



Quality of Life for Seniors

May 2025
Volume 5, Issue 5

DIRECTOR'S MESSAGE

Dear Members and Friends,

Thank you all for your continued patience, understanding, and support. It's been a busy time as the NSC staff and I do our best to keep things running smoothly following the unexpected passing of our dear friend and coworker, Sue Tauriainen.

We hosted Sue's Memorial Service on Saturday, April 12th. Every seat was filled, with people standing from the back of the dining hall to the front reception area. Her son, Jason Tauriainen, gave a heartfelt eulogy that brought both tears and laughter. A scholarship fund in Sue's honor has been started by member and past NSC Board President, Pat Clark. More details will be shared as they come to fruition.

We recently launched our new fundraising platform, **OneCause**, with a fundraiser in Sue's honor benefiting the NMHS Volleyball and Basketball programs. A big thank you to our new hire, **Barb Dudley**, for leading the rollout of OneCause. I'm excited to see how this tool helps support our center's growth.

Looking ahead, May brings two exciting events:

•**Mother's Day Brunch** – Featuring a full buffet, omelet bar, mimosa bar, chocolate fountain, professional photography, door prizes, and raffle drawings!

•**Nikiski Community Clean-Up** – Running May 1st–30th, ending with a community BBQ. We've applied for Matson Foundation sponsorship and have local support from the North Kenai Community Club.

Last month, we also concluded our Mentorship Program with Nikiski Middle High School's Snack Shack. After three wonderful years and many improvements, we've promised to help train future facilitators if they continue the program. The bonds built between our seniors and students have truly warmed my heart.

As our snowbirds return, it's shaping up to be a lively summer at NSC! We're also kicking off new beautification projects, including the installation of our updated NSC sign and Senior Housing project display, with help from local youth groups.

Thank you for being part of the NSC community. I look forward to all we'll accomplish together this summer season!

Gasha



Center Hours:

Monday through
Thursday

8 am to 4 pm

Friday 8 am to 2 pm

907.776.7654

visit our
website!

www.NikiskiSeniorCenter.org





NSC Board Meetings

5/28/2025

@ 1pm

Service Area Board Meetings

7/23/2025

@ 4pm



*Read 20 minutes a day
and you'll read
1,800,000 words
per year.*

*An average American
college graduate reads
only 5 books in his life
after graduation.*

FUNDRAISER

Mother's Day Brunch

May 11, 2025

Menu

Prime Rib
Ham
Sausage
Bacon

Eggs Benedict
Omelet Bar
Mini Quiche

French Toast
Biscuits & Gravy
Assorted Fruit

Assorted Pastry Bar
Mimosa Bar
Chocolate Fountain

Brunch Tickets

Sessions: 10:00 to 12:00
1:00 to 3:00

Children's Tickets (10 & under) \$25
Single Tickets (Over 10 Years) \$75
Balcony Tickets (2 people) \$135
Small Table (5-6 people) \$320
Large Table (7-8 people) \$420

WIN:

Raffles Tickets

Catered Dinner for Six \$25
Appetizer Trays \$20
10 Freezer Meals for Family of Five \$20

3 WAYS to GET YOUR TICKETS



50025 Lake Marie Avenue
Nikiski, AK 99611, 907-776-7654

Professional
Photographer
to take
family photos!



Scan this QR Code,
type the URL code into
your device, or go to
Nikiski Senior Center
Facebook Page to
purchase your tickets.

URL Code:
<https://onecau.se/nsc>

ConocoPhillips



Can You find me?



Hidden in this newsletter is Alfred the tree. If you find him (not this one here), let front desk know, where you saw him, and be put in a free lunch drawing.

KENAI PENINSULA FAMILY CAREGIVING SUPPORT GROUP

MAY SCHEDULE 2025

MAY
01

SOLDOTNA SENIOR CENTER
SUPPORT GROUP 1-2 PM

MAY
02

TYOTKAS ELDER CENTER
SUPPORT GROUP 10:30-11:30 AM

MAY
07

KENAI SENIOR CENTER
SUPPORT GROUP 2-3:30 PM

MAY
14

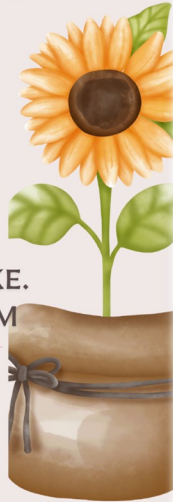
"COMPASSION FATIGUE "CARE
GIVER TRAINING BY VALERIE FLAKE.
SOLDOTNA LIBRARY 1:15-2:15 PM

MAY
15

STERLING SENIOR CENTER
SUPPORT GROUP 1-2 PM

MAY
21

PUBLIC EDUCATION WITH CINDY
HARRIS FOR ALZHEIMER'S
ASSOCIATION 1-2 PM SOLDOTNA
LIBRARY



Happy Mother's Day

HAPPY
MEMORIAL
DAY



Sign up at **Nikiski Senior Center** starting May 1st!

Garbage bags, gloves & pick up sticks
will be distributed while supplies last.

Clean - Up BBQ Will Be May 30 @ 11:30 am

Nikiski Senior Center
50025 Lake Marie Ave
Kenai, AK 99635
907-776-7654



Food Pantry Hours

Monday - Friday
9 am - 12 pm
1 pm - 2 pm
(Closed For Lunch)

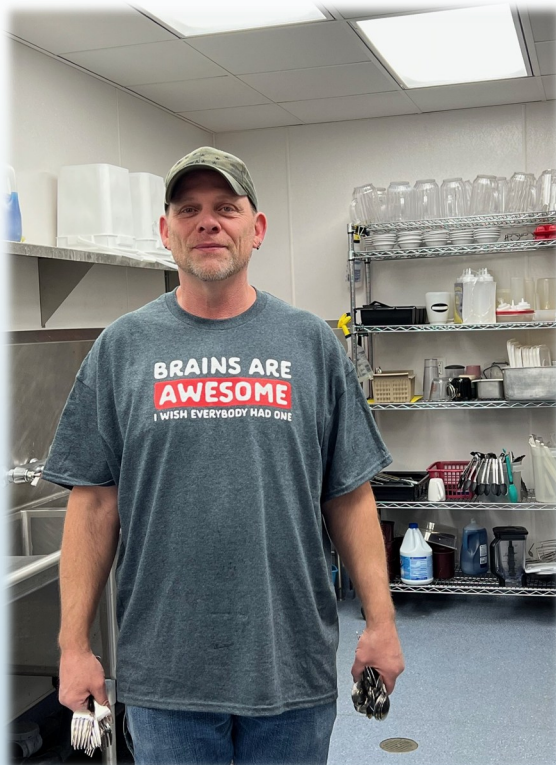


Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB, individual donors, and state grants.

Staff And Volunteers Hard at Work



Parking Lot Clean up



We Are
HIRING

Positions :

- Front Desk Receptionist
- Financial Officer

More information can be found on the
AlaskaJobs, Indeed, & NSC websites.

Send your resume to:

sasha@nikiskiseniorcenter.org

Norman Lowell Art Gallery Field Trip

May 23 rd. Van leaves at 9 am. \$5 fee to help with fuel . Please sign up at front desk. Need minimum of 5 people to sign up to go.



On the bluffs overlooking the Anchor River south of the rural community of Anchor Point, the 10,000-square-foot Norman Lowell Gallery of Alaska stands on the original homestead property of the Norman Lowell family.

The Norman Lowell Art Gallery Foundation was formed in 2016 to preserve this unique gallery, and to present to visitors from around the world the homestead properties of Norman Lowell and the extensive collections and history held on this remote Alaskan hill



Movie *Night*

May 23
5:00 PM

**NIKISKI SENIOR
center**



Nikiski Senior Center Presents



Senior Round Up Dance

May 30th
6:30-8:30pm

\$5 Cover Fee
Snacks and Drinks Provided
Lessons Will Be Included

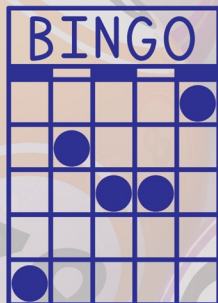
HOMER'S QUILT SHOW FIELD TRIP.

May 9 the NSC van will be leaving at 1:30 pm am. Cost is \$5 to help with fuel. Sign-up sheet is at the front desk if you want to go.



BINGO

POTLUCK STYLE
BRING A DISH AND A FRIEND
SATURDAY MAY 17 TH
3:00 PM - 6:00 PM
DOOR OPEN AT 2:00
\$ 23.00 PER PACKET



NOTICE

THE NIKISKI SENIOR CENTER
BOARD MEETING
WEDNESDAY, MAY
28 , 2025
AT 1:00 PM

MEMBERS ARE WELCOME TO ATTEND.

Extra Large Dog Kennel for
sale. \$50. Call Marie Fitts
@ 1-907-227-1508



May Arts & Crafts



May 7th
Cards



May 14th
Painted Bird
Houses



May 21
Resin Coasters



May 28th
Cricut Mugs

May Birthdays

Angelo Leighton 5/6
 Patrick Clark 5/11
 Jim Herrick 5/12
 Dani Kebschull 5/14
 R.F. Stuart 5/15
 Larna Ibarra-Torres 5/17
 Karie Hamborg 5/17
 Bill Gribbins 5/18
 Bev Hornstra 5/19
 MaryJean Ivy 5/19
 Sondra Starnes 5/19
 Kristi Nash 5/20

Pat Newman 5/20
 Joe Stanford 5/21
 Mike Newcomb 5/22
 Glenna Patterson 5/22
 Genita Thirlwell 5/24
 Elaine Bakk 5/25
 Milton Bristow 5/25
 Jeannette Phillips 5/25
 Sylvia Kincade 5/29
 Jennie Porter 5/29
 Rocky Knudsen 5/30
 Janet Rowe 5/30

Mothers Day.

H W X S F O T T E I X R A V D L B G I F T S N C P
 U T M F J X E T J D I C P P C A E N V G X X P M F
 G O E R Q W O A R K T J M F Q M E F I P G Y V K L
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 B Q J H K I M D D T P C I Q I D N O Q F W Q G O E
 K J S H K M B L N T M P A P L I N I S T I R X W R

LOVE
 ROSES
 GIFTS
 MOTHERS
 PATIENCE
 DEVOTION
 CARING
 KIND
 GIFT
 PROTECT
 CANDIES
 HUGS
 TRUST
 WISE
 LAUGHTER
 SWEET
 SPECIAL
 FRIEND

NIKISKI SENIOR CENTER**Lunch Menu****May 2025**

Cooking With
Jonathan & Jason

ENTREE OR SALAD \$7**ENTRÉE & SALAD \$10**

Mon	Tue	Wed	Thu	Fri
			1 Chicken Alfredo Fresh Bread Veggies Dessert	2 Quesadilla French Fries Dessert
5 Sausage Biscuits Gravy Eggs	6 Carne Asada Tacos Spanish Rice Beans	7 Orange Chicken Rice Veggies Dessert	8 Ribs Mac N Cheese Beans Veggies	9 Cheeseburger Onion Rings Dessert
12 Fajitas Brown Rice Veggies Dessert	13 Pulled Pork Hoagie Bun Cole Slaw Dessert	14 Fried Chicken Mashed Potatoes Roasted Veggies Dessert	15 Lasagna Quinoa Veggies Dessert	16 BLT Sandwich French Fries Dessert
19 Spaghetti Fresh Bread Veggies Dessert	20 Butter Chicken Jasmine Rice Naan Dessert	21 BBQ Chicken Sweet Potatoes Corn Bread Veggies	22 Meat Loaf Mashed Potatoes Green Beans Dessert	23 Meatball Subs Jojos Dessert
26 CLOSED FOR MEMORIAL DAY	27 Pork Carnitas Chips Salsa, Beans	28 Fried Chicken Mashed Potatoes Roasted Veggies Dessert	29 Pizza Bacon Mac N Cheese Veggies Dessert	30 Community Clean Up BBQ Cheeseburgers Fries

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!

Salad Bar opens at 11:30 am & Entrée is served at 12 pm

Please call 776-7654 by 10 am to order a lunch for pick-up

No Salad Bar on Friday

Pick-up time 11:30 am

Menu Subject To Change

Activity Highlights

- Cribbage: **Mondays @ 12:30 pm**
- Silver & Fit: **Mondays AND Thursdays @ 10:00-11:00 am**
- Sewing Class: **Tuesdays @ 12:30-3:00 pm**
- Yoga (via zoom): **Wednesdays @ 9:30-10:30 am**
- Blood Pressure checks: **Wednesdays** by Nikiski Fire Dept., when available
- Arts & Craft: **Wednesdays @ 12:30-3:00 pm**
- Pinochle: **Thursdays @ 12:30-4:00 pm (Looking for experienced players!)**
- Bible Study: **Thursdays @ 1:00-2:00 pm**

May

- **11th Mother's Day Brunch Fundraiser**
- **17th Potluck Bingo Doors Open @ 2 pm**
- **23rd Six Triple Eight Movie Night @ 5 pm**
- **28th Board Meeting**
- **30th Line Dancing @ 6:30 pm**

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



To:

PLEASE
PLACE
STAMP
HERE