



Hello Everyone,

I am pleased to announce our October 1, 2022, Fall Fund-raiser was a great success! This is our biggest event of the year. We hosted 108 guests and many volunteers. Gross income was \$36,792.00; Net income was \$26,479.62. Double the funds brought in last year! Monies are allocated towards our Nikiski senior high school scholarship program, activities and services for Nikiski seniors, and senior housing expansion.

We are preparing for Nikiski Board of Director 2023 elections. If you are interested in running, please contact our administrative team for more information. Board Members meet once a month and intermittently for committee meetings. It is a great way to be a part of positive change in our senior community. Be involved! Please vote!

Annual membership dues are up and coming for 2023. Membership includes discounts at local businesses such as M&M Market, Nikiski Hardware & Supply, Olde Goat Café, Treehouse, and Rudy's Café. You also receive a number of amenities at the center. Support NSC by becoming a member.

Are you, a friend, or family member looking for a non-profit to support this holiday season? Please remember we are working to expand our senior housing. We need to raise 1.6 million to complete the project. Help us make positive change in our community. Support our senior housing expansion! Please call the center for instructions on how you are able to donate.

Sasha Fallon

MERRY
Christmas

AND HAPPY NEW YEAR



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

**visit our
website!**

www.NikiskiSeniorCenter.org



All current events are posted on
our Facebook page.



Board Meeting

Senior Center Board

Meetings

@ 1:00 pm

December 21, 2022

January 18, 2023

February 15, 2023

March 15, 2023

April 19, 2023

May 17, 2023

June 21, 2023

Nikiski Senior Center Board 2022



Wayne Ogle
President



Elaine Bakk
Vice President



Jeff Laube
Treasurer



Sue Kanour
Secretary



Mike Newcomb
Board Member



Genita Thirlwell
Board Member



Myrna Dyer
Board Member



Jean Taylor
Board Member



Joe Ross
Board Member

Absentee Ballot Voting Available

- You must be a member
- You must request a ballot by phone
- Ballots must be turned in one day before election meeting



**YOUR VOICE
MATTERS**

-ANNUAL MEMBERS-

**It's time to renew your
membership for 2023!**

Annual Membership - \$15

Lifetime Membership - \$100

Lifetime Couple Membership - \$175

Membership Benefits Include:

- Voting Rights at NSC meetings
- Entitles to run for office on the NSC Board of Directors
- FREE - faxing, copies, wifi use, notary services, monthly newsletter, birthday lunch, advertising in newsletter for personal items, small room rental (1 rental/year/member)
- Discounts @ participating local businesses

***Call 907.776.7654 for more details or stop by for a
membership application***

Seat A—Myrna Dyer

I moved to Alaska from California in 1967. I lived in Kenai with my husband and daughter and owned my own business. I moved to Nikiski about 10 years ago and love the community. I volunteer at the Nikiski Senior Center and currently serve on the NSC board.



Seat B—Denise Tank

I have lived in Nikiski for 9 years. I love this community, and definitely love the Nikiski Senior Center! I enjoy participating regularly in programs offered by the center, such as exercise, craft and cooking classes as well as activities and field trips. I have served on numerous boards of non-profit organizations for more than 25 years. I find it rewarding to be able to actively give back to an organization that is a big part of my life. I am willing and able to work with others as a board member to serve the membership of this center and strive to improve the lives of all seniors in our community.

Seat C—Mike Newcomb

Moved to Alaska in 1969. Enjoys puppies, fishing, 4-wheeling, and running equipment. “I have been other places and Alaska is the place where you can do what you need to do. I have spent the last 45 years working away from home. Continuing to serve on the board is my way of giving back to my community. Most of our members are people I went to school with or have met over the years”.



Seat D—Susan Kanour

I fished for salmon and halibut in Cook Inlet starting in 1975. I had my own boat and permit and continued to fish each summer until about 1998. I sold the business and went to work for the State of Hawaii as Administrative Officer for the federally funded WIC program. My education is business and accounting. My experience is grants management, budget and accounting. My husband Bill and I retired and moved to Nikiski to be close to my daughter and help with our two grandkids.

Seat E—Jean Taylor

Permanently moved to Alaska in 2009 but have been visiting since 1988. Enjoys bead-ing, Swedish weaving blankets, playing cards, and BINGO. “Alaska’s beautiful scenery and animals are my favorite thing about Alaska. I want to continue as a board member because I am a people person and I feel I need to give my time to help others”.



WELCOME our newest board member— Genita Thirlwell!

I have lived on the Kenai since 1958. After marrying a lifelong “North Roder” I moved to Nikiski in 1983 where we were very involved in the Nikiski community. After all 5 children graduated, we lived “outside” for a few years but came Home, for good, during the winter of 2017-18. My husband, Joe and I are Life Members of NSC and try to volunteer/participate whenever we can. I love crafty and artistic activities and have many hobbies in the creative arts.



Please join us for a free Christmas Dinner
at the Nikiski Senior Center
Wednesday, 12/14/22 from 11:30 am – 1 pm

We have the stockings, but need the stuffers!
The Nikiski Senior Center will be handing out
stockings to seniors in our community and need
your help filling them! Items such as: chapstick,
lotion, shampoo/conditioner, wrapped candy,
comb/hairbrush, toothbrush/toothpaste,
pens/notepad, and any other items you think
would make good stocking stuffers! Donations
can be dropped off until 12/16/22. Thank You!



The Nikiski Senior Center is collecting
mittens, hats & other winter
accessories for the "Nikiski Neighbors"
to give to children in the community.
Donations can be dropped off until
12/16/22. Thank You!



The Nikiski Senior Center
will be closed
December 23-26, 2022
and
January 2, 2023

MERRY
Christmas

AND HAPPY NEW YEAR



2023

New Years Eve Bingo Party!



WHAT: NEW YEARS EVE BINGO

WHERE: NIKISKI SENIOR CENTER

**WHEN: SATURDAY, DECEMBER 31, 2022
3-6 PM (DOORS OPEN AT 2 PM)**

**COST: \$30 PP - INCLUDES 1 EA BINGO
PACKET, APPETIZERS &
BEVERAGES (NON-ALCOHOLIC)**

RSVP APPRECIATED

Have questions?? Call 907.776.7654

DECEMBER WEDNESDAY CRAFTS

1) 12/7/22 - ORNAMENT MEMORY STICK

2) 12/28/22 - TILE COASTERS

(NO CRAFTS 12/14/22 & 12/21/22)

1



2



FRIDAY



**AT THE NIKISKI SENIOR CENTER
DECEMBER 16, 2022 FROM 4-7 PM**



MEMBERS - FREE

NON-MEMBERS - \$10

(SODA & POPCORN PROVIDED)



NEEDS YOU!!

MUSICIANS NEEDED

- WEDNESDAYS
- 11:00AM- 1PM
- LUNCH INCLUDED



**THE NIKISKI SENIOR CENTER
IS OFFERING TRANSPORTATION
FROM NIKISKI TO WALMART
ON TUESDAYS OR THURSDAYS.**

\$10 PP

**MUST CALL 24 HOURS IN ADVANCE
LIMITED SEATING AVAILABLE**

PLEASE CALL 907.776.7654 TO RESERVE A SEAT

WEEKLY ACTIVITIES

Silver & Fit with Teri

Chair exercises modified to your level.

Monday 10-11 am

Thursday 1-2 pm



"SILVER & FIT"



Knitting & Crocheting Class

Monday 12:30-2:30 pm

(Please bring your own knitting needles & crochet hooks—we will have some available for beginners who do not own any)



Sewing Class

Tuesday 12:30-3 pm



Yoga with Katrina (via zoom)

Wednesday 9:30-10:30 am

Modified for all levels of yoga

Coloring & Crafts

Wednesday 12:30-3 pm

Coloring Club and Crafting downstairs.



Bible Study

Enjoy lunch with friends and then a friendly bible study upstairs from **1-2 pm on Thursday**. For more information please call John Heft 776-2109.

Pinochle

Thursday 12:30-4 pm pinochle players enjoy snacks and cards with great company.





CRAFTING



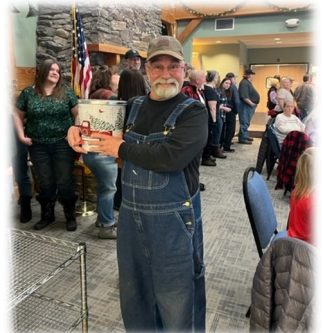
**KNITTING &
CROCHETING**

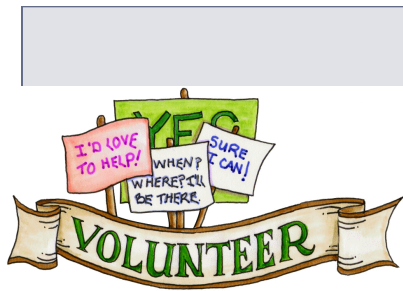


TAMALE MAKING CREW



**THANKSGIVING
DINNER**





**Thank you to all
the volunteers
who helped at our
Thanksgiving
Community Meal.
We couldn't do it
without you!**

**Pantry Hours:
Mon-Fri
9 am to 2 pm**



Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

Nikiski Senior Center or Service Area Boards

We are always recruiting for caring individuals that truly want to play a vested roll in their senior community. Once a month or quarterly meetings are required. Join us today and make a difference.

Silver Squad

Provide companionship, a warm heart, and a friendly conversation to help support our seniors as they isolate at home. These calls or visits provide emotional support, safety check-ins, and a connection to our senior community.

Helping Hands

Looking for men and women with basic home repair skills to help seniors and the disabled to live in the comfort and safety of their own home.

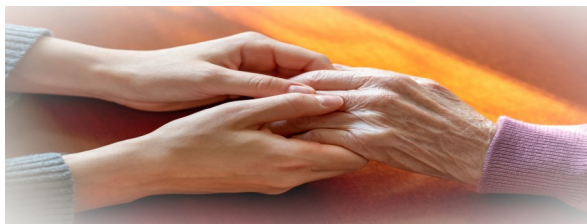
NSC Catering—Book Your Party Today!

Nikiski Senior Center can help with your catering needs. Call (907)776-7654 for details and pricing.

**Find out how you can pay it forward and
become a volunteer!**

776.7654

* All volunteers must be able to pass a background check.



**NIKISKI SENIOR CENTER IS NOW OFFERING ACCOMMODATIONS
FOR ZOOM APPOINTMENTS**

**STATE ASSESSMENTS FOR WAIVER SERVICES
VISIT WITH A FAMILY OR FRIEND
DOCTOR APPOINTMENTS (NOT INCLUDING ILLNESSES WITH
COLD OR COVID SYMPTOMS)**

CALL NSC TO SCHEDULE AT 776.7654



Chicken Bowtie Pasta Salad

- 1 lb cooked bowtie pasta**
- 2-4 cups cooked chicken, cubed**
- 1 cup chopped celery**
- 1 cup chopped mixed bell peppers**
- 1/4 cup diced red onion**
- 2 cups halved red globe grapes**
- 1 cup mandarin oranges canned; drained**
- 12 ounces coleslaw dressing**
- Top with:**
 - 2 TB chopped green onion**
 - 3/4 cup raisins**
 - 1/4 cup chopped pecans**



**Thank you PCHS for visiting the
NSC November 16, 2022!**

What did one Christmas Tree say to another? Lighten up!



**GOOD
MORNING**

**Enjoy coffee or juice & a treat
Bring a friend!**

**Monday-Friday
During Regular Business Hours**

(Donations Appreciated)



WEDNESDAY BREAD DAY

*We are looking for volunteers to pick up our bread
Wednesday mornings that Kenai Safeway
generously donates! Please call 907.776.7654 for
details if this is something you could do on a
rotating schedule!*

**LIMIT OF ONE BREAD
AND ONE SWEET PER HOUSEHOLD**





December

BIRTHDAYS

12/1	Trish Roderick	12/10	Hoa Le	12/18	Norma Thornton
12/2	Tommey Garber	12/11	Steve Geertz	12/18	Richard Heath
12/3	Barbara Dahl	12/11	Eula Miller	12/19	Dorey Harman
12/3	Bruce Aitken	12/12	Joan Kirkham	12/19	Diana Wray
12/3	Greg Fisher	12/12	Art Jackman	12/20	Janice Jones
12/5	Sharon Fisher	12/12	Judy Johnson	12/21	Lora Stuart
12/5	Tams Wilson	12/13	King Titera	12/23	Pat Moye
12/5	Paul Felton	12/14	La Donna Ross	12/25	James Arness
12/6	Becky Baker	12/16	Jeff Jones	12/25	Robert Carew
12/7	Roxana Martinez	12/16	Diana Damitz	12/26	Rebecca Bakk
12/7	Penny Smith	12/17	Mary Jackson	12/27	Mike Nappier
12/7	Amy Whinston	12/18	Ria Fandel	12/31	Marie McCarthy
				12/31	Jimmie Secrest

C E H T N A C L M C D H L K S D B M O S M I T H T H S I R T
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W M A M Y E E U Z Q A J E F F V R R H U V I C D X B Y U B U
Z U H Q C B R Z Z M A J L T A R B A I E K T I P F G G C E J
S F Z K A S G T D M N E T S Y R R D B E F J R A R E A R R Z
Y Z R J N M R V A T K J O E H O N F J R Z J A L R R Q D T F
K X N J R E F O H M L W N R N L A E D Z A M D B E G X R A Y
C J X B E R E L L I M R B C B U J O S S I B F W J W A N I P
E Y M G K M M V L A F L Q E Q Z N T H S A N G P C Z D L B I
B Z Z X A T T S D D D J T S Y N E Q T W N V M S N E X Q T S
X O P M B B S U D X L U A P A W M V O I X M O L L D T T D K

TRISH	KIRKHAM	JAMES
RODERICK	ART	ARNESS
TOMMEY	JACKMAN	ROBERT
GARBER	JUDY	CAREW
BARBARA	JOHNSON	REBECCA
DAHL	KING	BAKK
BRUCE	TITERA	MIKE
AITKEN	LA	NAPPIER
GREG	DONNA	MARIE
FISHER	ROSS	MCCARTHY
SHARON	JEFF	JIMMIE
TAMS	JONES	SECREST
WILSON	DIANA	
PAUL	DAMITZ	
FELTON	MARY	
BECKY	JACKSON	
BAKER	RIA	
ROXANA	FANDEL	
MARTINEZ	NORMA	
PENNY	THORNTON	
SMITH	RICHARD	
AMY	HEATH	
WHINSTON	DOREY	
HOA	HARMAN	
LE	WRAY	
STEVE	JANICE	
GEERTZ	LORA	
EULA	STUART	
MILLER	PAT	
JOAN	MOYE	

**NIKISKI SENIOR
CENTER**




Lunch Menu

December 2022

ENTREE OR SALAD \$6

NEW LUNCH PRICES

ENTRÉE & SALAD \$9

Mon	Tue	Wed	Thu	Fri
	FRIED CHICKEN WILL BE EVERY OTHER WEDNESDAY!		1 Spaghetti w/Meat Sauce Garlic Bread Veggies & Dessert	2 Hot Pastrami on Rye Green Salad Ice Cream w/ Toppings
5 Pork Chops Scallop Potatoes Veggies & Dessert	6 Beef Tacos Beans & Rice Dessert	7 Creamy Mushroom Chicken Roasted Potatoes Veggies & Dessert	8 Fish-n-Chips Veggies & Dessert	9 Chicken Bacon Ranch Pita Tater Tots Rootbeer Float
12 Beef Stew Corn Bread Dessert	13 Kielbasa w/ Cheese Tortellini Bread Sticks Veggies & Dessert	14 Christmas Lunch (FREE) Ham & Potatoes Veggies & Dessert	15 Chinese Pepper Steak Rice & Eggrolls Dessert	16 Grilled Cheese Tomato Soup Ice Cream
19 Breakfast Eggs & Bacon Hashbrowns Fruit & Salad Bar Dessert	20 Taco Tuesday	21 Baked Chicken Roasted Potatoes Veggies & Dessert	22 French Dip French Fries Dessert	23 CLOSED 
26 CLOSED 	27 Meatloaf Red Potatoes Veggies & Dessert	28 Fried Chicken Mashed Potatoes Veggies & Dessert	29 Sweet & Sour Meatballs Rice Pineapple Slaw Dessert	30 Cheeseburgers French Fries Milkshakes

***No “to go” containers
will be provided for
those dining in—you will
need to bring your own
container (BYOC) for
leftovers on your plate.***

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!

Please call 776-7654 by 10 am to order a lunch for pick-up

Pick-up time 11:30 am

Salad Bar opens at 11:30 am & Entrée is served at 12 pm

No Salad Bar on Friday

****Menu Subject to Change****

Activity Highlights

- Silver & Fit: **Mondays** 10-11 am AND **Thursdays** 1-2 pm
- Crocheting/Knitting Class: **Mondays** 12:30-2:30 pm
- Sewing Class: **Tuesdays** 12:30-3pm
- Yoga (via zoom): **Wednesdays** 9:30-10:30 am
- Crafts & Coloring Club: **Wednesdays** 12:30-3 pm
- Pinochle: **Thursdays** 12:30-4 pm
- Bible Study: **Thursdays** 1-2 pm
- North Peninsula Recreation Center “Christmas Comes to Nikiski”: **Saturday** 12/3/22—Nikiski Senior Center will be serving concessions from 10am-4 pm
- **Christmas Community Dinner (FREE): Wednesday 12/14/22 from 11:30 am-1 pm**
- Movie Night: **Friday** 12/16/22 from 4-7 pm
- NSC Board Meeting: **Wednesday** 12/21/22 @ 1 pm
- KPFCSP Caregiver Support Meeting: **Wednesday** 12/28/22 from 1-2 pm
- **New Years Bingo: Saturday** 12/31/22, 3-6 pm (doors open at 2 pm)
- **CLOSED 12/23-26/22 FOR CHRISTMAS**
- **CLOSED 1/2/23 FOR NEW YEARS**

Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: