



**NIKISKI**  
SENIOR CENTER

**DIRECTOR'S MESSAGE**

We spent the month of June spiffing up the center. Our first deep cleaning closure was a success! We shampooed the carpets, deep cleaned the kitchen, organized our storage room, moved activity and service stations, and much more. We could not have achieved this without the help of our volunteers. Thank you to all who participated.

Speaking of volunteers, NSC has been so fortunate! Through the month, we had the KPBSD Work program students, Campbellsville University Athletic Department mission group, Chelsea Gregerson from Alaska Legal, and many students and members. Volunteers are the backbone of happy, healthy, and connected communities. Without them, we simply wouldn't be able to do the important work we do.

**“Volunteers don’t get paid, not because they’re worthless, but because they’re priceless.” - Sherry Ander-**



Center Hours:  
Monday through  
Thursday  
8 am to 4 pm  
Friday 8 am to 2 pm  
907.776.7654



[www.NikiskiSeniorCenter.org](http://www.NikiskiSeniorCenter.org)



All current events are posted on our Facebook page.

**NSC will be closed July 4th to celebrate our Nations Freedom, & honor the men and women dedicated to preserving it.  
Happy 4th of July!**

# NEED A TUTOR? CALL AMY! 907-529-2779

Credentials: BS, MST in Math, MED in education

Tutors in:

- Arithmetic
- Geometry
- Algebra
- Calculus
- Statistics

Prepares for testing:

- SAT
- ACT
- GRE
- GED
- ASVAB

Also- left handed knitting, crocheting  
& beginning Hebrew



DOOR PRIZES!



**WHAT: QUILT BINGO & DINNER FUNDRAISER**

**WHEN: SATURDAY, AUGUST 26, 2023 FROM 4-8 PM**

**WHERE: NIKISKI SENIOR CENTER (50025 LAKE MARIE AVE, NIKISKI, AK)**

**PRICE: \$50 (INCLUDES 1 EA BINGO PACKET, DINNER & DESSERT)**

**DID YOU KNOW ANYONE CAN EAT LUNCH AT THE NIKISKI SENIOR CENTER?**

**M-F 11:30AM-1:00PM  
\$7 ENTREE OR SALAD BAR | \$10 ENTREE AND SALAD BAR**

T: 907.776.7654 | [www.nikiskiseniorcenter.org](http://www.nikiskiseniorcenter.org) | follow us on facebook

## WEEKLY ACTIVITIES

### Silver & Fit

Monday 10-11 am

Thursday 10-11



### Knitting & Crocheting Class

Monday 12:30-2:30 pm



### Sewing Class

Tuesday 12:30-3 pm



### Yoga with Katrina (via zoom)

Wednesday 9:30-10:30 am



### Coloring & Crafts

Wednesday 12:30-3 pm



### Bible Study

Thursday 1-2 pm



### Pinochle

Thursday 12:30-4 pm



## SENIOR NAIL CARE

**WEDNESDAY 7/12/23**

**9:30 AM - 2 PM**

**PLEASE CALL FOR APPOINTMENT**

**(NO WALK-INS)**

**907.776.7654**



**FREE FOR NSC MEMBERS**

**\$10 FOR NON MEMBERS**

# For Sale



- Brand new in box suburban propane hot water heater
- Fogger with juice for bug control
- Metal Gas Can for Boat
- Hard Crossbow Case 34" In Length

Call Mike at 398-8381



## Senior Center Board

### Meetings

@ 1:00 pm

July 26th, 2023

August 23rd, 2023

September 27th, 2023

October 25th, 2023

**YOUR VOICE  
MATTERS**

Thank You!

*Our wonderful group of quilters have been gifted sewing Machines. Two by Trish Brower, who also took the old machines to be serviced. We thank you so much for the machines and act of kindness. Our quilts for fundraising are made possible by your generosity.*

*-NSC Staff and Quilters*

**Senior games**  
Bonnie Cain is looking for input for the senior games next year. Call her at 907-953-5950 with any questions.

  
PLEASE UPDATE YOUR RECORDS!  
**THE NIKISKI SENIOR CENTER HAS A NEW MAILING ADDRESS**

Nikiski Senior Center  
50025 Lake Marie Ave.  
Kenai, AK 99611



## MEALS AND MEMBERSHIP PRICES



### Lunch Cost

Entree - **\$7**

Entree, Soup, & Salad Bar - **\$10**

both include dessert

### Membership Cost

Annual- **\$25**

Lifetime- **\$125**

Lifetime couple- **\$200**



Now offering  
Annual Business Membership

**\$150**

Donate lunch money or membership for a senior in need



North Star Boys and Girls club will join us again on July 12th, this time for crafts and coloring. We had a great time in June when nine kids came for lunch and games! Kids ate lunch and stayed after with members to play card games, chess and checkers .



# KPBSD Summer Work Program

The Kenai Peninsula Borough School District Summer Work Program was made possible with federal COVID funding, and was offered to students with disabilities.

The program placed participating students in local businesses to get hands-on work experience. The program worked with students to address everything from showing up to work on time, to what to wear to their first day on the job, to how to fill out important paperwork.

Jamie and Russell worked with NSC Staff through the month of June cleaning, serving congregate meals, prepping food in the kitchen, setting up for events, visiting with Senior Membership, and more. It was a pleasure to have them and be a part of teaching them valuable life skills. NSC was honored to be a part of this collaboration. Thank you to Olivia Orth and Staff for reaching out to NSC for participation



## NSC Catering

From to-go platters to in house event catering, Nikiski Senior Center can help with your catering needs.

Call (907)776-7654 or visit our website [nikiskiseniorcenter.org](http://nikiskiseniorcenter.org)



## From the Kitchen of Laurajean Good Old Fashion Macaroni Salad

SERVES:

12

PREP TIME:

30 MIN

COOK TIME:

1HR 20 MIN

### Ingredients

- 4 C Cooked Macaroni
- 6 Hard Boiled Eggs
- 3/4 C Diced Tomatoes
- 3/4 C Thinly Sliced Celery
- 1 small Red Onion (diced)
- 6-8 Green Onions (thinly sliced)
- 1/2 C Black Olives (sliced)
- 1/2 tsp Salt
- 1/4 tsp Pepper
- 2 Tbsp Yellow Mustard
- 1 1/2 C Real Mayonnaise
- 1/2 C Miracle Whip
- 1/4 C Milk
- 2 tsp White Vinegar
- 1/4 C Dill Pickle Relish
- 1/2 C Sweet Pickle Relish

### Directions:

#### Dressing:

1. Separate 4 egg yolks from whites (from hard boiled eggs)
2. place yolks in bowl, mash with fork
3. Stir in mayo, miracle whip, mustard, sugar, vinegar, milk, salt and pepper. - Mix well-

#### Salad:

1. Cook macaroni per instructions on package
2. Rinse with cold water, drain completely
3. In large bowl add cooled macaroni, 2 whole hard boiled eggs, the remaining egg whites, tomatoes, celery, red onions, green onions, olives, sweet and dill pickle relish. -Mix well-
4. Add dressing, stir mixing well
5. Enjoy!

## Meals on Wheels

We provide Meals on Wheels to Nikiski community residents, ages 18 and older receiving Medicaid Waiver Services & private pay. This is one of the ways we care for our community!

*Private Pay pricing is \$9 per meal*





Food  
Pantry Hours:  
Mon-Fri  
9 am to 2 pm



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB,



### Father's Day Lunch

June 16th was a great success!

Our kitchen served BBQ Ribs, and baked beans. Fathers ate free.

Left: Stan

Above: Annette, Steve, Peggy, and Retha



**Left: Mac of MF Works LLC spraying for mosquitos.**



**Below: Ken supplying us with tasty corn on the cob.**



## A thank you note

Fun in the Sun; Thank you to the following for all the hours spent preparing and working all day in the Nikiski Senior Center Food booth at the Fun In the Sun event. The kitchen staff for all the prep of the veggies, meat and buns that were so nicely packed into coolers for us. To Wayne Pattison and Jeff Dirks for all the transporting of tables chairs, grills and food-and then cleaning up and closing. Thanks to Bill Kanour and Wayne Ogle as “chefs” Good Job! Janet’s husband in charge of delicious soup bowls. Sue Kanour as cashier. Audra Evoy and Myrna Dyer and myself as helpers waiting on customers.

**Thanks to all from –Jean Taylor, Nikiski Senior Center Board of Director**

Also; Thanks to Mike Newcomb for donating towards the Lady Bird Poppies for the flower barrels under the flag poles. To Jennifer and Jeff (staff) for watering the hanging baskets and flower barrels under the awning. It is much appreciated and I thank you for the help.

SAVE THE DATE



**SATURDAY OCTOBER 10 FROM 4-8 PM**

4 PM - DOORS OPEN 5 PM -  
WALL OF GUNS BEGINS 6 PM  
- DINNER AUCTIONS  
THROUGHOUT EVENING



50025 LAKE MARIE AVE, NIKISKI



CALL 776-7654  
TO SIGN UP

### JULY WEDNESDAY CRAFTS

#### DON'T FORGET COLORING CLUB!

- 1) 7/5/23 - CENTERPIECES FOR CENTER
- 2) 7/12/23 - BUILDING BIRDHOUSES
- 3) 7/19/23 - CANVAS FLOWER PAINTING
- 4) 7/26/23 - FRIDGE MAGNET GNOMES

1



2



3



4





# July Birthdays

- |                       |                            |                        |
|-----------------------|----------------------------|------------------------|
| 7/2 Carlene Hockema   | 7/9 Charles Christoffersen | 7/19 Jason Dean        |
| 7/2 Penny Jones/Maize | 7/10 Jim Rowe              | 7/19 Ed Heim           |
| 7/2 Joy Wik           | 7/12 James Reichert        | 7/19 Cathy Williams    |
| 7/3 Linda Piccini     | 7/13 Anita Gordon          | 7/21 David Corbin      |
| 7/4 Charles Blair     | 7/13 Tamara Larson         | 7/22 Efftekia Nelson   |
| 7/5 Cynthia Slaughter | 7/14 Peggy Arness          | 7/22 Ray Tauriainen    |
| 7/5 Retha Veal        | 7/15 Leslie Baker          | 7/23 Jane Gabler       |
| 7/6 JW Secrest        | 7/15 Rick Hamborg          | 7/24 Linda Swarmer     |
| 7/6 Theresa Carter    | 7/16 John Turnbull         | 7/25 Jackie Rae Arnett |
| 7/7 Debbie Goforth    | 7/18 Ed Cole               | 7/25 Robert Bond       |
| 7/8 Raymond Choat     | 7/18 David Halverson       | 7/25 Annette Nudsen    |
| 7/8 Wayne Ogle        | 7/18 RW                    | 7/25 Larry Barrows     |
|                       |                            | 7/28 Kathy Lobdell     |

Z W I Z Z O S J T L E D A V I D O D P F I P V R W L R R K Q  
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 P I F C H A R L E S H Q G R A D W O I V I X Q J S I X W V Q  
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CARLENE	RAE
PENNY	ROBERT
JOY	ANNETTE
JEFFREY	LARRY
LINDA	KATHY
CHARLES	
CYNTHIA	
RETHA	
JW	
THERESA	
DEBBIE	
RAYMOND	
WAYNE	
JIM	
JAMES	
ANITA	
TAMARA	
PEGGY	
LESLIE	
RICK	
JOHN	
ED	
DAVID	
RW	
JASON	
CATHY	
EFFTEKIA	
RAY	
JANE	
JACKIE	



**NIKISKI SENIOR CENTER**

**Lunch Menu  
July 2023**

**In the Kitchen with  
Zanetta & Laurajean**

**ENTREE \$7**

**ENTRÉE & SALAD Bar  
\$10**

**Both include dessert**

Mon	Tue	Wed	Thu	Fri
3 Beef Nacho Bar Mexican Rice Black Beans Dessert	4 <b>-Closed- Independence Day</b>	5 Fried Chicken Mashed potatoes Veggies Dessert	6 Biscuits and Gravy Scrambled Eggs Dessert	7 Burgers Fries Ice Cream
10 Stir Fry Lo Mein Pot Stickers Dessert	11 Cheese Tortellini Antipasto Garlic Bread Dessert	12 Fried Chicken Mashed potatoes Veggies Dessert	13 Shepherds Pie Mixed Veggies Dessert	14 Hot Sub- Sandwich Chips Dessert
17 Beef Bean Burrito Roasted Corn & Black Beans	18 Rotini Fiorentina Garlic Bread Summer Roasted Veggies	19 Fried Chicken Mashed potatoes Veggies Dessert	20 Slow Cooked Pork Loin Roasted Potatoes Veggies Dessert	21 Chicken Spiedies Hoagies Ice Cream
24 Lemon Chicken Pilaf Veggies Dessert	25 Turkey & Stuffing Green Bean Casserole Dessert	26 Fried Chicken Mashed potatoes Veggies Dessert	27 Beef & Broccoli White Rice Pot Stickers Dessert	28 Pastrami Sandwich Tater Tots Ice Cream
31 Lasagna Garlic Toast Veggies Dessert				

**ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!**

**Please call 776-7654 by 10 am to order a lunch for pick-up**

**Pick-up time 11:30 am**

**Salad Bar opens at 11:30 am & Entrée is served at 12 pm**

**Lunch served at 11:30 on Fridays | No Salad Bar on Friday**

**\*Menu Subject to Change\***



## Activity Highlights

- Silver & Fit: **Mondays** AND **Thursdays** @ 10:00-11:00 am
- Knitting & Crocheting Class: **Mondays** @ 12:30-2:30 pm
- Sewing Class: **Tuesdays** @ 12:30-3:00 pm
- Yoga (via zoom): **Wednesdays** @ 9:30-10:30 am
- Crafts & Coloring Club: **Wednesdays** @ 12:30-3:00 pm
- Craft & Coloring w/ North Star Boys and Girls Club: **Wednesday, July 12th @ 12:30-3:00pm**
- Pinochle: **Thursdays** @ 12:30-4:00 pm
- Bible Study: **Thursdays** @ 1:00-2:00 pm

Closed Tuesday, July 4th

**Nikiski Senior Center**  
**50025 Lake Marie Ave.**  
**Kenai, AK 99611**

Phone: 907-776-7654  
Fax: 907-776-7632



PLEASE  
PLACE  
STAMP  
HERE

To: