



DIRECTOR'S MESSAGE

The holiday season is in full swing. As we move through the holiday months, NSC staff is attempting to slow down, enjoy the festivities with membership and community, reflect on the true meaning of the holidays, and have purpose with our efforts.

Ninety-nine community members and over 20 volunteers attended our Thanksgiving Luncheon. Volunteers helped decorate, set up, assist in the kitchen, and serve. Once again, Thank You, volunteers! Things can be challenging without you, and we wholeheartedly appreciate your time!

The NSC Board of Directors is preparing for the 2024 elections. The heart of a volunteer is never measured in size but by the depth of the commitment to make a difference in the lives of others. Join our team to be a part of positive change in the lives of our seniors and community. If you are interested in more information or to run for office, don't hesitate to contact Board President Wayne Ogle or speak to a staff member.

Are you looking for a non-profit to support this holiday season? Nikiski Senior Center is a 501 (c)(3) registered with several Foundation to accept donations from employees of organizations. We have also upgraded our donation platform, making it easy and providing options. Please call the center for instructions on how you can donate. We are determined to raise enough funds to expand our senior housing.



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654



www.NikiskiSeniorCenter.org





NSC Board Meetings

@ 1:00 pm

November 29th, 2023

December 20th, 2023

January 24, 2024

February 28th, 2024

Service Area Board Meetings

@4:00PM

January 29th, 2024

April 24th, 2024

July 24th, 2024

October 23rd, 2024

**YOUR VOICE
MATTERS**



Nikiski Senior Center &

Nikiski Service Area

Board of Directors 2024 Elections Ahead!

We are always recruiting for caring individuals that truly want to play a vested roll in their senior community. Once a month or quarterly meetings required. Join us today and make a difference.

Nikiski Senior Center Board of Directors



Wayne Ogle
President
OPEN SEAT



Myrna Dyer
Vice President



Jeff Laube
Treasurer
OPEN SEAT



Sue Kanour
Secretary



Mike Newcomb
Board Member



Genita Thirlwell
Board Member
OPEN SEAT



Denise Tank
Board Member



Jean Taylor
Board Member



Joe Ross
Board Member
OPEN SEAT

Devoted Humble Involved
Vibrant Selfless Generous
Charitable Wonderful
Passionate Loving Friendly FUN Thanks
Caring
Volunteers
UNSELFISH HELPFUL PROSPEROUS
Amazing GREAT
THOUGHTFUL
Respectable

MEMBERS

Advertise items for sale in our monthly newsletter. Email pictures and information to frontdesk@nikiskiseniocenter.org

For Sale



\$150

/each

Wooden Spools For Sale. Great condition!



PLASTIC CANVAS MAKER



- 100's of Designs
- Custom Jobs
- Shipping Available

Frank Jones
(907) 741-0047

frankp.or.jones@gmail.com



MEMBERSHIP

-ANNUAL MEMBERS-

It's time to renew your membership for 2024!

Annual Membership - \$25

Lifetime Membership - \$120

Lifetime Couple Membership - \$200

Membership Benefits Include:

- Voting Rights at NSC meetings.
- Entitles to run for office on the NSC Board of Directors.
- FREE - faxing, copies, Wi-Fi use, notary service, monthly newsletter, birthday lunch, advertising in newsletter for personal items, small room rental (once per lifetime member).
- Discounts @ participating local businesses.

Membership can now be completed through our website.

You can also call or stop in and see us.

907.776.7654

NIKISKI
SENIOR CENTER

WILL BE CLOSED FOR
THE CHRISTMAS HOLIDAY

DECEMBER 22ND & 25TH

HAPPY HOLIDAYS!



Join us for

CHRISTMAS
*Wreaths &
Cookies*

Tuesday, December 19

At 5 pm

Bring a batch or two of your favorite cookies to share. Wreath making supplies provided. Feel free to bring your own ornaments & ribbon for decorating. Call w/ any questions. Please RSVP.

907.776.7654





THERE'S
always
SOMETHING TO BE
THANKFUL
for



2024

HAPPY NEW YEAR!

New Years Eve Bingo Party!

WHAT: NEW YEARS EVE BINGO
WHERE: NIKISKI SENIOR CENTER
WHEN: SATURDAY, DECEMBER 30, 2023
3-6 PM (DOORS OPEN AT 2 PM)
COST: \$30 PP - INCLUDES 1 EA BINGO PACKET, APPETIZERS & BEVERAGES (NON-ALCOHOLIC)

RSVP APPRECIATED

WEEKLY ACTIVITIES

Silver & Fit
Monday 10-11 am
Thursday 10-11



Mexican Train
Monday 1 pm



Sewing Class
Tuesday 12:30-3 pm



Yoga with Katrina (via zoom)
Wednesday 9:30-10:30 am



Coloring & Crafts
Wednesday 12:30-3 pm



Bible Study
Thursday 1-2 pm



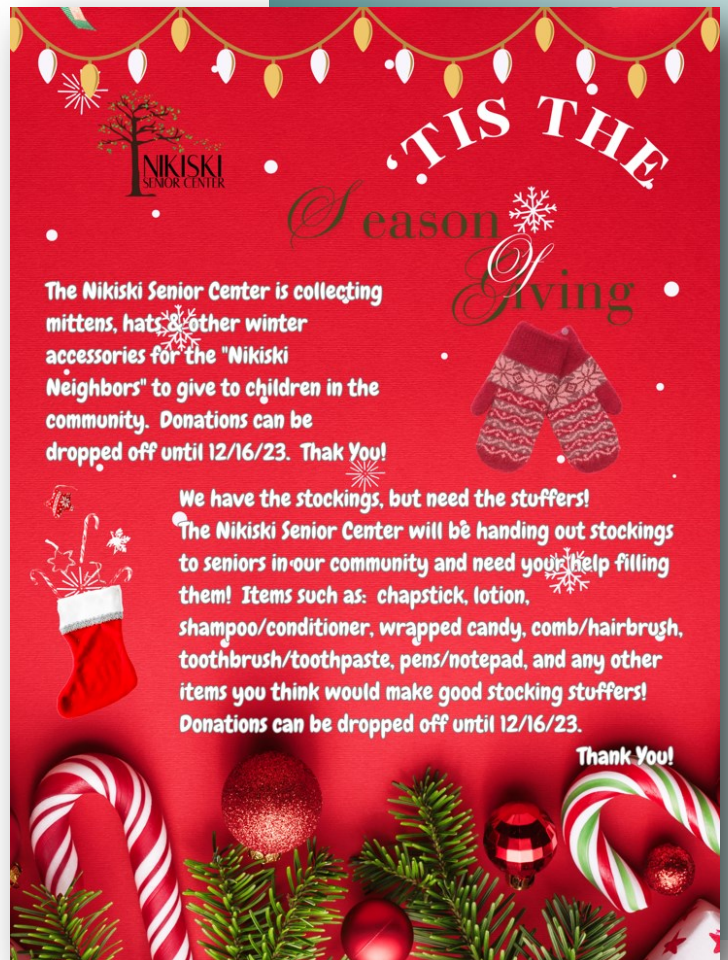
Pinochle
Thursday 12:30-4 pm



VOLUNTEER OF THE Month

NOVEMBER 2023

ROSE PILATTI



The Nikiski Senior Center is collecting mittens, hats & other winter accessories for the "Nikiski Neighbors" to give to children in the community. Donations can be dropped off until 12/16/23. Thank You!

We have the stockings, but need the stuffers!
The Nikiski Senior Center will be handing out stockings to seniors in our community and need your help filling them! Items such as: chapstick, lotion, shampoo/conditioner, wrapped candy, comb/hairbrush, toothbrush/toothpaste, pens/notepad, and any other items you think would make good stocking stuffers!
Donations can be dropped off until 12/16/23.

Thank You!



Thank you to Rod & Laura Peterkin for helping sponsor our Veteran's Day Luncheon! Those who attended enjoyed delicious ribs and all the fixings. Our Flag Dedication was cancelled due to the weather but we were still able to celebrate.



**Food
Pantry Hours:**
Mon-Thurs
9 am to 2 pm
Fri
10am to 1pm

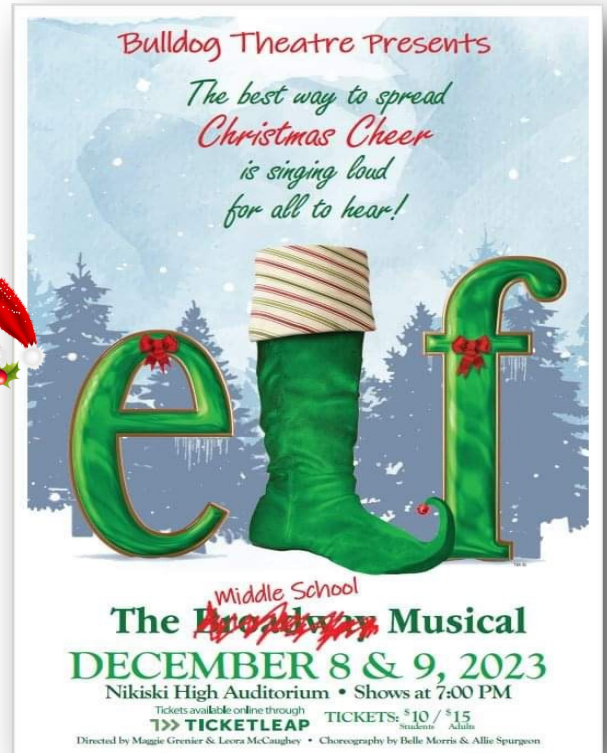


Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB, individual donors, and state grants.

This past month, Zanetta entered one of her amazing cakes into the Soldotna Chamber Pie Auction Fundraiser, and won first prize as well as highest bid cake at \$2900! Great job Z!



deliver a difference



Ingredients

- 1 TB Olive Oil
- 1 large Onion, chopped
- 2 medium Carrots, chopped
- 4 stalks Celery, chopped
- 1 tsp minced Garlic
- 1 lb cooked Ham, cubed or 1 lb of Bacon
- 2 (14oz) cans Baked Beans, undrained
- 1 (14oz) can chopped Tomatoes
- 1 (14oz) can Vegetable Stock
- 2 TB Worcestershire sauce
- Water to desired consistency

Method

1. Heat oil in a large soup pot.
2. Fry onion, carrot, celery, garlic, and meat for about 5 minutes, until tender.
3. Add the rest of the ingredients except extra water, and simmer for 20 minutes.
4. Add additional water to desired consistency. I liked mine more like a stew. You may like your soupier. It does thicken up!
4. Goes great with grilled cheese sandwiches or cornbread muffins.

Nikiski Senior Center
Kenai Peninsula
Family Caregiver Support Program



Good news from the Kenai Peninsula! The Kenai Peninsula Family Caregiver Support Program (KPFCSPP) is now being administered by the Nikiski Senior Center!

I'm Dani Kechsull, Program Coordinator of the KPFCSPP. I've lived on the Peninsula almost all of my life and have spent my career working with, and providing services for, family caregivers - including ten years with the KPFCSPP. I'm very excited to help rebuild this program and aid in its growth for the entire Peninsula.

You might wonder who or what a family caregiver is. A caregiver can be anyone from a helpful neighbor who provides daily check-ins or helps with small tasks, to a live-in family member who helps with activities of daily living, such as dressing, bathing, grooming, or eating.

If you would like more information, please feel free to call the Nikiski Senior Center at 907-776-7654 and ask for Dani. I look forward to what we can all do together!

KPFCSPP promotes the health and well-being of caregivers by providing the following services:

Information & assistance accessing services

Respite

Caregiver Support Groups

Caregiver Training

Supplemental Services: PCS Chore etc.

Right: Beverly Nierstheimer enjoyed making turkey napkin holders with our new Activities Coordinator, Toni Loop at Wednesday Crafts.

Left: Our sweet Molly Girl is gearing up for Christmas with her holiday hat collection.





Membership Application

DATE: _____

CONTACT INFORMATION

NAME: _____

DOB: _____

NAME: _____

DOB: _____

MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHYSICAL ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT: _____ PHONE: _____

NEWSLETTER: (please circle) E-MAIL SNAIL MAIL VIEW ON WEBSITE

How did you hear about NSC: Friend/Family: ____ Word of Mouth: ____ Internet: ____ Other: ____

Office Use Only:

Application Received by: _____

Total Amount: \$ _____ Check # _____ Cash _____

Name Added to Newsletter List: Mail _____ E-Mail _____

Name Added to Membership Spreadsheet & Form Filed in Members Binder: _____

Additional Notes:



Providing services that enhance the personal well-being and enjoyment of the life of all persons



MEMBERSHIP

ANNUAL MEMBERSHIP \$25.00: ___ Membership runs January 1st - December 31st of each year.

LIFETIME MEMBERSHIP \$125.00: ___ **LIFETIME COUPLE MEMBERSHIP \$200.00:** ___

Would you like to Sponsor another senior? YES ___ **NO** ___

ANNUAL BUSINESS MEMBERSHIP \$150.00 ___

Help purchase a membership for a senior in need. Amount Donated: \$ _____

Benefits	Annual Membership	Lifetime Membership	Business Membership
Attend Annual Meeting & Vote	X	X	No Voting
Receive Monthly Newsletter	X	X	X
FREE Notary Services	X	X	X
FREE Faxing, Photocopies	X	X	
FREE Wi-Fi	X	X	
FREE Entry to Most NSC Activities (Excluding Annual Fundraiser)	X	X	
1 FREE Small Rental Space (Excluding Main Dining Area)	X	X	X
FREE Birthday Lunch	X	X	
FREE Advertisement in Monthly Newsletter	X	X	X
20% Discount on Rental or Catering			X
Discount at participating local businesses: <ul style="list-style-type: none"> • Olde Goat Café 10% off drink • Nikiski Hardware & Supply 5% off purchase (can be combined w/ VA discount) • M&M Market 10% off purchase (excludes tobacco) • KIVI Creations 10% off purchase • Rubys Café 20% off purchase • Nikiski Fire Dept. FREE BP Check 	X	X	

Office Use Only:

Application Received by: _____

Total Amount: \$ _____ *Check #* _____ *Cash* _____

Name Added to Newsletter List: Mail _____ *E-Mail* _____

Name Added to Membership Spreadsheet & Form Filed in Members Binder: _____

Additional Notes:



December Birthdays

- | | | |
|------------------------|-------------------------|----------------------|
| Trish Roderick—12/1 | Hoa Le—12/10 | Dorey Harman—12/19 |
| Tommey Garber, Sr—12/2 | Steve Geertz—12/11 | Janice Jones—12/20 |
| Bruce Aitken—12/3 | Eula Miller—12/11 | Lora Stuart—12/21 |
| Barbara Dahl—12/3 | Art Jackman—12/12 | Pat Moye—12/23 |
| Greg Fisher—12/3 | Judy Johnson—12/12 | Paul Tippets—12/24 |
| Paul Felton—12/5 | King Titera—12/13 | James Arness—12/25 |
| Rozanne Timbes—12/5 | LaDonna Ross—12/14 | Robert Carew—12/25 |
| Tams Wilson—12/5 | Diana Damitz—12/16 | Rebecca Bakk—12/26 |
| Sharon Fisher—12/5 | Jeff Jones—12/16 | Mike Nappier—12/27 |
| Becky Baker—12/6 | Mary Jackson—12/17 | Marie McCarthy—12/31 |
| Roxana Martinez—12/7 | Ria Fandel—12/18 | Jimmie Secrest—12/31 |
| Amy Whinston—12/7 | Richard Heath, Sr—12/18 | |
| Penny Smith—12/7 | Norma Thornton—12/18 | |
| Aurora Graves—12/8 | Diana Wray—12/19 | |

S O H S B O R B Z I F T F D L R H B X R Q H I G S X G S N K
 L T H Z E F U Z Q R J A A A Y O H D D B J U H V A F F I K Y
 K E A Z L P G R C R W A T P Q Y R M T C R A W J G U G B U R
 E S R W X S M D P Z F B Q M G I L A K L E R N F X N I F A H
 O G Z R M E Y F T H M T X A G H G I J P N T R I S H O D F B
 G F X F J T Q B M T G A B G L Q M X V G T T E F C F M R I A
 V U Q D I Y O C V C F M J N F G T N E J R R I N S E J O F S
 C M I Q B B M V Y B K E K I W H L O W A E S H O E K N M X M
 J P U I D E L F R R T C L K T G T R B S D D M J H V S M Z J
 N W O V V H C N G S N L J U K L N M Z I M L V U Z F W T O K
 P S V E H T H K P P Y L R H Q A I A A D N Q J J I S U X L R
 V B S E Q O F L Y R D E U E U Y R B Y O F E T Z E G A X K O
 J Y N N E P A R O R U A R A B R A B R K E E P L E F E F P X
 H Z F N D P Q F G U J Y F Y P E N A A E J I Z Y I V F T B A
 E G L A P T P S K O O D M V G N C P M Z R R Y E R Y B R Y N
 Y Z O Z E N A N F R J A D J E N A C C F M E Y T X D M E Z A
 H O R O Q K E U T I E M Y D R W O L A A S A V O Z R L B W G
 X K G R T J I J M P P Z X C G Y M S U A N A I D V A I O Y K
 U J Y I X A W M Y F O G T P J S S X M E G L W W D H G R D P
 O W V Q X M I S E H Y E J W T V X A R A V Q X O G C B N H O
 K K D O R E Y W M K Q U T J C L F C Q A T V N L W I O G I R
 D V M I O S A M M Z Y O K U X B N E S Y J N O J V R J B P L
 D D F E R M X W O O Z L Z M P F R D T M A R I E A E M V S R
 D X Q L C H K M T T G M W B Y M B M O W R G M H I S N N C X
 M P I F E U A O U A P E N N G E C J T F K M S A Z T U H O M
 Z W Q A R U R E A V C Z F H H J O C N L U E K N T E A W C N
 K R Y G U T G B B I D P N Z B N H S P U A R T W E V K F T S
 I C A Q H E J W M H P O S N G B J R N H J Q M B O E K X K Q
 E R O W F S Z C G G N X K G R B D L K Y O K P T Z K Z Y B U
 F B P F Q R A G E C F W X I Z X C G B U T P A U H A K P X J

TRISH	PAT
TOMMEY	JAMES
BRUCE	ROBERT
BARBARA	REBECCA
GREG	MIKE
PAUL	MARIE
ROZANNE	JIMMIE
TAMS	
SHARON	
BECKY	
ROXANA	
AMY	
PENNY	
AURORA	
HOA	
STEVE	
EULA	
ART	
JUDY	
KING	
LADONNA	
DIANA	
JEFF	
MARY	
RIA	
RICHARD	
NORMA	
DOREY	
JANICE	
LORA	

NIKISKI SENIOR CENTER

Lunch Menu

October 2023



**In the Kitchen with
Zanetta and Nicole**



ENTREE \$7

TRÉE & SALAD Bar \$10

Dessert served daily

Mon	Tue	Wed	Thu	Fri
		<p>Please call 776-7654 by 10 am to order a lunch for pick-up Pick-up time 11:30 am</p>		<p>1 Meatball Sub Sandwiches, Fries, & Frozen Dessert</p>
<p>4 Baked Pasta w/ Sausage, & Sundried Tomatoes</p>	<p>5 Chicken Tacos, Spanish Rice, & Refried Beans</p>	<p>6 Pork Chops, & Baby Red Potatoes</p>	<p>7 Beef Broccoli, Steamed Rice, & Potstickers Soup: Chef's Special</p>	<p>8 Bratwurst Hotdogs w/ Grilled Onions, Chips, & Frozen Dessert</p>
<p>11 Cheeseburger Casserole, & Mixed Vegetables</p>	<p>12 Biscuits and Gravy, Sausage Patties, & Scrambled Eggs</p>	<p>13 Fried Chicken, Mashed Potatoes, & Gravy</p>	<p>14 Baked Ravioli w/ Meat Sauce, & Garlic Bread</p>	<p>15 Fish & Chips Frozen Dessert</p>
<p>18 Beef Burgundy, Mashed Potatoes, Carrots, & Mushrooms</p>	<p>19 Parmesan Crusted Pork Cutlets, Sweet Potatoes, & Mixed Vegetables</p>	<p>20 Butter Chicken, Jasmine Rice, & Pita Bread</p>	<p>FREE Community Christmas Meal Ham, Mashed Potatoes, Gravy, Broccoli & Cheese Fruit Salad</p>	<p>22 CLOSED</p>
<p>25 CLOSED</p>	<p>26 Mongolian Beef, Fried Rice, & Egg Rolls</p>	<p>27 Fried Chicken, Mashed Potatoes, & Gravy</p>	<p>28 Turkey Tetrazzini w/ Broccoli Soup: Chowder</p>	<p>29 Cold Cut Trio Sandwich Tatter Tots</p>

Salad Bar opens at 11:30 am &

Entrée is served at 12 pm

Lunch served at 11:30 on Fridays | No Salad Bar on Friday

Menu Subject to Change



Activity Highlights

- Silver & Fit: **Mondays** AND **Thursdays** @ 10:00-11:00 am
- Mexican Train **Mondays** @ 1:00 pm
- Sewing Class: **Tuesdays** @ 12:30-3:00 pm
- Yoga (via zoom): **Wednesdays** @ 9:30-10:30 am
- Crafts & Coloring Club: **Wednesdays** @ 12:30-3:00 pm
- Pinochle: **Thursdays** @ 12:30-4:00 pm
- Bible Study: **Thursdays** @ 1:00-2:00 pm

PCHS Resources: Wednesday 11.29.23

NMHS Sneak Peak of "ELF": Thursday 11.30.23

Music w/ Ray and Rose: Wednesday 12.06.23 & Monday 12.11.23

Snack Shack: Friday 12.08.23 & Saturday 12.09.23

Christmas Wreaths & Cookie Exchange: Tuesday 12.19.23

FREE Community Christmas Luncheon & Santa: Thursday 12.21.23

CLOSED for Christmas Holiday: Friday 12.22.23 & Monday 12.25.23

NSC BOD Meeting: Wednesday 12.27.23

New Year's BINGO Party: Saturday 12.30.23

CLOSED for New Years: Monday 01.01.24

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: