



**NIKISKI**  
SENIOR CENTER

**DIRECTOR'S MESSAGE**

The Thanksgiving Holiday is just around the corner, and NSC has many blessings to report. First, our Fall Fundraiser was a success. I can't say I wasn't worried! We had only sold 44 tickets 4 days before the event. We had over 30 people purchase tickets at the door on the evening of the event. It was a challenge for the kitchen, but we powered through and received rave reviews. The net income from our Fall Fundraiser is \$22,985! An increase of over \$4,000 from the previous year! Many Kenai Peninsula Businesses supported our event, knowing that funds go towards the Nikiski Senior Center: Thelma McConnell Scholarship program and funding for our senior services, such as expanding senior housing.

Another blessing we received was the Kenai Peninsula Family Caregiver Support Program Grant (KPFCSPP). The grant is a three year grant awarded through the State of Alaska. We will provide more information about the new service program as it is developed. In short, we can provide Respite/Chore/Personal Care Service hours to seniors 60 and older, among many other resources. NSC will hire additional employees to support this program, and we will serve the entire Kenai Peninsula.

We have many fun activities and presentations during the months of November and December. Watch our Facebook page or join us for lunch to hear announcements about current events.

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”

*Sasha*



Center Hours:  
Monday through  
Thursday  
8 am to 4 pm  
Friday 8 am to 2 pm  
907.776.7654



[www.NikiskiSeniorCenter.org](http://www.NikiskiSeniorCenter.org)



Nikiski Senior Center will be celebrating

**VETERANS DAY**

lunch-Free for veterans 11-9-23

We will be closed 11-10-23

★ **HONORING ALL WHO SERVED** ★

**FREE COMMUNITY MEAL**

To Celebrate Thanksgiving

Wednesday, November 22nd 11:30 AM

**WE WILL BE CLOSED**

Thursday-Friday, November 23-24th



Challenger Learning Center's  
**GEO-CHALLENGE**



EVERY YEAR THE CHALLENGER CENTER CHOSSES DIFFERENT SITES. THIS YEAR, NIKISKI SENIOR CENTER WAS GLAD TO JOIN THE FUN!



**BINGO**

**Saturday**  
**November 4th, 2023**  
at the  
**Nikiski Senior Center**  
**3-6 PM (doors open 2 pm)**  
*Potluck meal and snacks*

**\$23 to Play**

*You do not need to be a NSC member to play.*



**Elf-the Musical**

A SNEAK PEAK OF NMHS  
PERFORMANCE  
11:30 THURSDAY  
30TH OF NOVEMBER

AT NIKISKI SENIOR  
CENTER



Crafting  
MAKES  
EVERYTHING  
*Better*

CALL 776-7654  
TO SIGN UP

**NOVEMBER WEDNESDAY CRAFTS**

- 1) 11/1/23 TURKEY POP UP CARD
- 2) 11/8/23 TURKEY NAPKIN HOLDER
- 3) 11/15/23 PUMPKIN TURNTABLE & ACORN NAPKIN HOLDERS

**NO CRAFTS 11/22/23**

- 4) 11/29/23 SHAKER ORNAMENTS





# Diana White Has some items for sale

call 907-513-1986

- Stationary bike \$100
- Yoga mat \$15
- Ceramic Christmas tree \$25
- Wolf tree \$120
- Snow scoop \$200



## MEMBERS

Advertise items for sale in our monthly newsletter. Email pictures and information to [frontdesk@nikiskiseniocenter.org](mailto:frontdesk@nikiskiseniocenter.org)



## Senior Center Board Meetings

@ 1:00 pm

- November 22nd, 2023
- December 27th, 2023
- January 24th, 2024
- February 28th, 2024

**YOUR VOICE  
MATTERS**

## New option to go

SOUP AND SALAD \$7

SOUP \$3



## Firewood program at Nikiski Senior Center

The program is for senior members that are residents of Nikiski and meet low to moderate income guidelines.

- Mandatory Application available at NSC Front Desk
- One truck load upon approval
- Buddy system required



Stay warm



## TRANSPORTATION

### All Transportation

- Requires 24 hour notice
- Must be 55+



### Free Rides to/from NSC!

We are now offering Free roundtrip transportation to the Nikiski Senior Center for lunch and activities offered M-F during normal business hours!  
Boundaries are South Miller to Captain Cook

Transportation Punch Cards are available for \$50



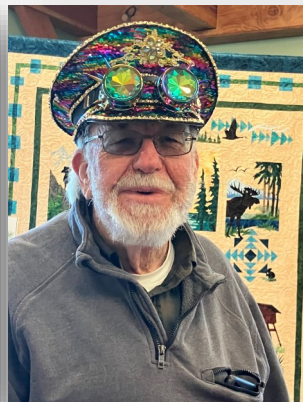
### Other One-Way Transportation Fees

- Nikiski - Nikiski... 1 punch (\$5)
- Nikiski - Kenai... 2 punches (\$10)
- Nikiski - K-Beach... 3 punches (\$15)
- Nikiski - Soldotna... 4 punches (\$20)
- Extra Stop(s)... 1 punch each (\$5)

Call 907.776.7654 for more information

**MUSICIANS  
NEEDED**

- WEDNESDAYS
- 11:00AM- 1PM
- LUNCH INCLUDED



A few October birthdays celebrated with us at NSC.  
Happy birthday Bonnie, Savannah, and Wayne!  
Thank you for sharing your special day with us.



**NSC  
FALL FUNDRIASER  
2023**

**Thank you to everyone who donated,  
volunteered, supported and attended our  
fundraiser! All of you helped make it a  
fun & successful event!  
See you at the next one in 2024!**











**Food  
Pantry Hours:**  
**Mon-Thurs**  
**9 am to 2 pm**  
**Fri**  
**10am to 1pm**



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB, individual donors, and state grants.

## Strawberry Crunch Poke Cake

### Ingredients:

#### Cake

- Nonstick cooking spray
- 1 (15.25 oz) box white cake mix, plus ingredients called for on box of 1 (3 oz) box strawberry jell-o

#### Frosting

- 1.5 cups heavy cream
- 1 (8 oz) block cream cheese, room temperature
- 2/3 cup confections sugar
- 1 tsp pure vanilla extract
- 1/8 tsp kosher salt

#### Topping

- 24 vanilla sandwich cookies, such as Golden Oreos
- 4 Tbsp (1/2 stick) unsalted butter, melted
- 1 (3 oz) box Strawberry Jell-o



### Directions:

#### CAKE

1. Preheat oven to 350. Grease a 13" x 9" baking pan with cooking spray. Prepare cake according to package directions.
2. Pour batter into prepared pan. Bake cake until a tester inserted into the center comes out clean, 20 to 25 minutes. Let cool.
3. Using a bamboo skewer or chopstick, poke holes all over cake, making sure not to go through the bottom and spacing 1/2" to 1" apart.
4. In a small saucepan, bring 1/2 cup water to a boil. Add Jell-o powder; whisk until dissolved. Remove from heat and whisk in 1/2 cup cold water. Pour gelatin mixture evenly over holes on cake. Cover and refrigerate at least 2 hours or up to overnight.

#### FROSTING

1. In a large bowl, using a handheld mixer, beat cream on medium-high speed until stiff peaks form.
2. In another large bowl, using a handheld mixer, beat cream cheese on medium-high speed until smooth and fluffy. Add confections sugar and beat until smooth, then add vanilla and salt. Fold in whipped cream until just combined.
3. Spread frosting over top of cake; reserve remaining frosting for topping (optional).

#### TOPPING

1. In a food processor, pulse cookies to pea-sized crumbs. Transfer to a medium bowl. Pour butter over crumbs, sprinkle with Jell-o powder, and stir to combine.
2. Sprinkle crumb mixture over frosting, then lightly press down on crumbs to adhere.

Enjoy!



**Thank you to Peterkin Distributors for years of supporting Nikiski Senior Center. Rod supported NSC Annual Fall Fundraiser & is sponsoring our Veteran's Day luncheon.**

**Thank you Rod & Staff**



# WE WANT YOU!

**Are you interested in making a positive change in the lives of seniors in our community?  
 Consider being a part of the  
 Nikiski Senior Center Board of Directors.  
 Meetings once a month  
 Board Training in February**

**Call the center for more information or join us at our next Board Meeting on November 29th @ 1pm**

*Nikiski Senior Center  
 Board of Director  
 2024 Election*

**YOUR VOLUNTEER SERVICE LEAVES A LEGACY THAT WILL CONTINUE TO MAKE A DIFFERENCE IN THE LIVES OF OUR MEMBERS AND THE COMMUNITY.**



## Meals on Wheels

We provide Meals on Wheels to Nikiski community residents, ages 18 and older receiving Medicaid Waiver Services & private pay. This is one of the ways we care for our community!

*Private Pay pricing is \$7 per meal*



## WE'RE HIRING

- Front Desk Receptionist
- Transportation Driver
- Activities Coordinator
- Program Coordinator
- Dishwasher

Part-time and Full-time positions available. If you have experience in any of these positions, please submit your resume or a generic application to [sasha@nikiskiseniorcenter.org](mailto:sasha@nikiskiseniorcenter.org) or by fax at 907.776.7632. Positions will stay opened until filled.



**PCHS will be at Nikiski Senior Center to inform about services and hand out free items on Wednesday, November 29th from 11-1.**

The PCHS logo is at the top, followed by the announcement text. At the bottom, there are three icons: a pair of glasses, a tree, and a smiling tooth character. The Nikiski Senior Center logo is also present at the bottom.

Below– Beverly with her adorable craft, the view of NSC from the ACS tower and Cindy Harris doing one of her Alzheimer's presentations.







# November Birthdays



Tim Griffith—11/1

Fred Braun—11/3

James Roza—11/3

Elizabeth Robbins—11/4

Bill Baird - 11/5

Susan Larsen—11/5

Andy Schiestl—11/5

Lyle Dahl—11/5

Jeff Laube—11/7

Debra Choat—1/7

Anita Kwan—11/8

Linda Hansen—11/9

Marilyn Shilue—11/9

Carol Unruh—11/9

Peggy Ann Eddy—11/10

BK Kivi—11/10

Debra Rafferty—11/10

Willie Porter—11/11

John Warkentin—11/11

Barbara Arness—11/12

Ralph Deatherage—11/12

D'Ann Waggoner—11/12

Sheila Holtzen—11/13

Laura Dean—11/13

Marilyn Harman—11/15

Richard McGahan—11/15

Dennis Booth—11/16

Darrell Moore—11/19

Judith Stiedl—11/19

Marilyn Williams—11/19

Cecilia Deatherage—11/19

Christina Griffith—11/21

Marion Nickelson—11/21

Lenora Niesen—11/22

Marie Bradford—11/25

Laurajean Kear—11/26

Gary Gabbett—11/27

Merle Welch—11/27

Georgina Gipson—11/29

Phil Smith—11/29

Jeff Hermans—11/30

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BARBARA	JOHN
BILL	MERLE
DENNIS	LYLE
MARIE	LAURA
FRED	CECILIA
RALPH	CHRISTINA
PEGGY	MARION
ANN	CAROL
GARY	
GEORGINA	
TIM	
LINDA	
MARILYN	
JEFF	
SHEILA	
LAURAJEAN	
BK	
ANTA	
SUSAN	
RICHARD	
DARRELL	
LENORA	
DANN	
WILLE	
DEBRA	
ELIZABETH	
JAMES	
ANDY	
PHIL	
JUDITH	



**NIKISKI SENIOR CENTER**

**Lunch Menu**

**November 2023**

*In the Kitchen  
With Zanetta and Nicole*

**ENTRÉE OR SALAD \$7**

**ENTRÉE & SALAD \$10**

Mon	Tue	Wed	Thu	Fri
		1 Fried Chicken Mashed potatoes Veggies Dessert	2 Meatloaf Au Gratin potatoes Veggies Clam chowder	3 Cheese burgers Fries Frozen Dessert
6 Beef & Bean burrito Spanish rice Black beans Dessert	7 Beef Stew Braided bread Dessert	8 Creamy mushroom chicken Roasted potatoes Veggies	9 <b>Veterans free</b> Ribs Baked beans Corn on the cob Potato salad	10 <b>Closed in observance of Veteran's Day</b>
13 Goulash (macaroni w/ beef sauce) Mixed Veggies Dessert	14 Waffles w/ strawberries fried potatoes Eggs	15 Fried Chicken Mashed potatoes Veggies Dessert	16 Pork tenderloin Rice Pilaf Veggies Clam Chowder	17 French Dip Tater tots Frozen dessert
20 Beef fajitas Flour & corn tortillas Refried Beans	21 Garlic chicken Steamed rice Egg rolls Dessert	22 <b>Free community meal</b> Thanksgiving Turkey Mashed potatoes Green bean casserole	23 <b>Closed for Thanksgiving holiday</b>	24 <b>Closed for Thanksgiving holiday</b>
27 Seafood alfredo Bread sticks Veggies	28 Lasagna Garlic bread Veggies	29 BBQ Chicken Baked beans Potato Wedges	30 Crispy pork tacos Spanish rice Refried beans Clam chowder	

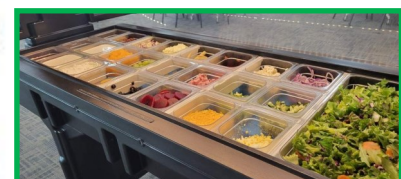
**ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER! Dessert served daily**

**Please call 776-7654 by 10 am to order a lunch for pick-up**

**Pick-up time 11:30 am**

**Salad Bar opens at 11:30 am & Entrée is served at 12 pm**

**No Salad Bar on Friday**





## Activity Highlights

- Silver & Fit: **Mondays AND Thursdays @ 10:00-11:00 am**
- Mexican Train **Mondays @ 1:00 pm**
- Sewing Class: **Tuesdays @ 12:30-3:00 pm**
- Yoga (via zoom): **Wednesdays @ 9:30-10:30 am**
- Crafts & Coloring Club: **Wednesdays @ 12:30-3:00 pm**
- Pinochle: **Thursdays @ 12:30-4:00 pm**
- Bible Study: **Thursdays @ 1:00-2:00 pm**

Nail Care: **Friday 11-3-23**

Bingo **Saturday 11-4-23 @ 3 pm**

Veteran's Day lunch **Thursday 11-9-23 @ 11:30**

Closed for Veteran's Day **Friday 11-10-23**

Board meeting **Wednesday 11-22-23 @ 1 pm**

Free Community Thanksgiving meal **Wednesday 11-22-23 @ 11:30**

Closed For Thanksgiving **Thursday & Friday 11-23rd & 24th**

PCHS at NSC **Wednesday 11-29-23 @ 11 am**

Elf- the Musical sneak peak by NMHS **Thursday 11-30-23 at 11:30 am**



**Nikiski Senior Center**  
**50025 Lake Marie Ave.**  
**Kenai, AK 99611**

Phone: 907-776-7654  
Fax: 907-776-7632



PLEASE  
PLACE  
STAMP  
HERE

To: