our
website!

www.NikiskiSeniorCenter.org



Board Meeting

NSC Board Meeting

8/27/2025

@ 1:00 pm

If you are interested in what the Center is doing, please join us at the monthly Board of Directors meeting



Read 20 minutes a day and you'll read 1,800,000 words per year.

An average American college graduate reads only five books in their lifetime after graduation.

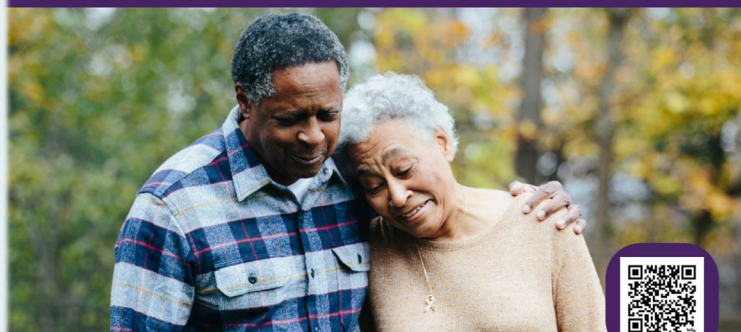
Kenai Peninsula Family Caregiver Support Program

THE EMPOWERED CAREGIVER SERIES

EXPLORING CARE AND SUPPORT SERVICES



An education program presented by the Alzheimer's Association



Caring for someone living with dementia can be challenging, but you don't have to do it alone. There are resources and support for every stage of the disease to help you feel empowered as a caregiver.

Topics in the program include:

- Planning for care changes.
- Types of respite, long-term, and residential care.
- End-of-life care options.
- Moving care settings.

August 26, 2025

1:00PM - 2:00 PM AKDT

Nikiski Senior Center
50025 Lake Marie Ave,
Kenai, AK 99611

Registration Info
800.272.3900

Visit alz.org/CRF to explore additional caregiver education programs in your area.

ALZHEIMER'S ASSOCIATION

KENAI PENINSULA FAMILY CAREGIVER SUPPORT PROGRAM

AUGUST SUPPORT GROUPS & TRAININGS

01

AUGUST

TYOTKAS ELDER CENTER
10:30-11:30AM

04

AUGUST

SOLDOTNA LIBRARY
2PM-3PM CONFERENCE ROOM A

06

AUGUST

KENAI SENIOR CENTER
2PM-3:30PM "STRONGER TOGETHER" RACHAEL CRAIG

20

AUGUST

SEWARD SENIOR CENTER
1PM-2PM VOLUNTEER CINDY HARRIS W/ ALZHEIMER'S ASSOCIATION TOPIC- BUILDING FOUNDATIONS FOR CAREGIVING

21

AUGUST

STERLING SENIOR CENTER
1PM-2PM

26

AUGUST

NIKISKI SENIOR CENTER
1PM-2PM VOLUNTEER CINDY HARRIS W/ ALZHEIMER'S ASSOCIATION TOPIC- EXPLORING CARE AND SUPPORT SERVICES



Scan QR Code to follow & like us on Facebook!



Nail Care Clinic

Aug 18 th



Sign up at the front desk or call to make an appointment.

Long Term Care Medicaid Eligibility

with

Alaskan Attorney Amrit Kaur Khalsa



**Free
webinar via
Zoom**

**Monday
August 18th
12pm - 1:30pm**

Join the meeting using this link at noon:

<https://us02web.zoom.us/j/81842574793>

Questions? Contact ACoA Staff Yasmin Radbod at 907-230-0871.

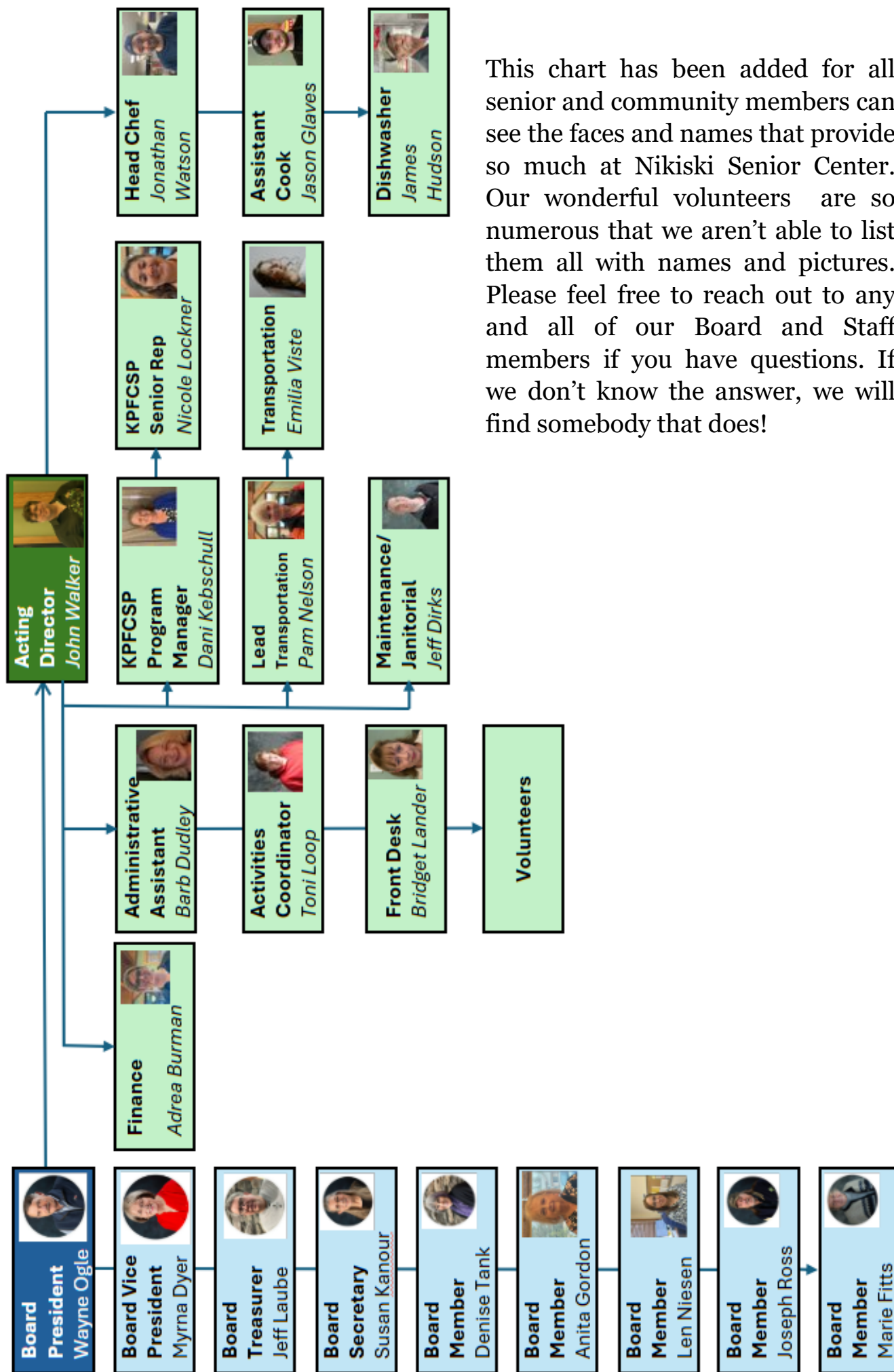
It's Senior Citizens Day And we're going to celebrate!



**Thursday, August 21
12:30 pm**

- We encourage you to wear your favorite tie-dye clothing, but it is optional.
- Everyone will get a surprise.
- Additional prizes are planned!
- Join us for a super special dessert by Chef Jonathan.

Nikiski Senior Center Organization Chart



This chart has been added for all senior and community members can see the faces and names that provide so much at Nikiski Senior Center. Our wonderful volunteers are so numerous that we aren't able to list them all with names and pictures. Please feel free to reach out to any and all of our Board and Staff members if you have questions. If we don't know the answer, we will find somebody that does!

Quilts Of Valour

John Macanas



Steve Geertz



Jerry O'Brien



Tom Sigler



Barb Druesedow



Paul Tippetts



Bill Kanour



Jason Ross



"The true soldier fights not because he hates what is in front of him, but because he loves what is behind him." – G.K. Chesterton



FOOD PANTRY HOURS

9:00 am to
10:30 am
or
12:30 pm to
1:30 pm



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB, individual donors, and state grants.

August Birthdays

Gerald	Browning	Aug 01	Alvin	Hampson	Aug 17
Peter J	LaBarbera	Aug 01	Diana	Summers	Aug 17
Marty	Ragan	Aug 01	Bonita	Miller	Aug 18
Jim	Richardson	Aug 02	Joyce	Endsley	Aug 20
Marie	Fitts	Aug 05	Denise	Tank	Aug 20
Mary	Carew	Aug 07	Pauline	Montagna	Aug 21
Brian	Poziembo	Aug 08	Loretta	Porter	Aug 22
Joe	Thirlwell	Aug 08	Janice	Wilsack	Aug 22
Dan	Byrd	Aug 09	Kathy	Wolf	Aug 23
Patty	Herrick	Aug 09	Wes	Tofte	Aug 24
Steve	Martin	Aug 09	Thomas	Vincent	Aug 24
Phyllis	Therriault	Aug 09	Patricia	Lee	Aug 25
Don	Waldrop	Aug 09	Gene	Wheeler	Aug 25
Penny	Penny	Aug 10	James	Davidson	Aug 26
Michael	Love	Aug 10	Eddy	Eddy	Aug 26
James	Hoover	Aug 11	Margaret	Simon	Aug 26
			Eleonore		
Cindy	LaChapelle	Aug 11	(Ilse)	Witterland	Aug 26
James	Trail	Aug 11	Gladys	Geertz	Aug 27
Robin	Alleman	Aug 17	Ray	Wilson	Aug 30
Stephen	Bloom	Aug 17			

Back To School

A E G K A S C T I E S C O M P U T E R C
S H S E I H A A B T A N A S T A N B H T
A A E R C S E P M S H M R S E D S A I Z
D G A M A R K E R T O I R H T P L H G P
S S I E P B P A I N T N L I H O T Z H K
I H R T C S K P U H C N U L M A T H L N
N A I G A E Q U I Z L P R M G G P C I G
S G P E N C I L S I H B W R I T I N G T
A O I I A M I L T Z O Q S A O I U E H P
B R B T S R E L U R M A S E R L I E T E
S O I O M C H A L K E K R E A T I A E C
U J C B R T B A K R W E S T B I E C R S
U A N A T G L U E T O N L S O S S L L B
P N S T U D E N T E R H K S O S U B S A
S I P A P E R W U A K C A P K C A B G A
I T M R M A A H C C D E R A S E R L A I
N O A D E S K S E H P O S T A P L E S H
S R O S S I C S E E C N E I C S M I M C
N T L T G L I O L R E N E D H A A E O S
Z D J L W W T N O C P A K I R E E C W O

Pencils	Scissors	Rulers	Eraser
Chalk	Books	Teacher	Bus
Marker	Glue	Tape	Backpack
Janitor	Paper	Desk	Computer
Highlighter	Homework	Lunch	Math
Science	Writing	Quiz	Staples
Student	Paint		

4th Of July Float



Tiny Art Show



'TINY ART SHOW' at Nikiski Senior Center!

You don't even need to be an Artist to
participate in this fun filled event. Just Show Up.

PAINTING DAYS: Tuesday August 5, 12, 19

TIMES: 1:PM - 2:PM

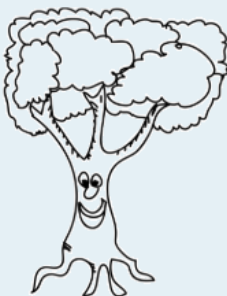
JUDGING: August 25 - 29

TIME: All Day

Event will take place in the Card Room. All supplies are provided.
Anyone can participate! You have 1 hour to paint your 3x3 canvas.
First canvas is 'FREE', extra canvases are \$1 each.

Event Coordinator: Toni Loop
Contact the Senior Center for more information at: 907-776-7564

Can You find me?



Hidden in this newsletter is Alfred the tree. If you find him (not this one here), let the front desk know where you saw him, and enter the free lunch drawing.

What's Happening



**NIKISKI SENIOR CENTER
KENAI PENINSULA
STATE FAIR
FIELD TRIP**

**FRIDAY, AUGUST 8
@ 10 AM-5 PM**

**TRIP COST IS: \$ 5
BRING EXTRA \$ FOR
FOOD**

Limited Seating
call 776-7654 to
reserved your spot today



BRUNCH BUNCH

**STARTS AUGUST
SIGN-UP BY THE END OF JULY**

**IT's NOT TO LATE TO
JOIN US!**

Each month you get together with 6
people and go out for a meal for a
total of 3 meals in 3 months.

No Host



August Arts & Crafts



**August 6th
Ink Blending Cards**



**August 13th
Glitter Ornaments**



**August 20th
Button & Bead
Collage**



**August 27th
Mystery Craft Kit**



**Cricut or Resin
Practice Sessions
Every Monday from
1:00 pm to 3:00 pm**



Summer Quilt Raffle

The Nikiski Senior Center Sewing Group is raffling off this beautiful quilt. Each single ticket is \$5 or 5 tickets for \$20. You can purchase a ticket at the front desk, and Kenai Peninsula State Fair (August 8-10th). Raffle will be drawn at Quilt Bingo October 4th. All proceeds go to the construction of senior housing.



NIKISKI SENIOR CENTER WILDLIFE CONSERVATION CENTER FIELD TRIP

FRIDAY, SEPTEMBER 5TH

FROM 10AM- 6PM

TRIP TOTAL COST IS \$ 31.50 (6.50 SAVINGS)

BRING OR PURCHASE YOUR LUNCH

YOU CAN WALK OR RIDE THROUGH THE PARK



LIMITED SEATING SO
CALL 776-7654
AND RESERVE YOUR SPOT TODAY!



Fairy Flower Tea Cup Class Taught By Alaska Bohemian Art



August 23 @ 6 pm

Cost is \$20

Call the Nikiski Senior Center
and reserve your spot today.

NSC Garden OPPORTUNITY

We would like to get our garden area prepared for next year, and we need help.

This year's steps

- Prepare Soil
- Build Fence



Event Calendar

NIKISKI SENIOR CENTER

Event Calendar

August 2025



SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Silver & Fit 10– 11 am Resin & Cricut Class 12:30– 3 pm	5 Sewing Group 12:30– 3:00 pm	6 Yoga 9:30– 10:30 am Arts & Crafts Class Ink Blending Card Class 1-3 pm	7 Silver & Fit 10-11 am Pinocle 12:30– 4:00 pm Bible Study 1 pm	8 Kenai Peninsula State Fair Field Trip 10am-5pm	9
10	11 Silver & Fit 10– 11 am Resin & Cricut Class 12:30– 3 pm	12 Sewing Group 12:30– 3:00 pm	13 Yoga 9:30– 10:30 am Arts & Crafts Class Glitter Ornaments 1-3 pm	14 Silver & Fit 10-11 am Pinocle 12:30– 4:00 pm Bible Study 1 pm	15	16
17	18 Silver & Fit 10– 11 am Resin & Cricut Class 12:30– 3 pm Webinar: Long Term Care Medicaid 12-1:30 pm Nail Care Clinic	19 Sewing Group 12:30– 3:00 pm	20 Yoga 9:30– 10:30 am Arts & Crafts Class Bead Collage 1-3 pm Board Meeting 1 pm	21 Silver & Fit 10-11 am Pinocle 12:30– 4:00 pm Bible Study 1 pm Happy Senior Citizens Day!	22	23 Fairy Tea Cup Class 6-8 pm
24	25 Silver & Fit 10– 11 am Resin & Cricut Class 12:30– 3 pm Cribbage 1 pm	26 2:30– 3:00 Alzheimer's Education With Cindy Harris 1 pm	27 Yoga 9:30– 10:30 am Arts & Crafts Class Mystery Craft Box 1-3 pm	28 Silver & Fit 10-11 am Pinocle 12:30– 4:00 pm Bible Study 1 pm	29	30
31						

Lunch Menu

NIKISKI SENIOR CENTER

Lunch Menu

August 2025



*Entrée or Just Salad only is \$7 .
Entrees, Salad Bar and Soup is \$10.
ALL AGES are welcome to eat.
Menu is subject to change .*

Mon	Tue	Wed	Thu	Fri
				1 Pastrami Sandwich French Fries Dessert
4 Spaghetti w/meat sauce Garlic Roll Veggies Dessert	5 Fish Tacos Cole Slaw Dessert	6 Orange Chicken Rice Sesame Seed Broccoli Dessert	7 Pot Roast Veggies Whole Wheat Bread Dessert	8 BLT French Fries Dessert
11 Coconut Thai Curry Rice Dessert	12 Beef Fajitas Brown Rice Beans Dessert	13 Fried Chicken Mash Potatoes w/Gravy Mixed Veggies Dessert	14 Pork Ribs Mac N Cheese Corn on Cob Dessert	15 Handmade Corn Dogs Onion Rings Dessert
18 Lasagna Quinoa Veggies Dessert	19 Carnitas Rice Beans Dessert	20 BBQ Chicken Corn Bread Sweet Potato Corn On Cob Dessert	21 Shrimp Alfredo Fresh Garlic Bread Veggies Dessert	22 Hand Made Smash Burger French Fries Dessert
25 Baked Cod Quinoa Veggies Dessert	26 Carne Asada Cilantro / Lime Rice Beans Dessert	27 Fried Chicken Mash Potatoes w/Gravy Couscous Dessert	28 Korean Beef Rice Bowl Cabbage/Carrots Dessert	29 Meatball Subs Jo Jos Dessert

ALL AGES ARE WELCOME TO EAT.
Lunches to go needs to be called in by
10 and picked up 12:00 pm

Monday –Thursday
Salad Bar opens at 11:30 pm
Entrée opens at 12:00 pm
No Salad Bar on Friday. Entrée is 11:30 am

Activity Highlights

- Cricut and Resin Class: **Mondays @ 1:00-3:00 pm**
- Silver & Fit: **Mondays AND Thursdays @ 10:00-1:00 am**
- Sewing Class: **Tuesdays @ 12:30-3:00 pm**
- Yoga (via zoom): **Wednesdays @ 9:30-10:30 am**
- Blood Pressure checks: **Wednesdays** by Nikiski Fire Dept., when available
- Arts & Craft: **Wednesdays @ 1:00-3:00 pm**
- Pinochle: **Thursdays @ 12:30-4:00 pm (Looking for experienced players!)**
- Bible Study: **Thursdays @ 1:00-2:00 pm**

August

- **8th Kenai Peninsula Fair Field Trip**
- **18th Nail Clinic**
- **23rd Fairy Tea Cup Craft**
- **26th Alzheimer's Education with Cindy Harris**
- **27th Board Meeting**

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



To:

PLEASE
PLACE
STAMP
HERE