



DIRECTOR'S MESSAGE

The month of May was all about Community! Nikiski Senior Center participated in the Community Health Fair at North Peninsula Recreation. Many community resource vendors were available to answer questions and provide information on community resources. Eric, Jackie, and the staff did an excellent job with organization and variety.

NSC and North Kenai Community Club sponsored Nikiski Community Clean-up with T-shirts, grabbers, and supplies. The students from Nikiski North Star Elementary and Nikiski Middle High School participated, and a BBQ with door prizes celebration at the center on Thursday, May 25th.

We look forward to this being an annual event. A great big "Thank You" to Jim Graige for picking up all the yellow bags and taking them to the dump!

We ended the month with our Nikiski Community Garage Sale, where several members purchased tables and sold items; Ken from Corn Roasters treated us to exceptional fresh-roasted corn, and we all had a great time with lots of participation. The center brought in \$600 in sales from this Fundraiser event.

May also brought the opportunity to film a commercial. Martin Media filmed three segments. The first segment focused on the center and the fantastic things we do for our seniors and Community. The second segment focused on Senior Shore Apartments and our senior housing expansion. The third segment focused on a short Facebook commercial to solicit sponsorship for our senior housing expansion. We will use the commercials on our website, Facebook, to send out with grant solicitations and possibly local television broadcasting.

We now welcome the summer months of June and July. The center has wedding rentals booked every weekend, and our catering option has become quite popular. We will also be taking the time to beautify the center. We will be pressure washing the exterior, closing Friday, June 23rd, for deep kitchen and indoor cleaning and planting flowers on campus. I wish you all "Happy Fishing" for the coming months! Praying for sunshine.

Sasha



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654



www.NikiskiSeniorCenter.org



All current events are posted on our Facebook page.

For Sale



- Brand new in box suburban propane hot water heater
- Fogger with juice for bug control
- Metal Gas Can for Boat
- Hard Crossbow Case 34" In Length

Call Mike at 398-8381



Knitting & Crocheting Class

Monday

12:30-2:30 pm

Please bring your own knitting needles & crochet hooks.

We will have some available for beginners who do not own any.



**CRAFTING
MAKES
EVERYTHING
BETTER**

CALL 776-7654
TO SIGN UP

JUNE WEDNESDAY CRAFTS

DON'T FORGET COLORING CLUB!

- 1) 6/7/23 - WOOD SUMMER SIGN
- 2) 6/14/23 - SUMMER HAT WREATH
- 3) 6/21/23 - PATRIOTIC WREATH
- 4) 6/28/23 - TOPSY TURVY PLANTER

1



2



3



4



Volunteers Needed

We would love your help
serving drinks at lunch

Lunch provided

signup available:

March and April dates, Mon-Fri
From 11:15am to 12:45 pm

More information: ☎ 907-776-7654 or at the center

From the Kitchen of Laurajean Chicken Bacon Ranch Wraps

SERVES: 4 **PREP TIME:** 30 MIN **COOK TIME:** 15 MIN

Ingredients

- 1 small head of lettuce
- 2 small rotisserie chicken breasts
- 6 thick-cut bacon (cooked and drained)
- 1/4 cup cream cheese
- 3 tablespoons ranch salad dressing
- 2 tablespoons mayonnaise
- 4 large flour tortillas (10inches wide)



Directions

1. Wash and dry the lettuce thoroughly and chop the leaves in 1/2 inch pieces
2. Chop the chicken in 1/2 inch pieces
3. In small bowl, combine the ranch dressing and mayonnaise and cream cheese. Whisk to blend.
4. Heat a large skillet over medium heat. Add one tortilla and warm on each side for about 20 seconds, until tortilla is pliable.
5. Put the tortilla on a work surface and spread with a heaping tablespoon of Ranch Mayo.
6. Sprinkle with the chicken, bacon, cheese, and lettuce, leaving about 1.5 inches at the top unfilled for easier rolling. Roll the wrap in a tight cylinder. Cut in half and serve.



Senior Center Board

Meetings

@ 1:00 pm

July 26, 2023

August 23, 2023

September 27, 2023

**YOUR VOICE
MATTERS**

Yoga with Katrina
(via zoom, at the center)

Wednesdays
9:30-10:30 am

Modified for all levels

Join students from the Nikiski North Star, Boys & Girls Club for lunch here at the center
Wednesday, June 19th.

There will be card games and great company.



**FREEZER MEAL
WORKSHOP**

**BACK YARD
BBQ**

option 1 \$200- 10 meals (serves 5), Or 20 Meals
(serves 2)

option 2 \$100- 5 meals (serves 5), or 10 meals
(serves 2)

NIKISKI SENIOR CENTER

- Hawaiian chicken
- Chipotle citrus jumbo shrimp
- Steak with blue cheese butter
- Lemon pepper & balsamic chicken thighs
- Zesty lime fajitas
- Lemon pepper fish
- Shrimp & pineapple kabobs
- Chipotle lime burgers
- Steak with wine sauce
- Lemon djon chicken

TUE, JUNE 27TH 4:00 PM, ALL ARE WELCOME

Call 907-776-7654

reserve your spot

**NEED A TUTOR?
CALL AMY!
907-529-2779**

Credentials: BS, MST in Math, MED in education

- | | |
|-------------------|------------------------------|
| Tutors in: | Prepares for testing: |
| • Arithmetic | • SAT |
| • Geometry | • ACT |
| • Algebra | • GRE |
| • Calculus | • GED |
| • Statistics | • ASVAB |

Also- left handed knitting, crocheting
& beginning Hebrew



WEEKLY ACTIVITIES

Silver & Fit

Monday 10-11 am

Thursday 10-11



Knitting & Crocheting Class

Monday 12:30-2:30 pm



Sewing Class

Tuesday 12:30-3 pm



Yoga with Katrina (via zoom)

Wednesday 9:30-10:30 am



Coloring & Crafts

Wednesday 12:30-3 pm



Bible Study

Thursday 1-2 pm



Pinochle

Thursday 12:30-4 pm



**NIKISKI
SENIOR CENTER**

FRIDAY 16TH

FATHER'S DAY LUNCH!

**FATHER'S AND
GRANDFATHER'S EAT
FREE**

Scholarships!

- Celina Martinez \$1,500
- Savanna Stock \$1,500
- Tre'len Anderson \$1,500
- Jessica Petty \$1,500
- Nathan Bourdukofsky \$1,000
- Corbin Reichert \$1,000
- Jasmine Smith \$1,000



Congratulations to this years Nikiski Senior Center & Thelma Louise Scholarship Program winners! A portion of the proceeds raised at our Annual Fall Fundraiser go towards this Scholarship Program. Every year Students from Nikiski Middle High School and Nikiski Homeschoolers have an opportunity to complete an application packet to submit for a scholarship to college or trade school program. It has been a long time opportunity offered to Nikiski Students through Nikiski Senior Center. If you are interested in being part of the Scholarship Committee, contact Board Member, Jeff Laube for more information.



Quilting!

Our Quilting Group completed the Fundraiser Quilt this past month and it is valued at \$1800 to \$2000. The group has been attending events in the community such as the Mothers Day Bazaar, Nikiski Community Health Fair, and soon to come Fun In the Sun, 4th of July on the Park Strip, and Market events selling Fundraiser Tickets.

**WILL BE CLOSED
FRIDAY, JUNE 23RD**

*For cleaning and
maintenance*



Thank you Bishop's Attic for your generous donation of \$500! We are so thankful for your supporters!



Food
Pantry Hours:
Mon-Fri
9 am to 2 pm



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB,



Photos of crafts from Wednesday Craft and coloring days with Laurajeau.

Join us for fun and creative crafts every Wednesday at 12:30

Above photo: Retha coloring mandala at crafts

LET'S TALK ABOUT
Senior games

**Bonnie Cain will be at
Nikiski Senior Center June 7th at
11:30 to give information and
draw a committee for Senior
Games 2024.**

NOTICE

DEAR MEMBERS,

**BOARD MEETING
FOR JUNE HAS
BEEN CANCELED**

July meeting will be held 26th at 1pm



Fred and Ray with their winnings from the door prizes!



**Eric and Benjamin
Volunteering the drink stand**

Thank you North Kenai Community Club for helping us sponsor and North Peninsula Recreation for helping us organize this years Nikiski Community Clean-up! Funds were used to purchase T-shirts, grabbers, bags, cleaning supplies, door prizes for all ages, and BBQ for all participants to enjoy. We look forward to hosting this event annually.

Community Clean Up BBQ

Mother's Day Lunch

On May 12th we celebrated our Mothers and Grandmothers with a FREE Mothers Day Brunch. We received many thanks telling us they all felt loved ❤️



**Joyce and Pat with roses from
Mother's day lunch.**

June Birthdays

- | | | |
|--------------------|----------------------|----------------------|
| 6/1 Rick Roeske | 6/12 Marie Heft | 6/23 Conrad Jackson |
| 6/1 Chuck Swenor | 6/12 Betty Lee | 6/23 Al Parker |
| 6/2 Bill Idleman | 6/13 Doug Armstrong | 6/24 Shorty Thornton |
| 6/2 Karren Morris | 6/14 Harry Eaton | 6/25 Ken Lee |
| 6/5 Connie Rhoads | 6/14 Robert Summers | 6/26 Dale Bakk |
| 6/6 Owen Boyle | 6/15 Julie Ware | 6/26 Janet Stiers |
| 6/7 Erich Deland | 6/16 Bernie Rowden | 6/26 Terry Aisenberg |
| 6/7 Jim Craig | 6/16 Debi Warkentin | 6/27 Louise Tulin |
| 6/7 Dorothy Gray | 6/18 Loreta Harison | 6/28 Jim Anderson |
| 6/8 Joseph Ross | 6/19 Susan Stockdale | 6/28 Cindy Felton |
| 6/9 Brian Cardott | 6/20 Gus Flensburg | 6/30 Joan Allen |
| 6/12 Len Malmquist | 6/21 Roger Long | 6/30 Bessie Tikik |

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 H C R R J G C T G B S D V D H J A N Q U X I Z W E N H B D O
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JOAN	TERRY
JIM	TANNA
DOUG	NANCY
DALE	CINDY
OWEN	MARIE
BRIAN	BETTY
ERICH	DEBI
HARRY	
GUS	
DOROTHY	
LORETA	
BILL	
CONRAD	
KEN	
ROGER	
LEN	
KAREN	
AL	
CONNIE	
RICK	
JOSEPH	
BERNIE	
COLEENE	
JANET	
SUSAN	
ROBERT	
CHUCK	
SHORTY	
BESSIE	
LOUISE	

NIKISKI SENIOR CENTER

ENTREE \$7

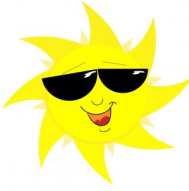
Lunch Menu

ENTRÉE & SALAD Bar \$10

June 2023

In the Kitchen with Laurajean & Zanetta

Both include dessert

Mon	Tue	Wed	Thu	Fri
			1 Sweet & Sour Meatballs Rice Veggies	2 BLT w/ Fries Floats
5 Chicken Curry w/ Rice Eggroll Dessert	6 Tacos Beans Rice Dessert	7 Fried Chicken Mashed potatoes Veggies Dessert	8 Porkloin Potatoes Veggies Dessert	9 Patty Melts Onion Rings Ice cream
12 Eggs, Sausage Waffles w/ Strawberries Dessert	13 Seafood Alfredo Garlic Bread Veggies Dessert	14 Fried Chicken Mashed potatoes Veggies Dessert	15 Open Face Turkey Melt Ice Cream	16 Father's Day Lunch! (Free to Fathers & Grandfathers)
19 Philly Cheesesteak Onion Rings Dessert	20 Chicken Enchiladas Beans Rice Dessert	21 Fried Chicken Mashed potatoes Veggies Dessert	22 Kielbasa w/ Fried Cabbage Liver and Onions Potatoes Dessert	23 <u>Closed</u> for Maintenance & Cleaning
26 Chili Relleno Dessert	27 Fish n' Chips Veggies Dessert	28 Fried Chicken Mashed potatoes Veggies Dessert	29 Spaghetti w/ Beef Meat Sauce Garlic Bread Veggies Dessert	30 French Dip Fries Shakes

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!

Please call 776-7654 by 10 am to order a lunch for pick-up

Pick-up time 11:30 am

Salad Bar opens at 11:30 am & Entrée is served at 12 pm

No Salad Bar on Friday



Activity Highlights

- Silver & Fit: **Mondays** AND **Thursdays** @ 10-11 am
 - Knitting & Crocheting Class: **Mondays** @ 12:30-2:30
 - Sewing Class: **Tuesdays** @ 12:30-3pm
 - Yoga (via zoom): **Wednesdays** @ 9:30-10:30 am
 - Crafts & Coloring Club: **Wednesdays** @ 12:30-3 pm
 - Pinochle: **Thursdays** @ 12:30-4 pm
 - Bible Study: **Thursdays** @ 1-2 pm
 - Learn about Senior Games with Bonnie: **Wednesday, June 7th @ 11:30pm**
 - Lunch with North Star, Boys and Girls Club: **Wednesday, June 19th @ 12pm**
 - **Maintenance and Cleaning—Center Closed: Friday, June 23rd**
 - Freezer Meal Work Shop (Back Yard BBQ): **Tuesday, June 26th @ 4pm**
- *Volunteers needed to help with the NSC 4th of July Float! See Laurajean for details***

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: