



DIRECTOR'S MESSAGE

It is always a welcome day when we first sense that Spring is here. Of all the seasons this is the one that just seems to have happiness, excitement and hope all over it! As we bask in the additional daylight and dream of the warmer months ahead, let your path lead you to our beautiful Center.

With Spring also comes great change, such as the new growth we will see in our outdoor environment with trees and shrubs flowering and placement of our flower pots to adorn the front entrance. Look for future sign up sheets for new classes, activities, and field trips. Urge your friends and neighbors to do the same.

Sasha



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654



All current events are
posted on our Facebook
page.



The NSC will
be closed:
May 30, 2022

MEMORIAL DAY

REMEMBER & HONOR



**Thank you to all the staff & volunteers
who helped with our Easter Meal!**

**Board
Meeting**

Senior Center Board

Meetings

@ 12:30 pm

May 18

June 15

July 20

August 17

September 21

October 19

November 16

December 21

**YOUR VOICE
MATTERS**

**visit our
website!**

www.NikiskiSeniorCenter.org



**Sincere
Condolences**

**TO THE FAMILY & FRIENDS OF
BRENDA STROTHER**

Effective May, 2022, we will not be offering Yoga at the Nikiski Senior Center throughout the summer months. We apologize for any inconvenience and will keep you posted on further classes.

WEEKLY ACTIVITIES

NOW IS THE TIME TO TRY SOMETHING NEW



Silver & Fit with Teri

Chair exercises modified to your level.

Mondays 10-11 am

Thursday 1-2 pm

Walk with Teri

NSC Walking Club meets at NSC lobby
& will walk outside the facility.

Wednesdays 10-10:30 am

Saturdays 1-1:30 pm



Please bring:

- ◆ Good Walking Shoes
- ◆ Water Bottle
- ◆ Walking Stick (if needed)
- ◆ Smiles
- ◆ Well behaved dogs welcomed on leashes



Coloring & Crafts

Wednesdays 12:30-3 pm

Coloring Club and Crafting downstairs.

Bible Study

Enjoy lunch with friends and then a friendly bible study upstairs from **1-2 pm on Thursdays**. For more information please call John Heft 776-2109.



Pinochle

Thursdays 12:30-4 pm pinochle players enjoy snacks and cards with great company.

Cribbage

Looking for new recruits! **1-5 pm on Saturdays**.



NEW

WALK WITH TERI

WEDNESDAYS: 10-10:30 AM

SATURDAYS: 1-1:30 PM



Begins May 4, 2022

Please Bring:
Good Walking Shoes
Water Bottle
Walking Stick (if needed)
(Well Behaved Dogs are
Welcome on a Leash!)

BINGO

Saturday

May 14 & 28, 2022

at the

Nikiski Senior Center

6-9 PM (doors open 5 pm)



**You do not need to be a NSC member to play.
Please call (907)776-7654 if you have questions.*

FRIDAY



AT THE NIKISKI SENIOR CENTER

5/6/22 & 5/20/22

FROM 4-7 PM

MEMBERS - FREE

NON-MEMBERS - \$10

(SODA & POPCORN PROVIDED)



5/6/22



5/20/22

NEW RELEASE TO
BE ANNOUNCED AT
A LATER DATE ON
FACEBOOK

WHAT: PAINT & SIP

WHERE: NIKISKI SENIOR CENTER

WHEN: SATURDAY, MAY 7, 2022 FROM 1-4 PM

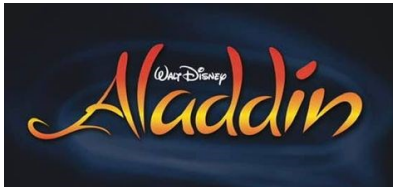
PRICE: \$35 NSC MEMBER / \$45 NON MEMBER



Only 20 seats available!

Please call
(907)776-7654 to reserve your spot.

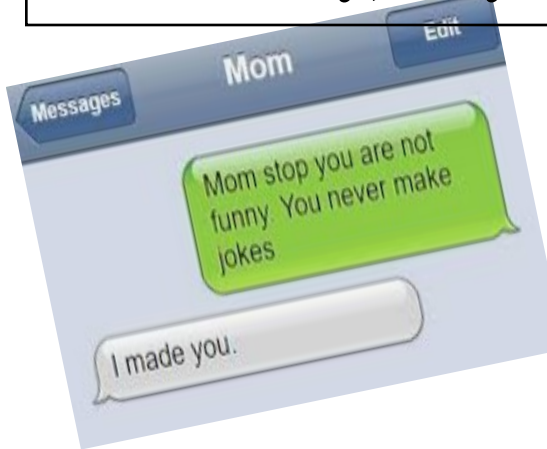




DINNER THEATER

The Nikiski High School will be performing skits from their Aladdin play during the lunch hour at the Nikiski Senior Center on Wednesday, May 4, 2022 starting at 12:30

**Happy Mother's Day!
Moms Eat Free at the NSC
on Friday, May 6, 2022**



Ceramic Tiles Needed!
If you have any extra 3x3 up to 12x12 tiles lying around, Laurajeon would love to use them in the Craft Room!



MAY 20TH, 2022

WHAT: COMMUNITY CLEAN UP DAY
WHO: ANYONE CAN HELP!!
WHERE: NIKISKI SENIOR CENTER
TIME: 10 AM - 12 PM CLEAN UP
12 PM - 1 PM BBQ AT NSC

Join us at the Nikiski Senior Center and clean up around the community. Bags and lunch will be provided!

MAY WEDNESDAY CRAFTS

- 1) 5/4/22 - SALAD IN A POT
- 2) 5/11/22 - SUN CATCHER
- 3) 5/18/22 - STEPPING STONE
- 4) 5/25/22 - SILVERWARE WIND CHIME

**CRAFTING
MAKES
EVERYTHING
BETTER**

CALL 776-7654 TO SIGN UP

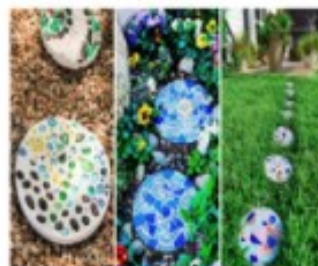
1



2



3



4



COMING SOON

Nail Care!

Details will be posted on
Facebook
when finalized!

mother

moth-er - mōthər - *noun*

A person who loves unconditionally. The
maker and keeper of precious memories. A
person much loved and greatly admired.



Pantry Hours:
Mon-Fri
9 am to 2 pm



Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

Nikiski Senior Center or Service Area Boards

We are always recruiting for caring individuals that truly want to play a vested roll in their senior community. Once a month or quarterly meetings are required. Join us today and make a difference.

Silver Squad

Provide companionship, a warm heart, and a friendly conversation to help support our seniors as they isolate at home. These calls or visits provide emotional support, safety check-ins, and a connection to our senior community.

Helping Hands

Looking for men and women with basic home repair skills to help seniors and the disabled to live in the comfort and safety of their own home.

**Find out how you can pay it forward and
become a volunteer!**

776.7654

* All volunteers must be able to pass a background check.





Book Your Party Today!
Nikiski Senior Center can help with your catering needs. Call (907)776-7654 for details and pricing.



QUILT DONATIONS NEEDED!
We are still accepting new or gently used quilts/blankets for a Bingo Fundraiser yet to be scheduled.
Thank You!



Beat the IRS Cash Raffle Winners 4/15/22:

1. Mike Newcomb \$500
2. Robert Spillane \$250
3. Angela Niemi \$100



TRANSPORTATION

All Transportation

- Requires 24 hour notice
- Must be 55+
- Masks are required at all times while in vehicle

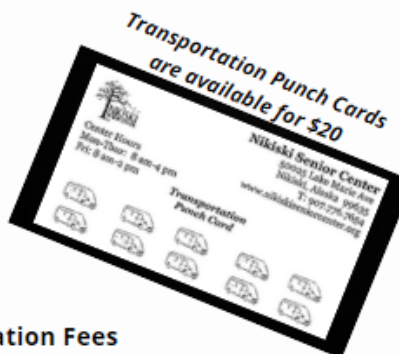
Free Rides to/from NSC!

We are now offering Free roundtrip transportation to the Nikiski Senior Center for lunch and activities offered M-F during normal business hours!
Boundaries are South Miller to Captain Cook

Other One-Way Transportation Fees

- Nikiski - Nikiski... 1 punch (\$2)
- Nikiski - Kenai... 2 punches (\$4)
- Nikiski - K-Beach... 3 punches (\$6)
- Nikiski - Soldotna... 3 punches (\$6)
- Extra Stop(s)... 1 punch each (\$2)

Call 907.776.7654 for more information



Kelly's Corner

Snickerdoodle Bars

Ingredients

- 1 1/3 cup shortening
- 2 cups white sugar
- 2 cups flour
- 8 eggs
- 2 tsp baking powder
- 2 tsp salt
- (equal parts sugar/cinnamon for topping)

Preheat oven to 325 degrees. Cover cookie sheet with parchment paper. Mix the ingredients in order above. When all is incorporated, shortening should be smooth. Sprinkle cinnamon sugar on top before baking. Place mix on cookie sheets & bake for approximately 20-30 minutes.



5/3 Larry Burcham
5/11 Patrick Clark
5/12 James Herrick
5/15 R.F. Stuart
5/17 Billy Jewell
5/19 Beverly Hornstra
5/19 Sondra Starnes
5/19 Mary Jean Ivy
5/20 Patricia Newman
5/20 Rose Armstrong
5/21 Roni Carmon
5/21 Joe Stanford

***SPECIAL
PEOPLE
ARE BORN
IN MAY***

5/22 Michael Newcomb
5/24 Genita Thirlwell
5/25 Ray Ogren
5/25 Elaine Bakk
5/25 Milton Bristow
5/26 Keith Karsten
5/29 Sylvia Kincade
5/29 Chuck Notmeyer
5/30 Debra Thomas
5/30 Hayward Wik
5/30 Rocky Knudsen
5/31 Sharon Nowell

R H W X V F A N Y J G U X Z J S E M A J O E F L N U K B R M
K P Y O L A E I E E W E B Z Y C A R B E D T E K Z Y R I V X
D W O P W W U A V M E N F G B Y E P Z L D E N T U O O D W N
B J Y W C K N H Y L A A T W B H C G O L R E W J N K D I V D
R N S O H N O I W O Y Z R L N Y U X M E O E Y I K K A B T E
N T M I W M T D S R K S N S R E F H A W F N M R H C P L L T
P B V J C Z M Q P O X L H O P A Y N H L N I Z K G A I I M H
B A E M H H E L G I N D J Q W Q Y K C R A A B J G X W V I O
J U U G U U Y Y C T C D R N J E M T R I T L D E M W N U C M
R N Y X C T E T W H C N R A O Q L G U H S E P Y S C K Z H A
R O S E K G R B R X G B J A W M W L B T Q T N F U C Z W A S
L R M N R N U R I A A B N G E Y R Q E L W L A W I C P P E O
F A P P I E C U R V U M P E L D A A G I T V K R A L C F L F
Y H R Y K C O R J O O T P O T K N H C G S L R N N H I B Z F
C S T R L I K B K M T F S C X S P Y I Q M E V Z F E Y Z G E
F S P U Y R B A K T R Q V D A D R B D O H H I T Y V S F P U
W I S N E J E P T B Q Y C A L A P A T R I C K S D X A S Y J
Y Q I V Q S S V I R H F R L M M U U K F P N A J Z G G Y C Y
B A U G X G I E E T E T E S H R T L O C A N N A N V K M I Q
T X T Q T O N U Z B S J V U T C T L M W T U D V C H A I D M
I F S M C E G O G N E B P R I V P E T X R S G U L K P I Y K
D M M K S X K R R Q K G R N E H V W A A I C R B N V A V C R
P F W D Q D V O E T E X J O K Z W E D A C N I K N N I X Z T
X X U G T S H E D N S C E N O Q A J E O I Z C T P E L R B H
F N M Q B X G D I Y L M Y N Q C A C M S A Y W O T S I R B B
K J P J G R A T G Z G G R I M I L T O N E W M A N L B Q I E
E X M J B J A O E D M V R A Z I Y P P X W O Z Z N A Z L Q L
R R I Y P P U K L B F N B H N V Y V P C L B J F E R L X Y Y
F C O Z W D K J V O F H D X Q M L M W H A Z F J D Y F M R O
F Y X D V O Y F U E L A G P Z E Y G R X O L K V N Y F P G B

LARRY OOGREN
BURCHAM ELAINE
PATRICK BAKK
CLARK MILTON
JAMES BRISTOW
HERRICK KEITH
RF KARSTEN
STUART SYLVIA
BILLY KINCADE
JEWELL CHUCK
BEVERLY NOTMEYER
HORNSTRA DEBRA
SONDRA THOMAS
STARNES HAYWARD
MARY WIK
JEAN ROCKY
IVY KNUDSEN
PATRICIA SHARON
NEWMAN NOWELL
ROSE
ARMSTRONG
RONI
CARMON
JOE
STANFORD
MICHAEL
NEWCOMB
GENITA
THIRLWELL
RAY

NIKISKI SENIOR CENTER

Lunch Menu

May 2022



ENTREE \$5

SALAD \$5

ENTRÉE & SALAD \$8

Mon	Tue	Wed	Thu	Fri
2 Scrambled Eggs & Sausage Skillet Breakfast Corn Beef Hash French Toast	3 Smoked Salmon Fettuccini Bread Sticks Veggies & Dessert	4 Fried Chicken Mashed Potatoes Veggies & Dessert <i>Live Music</i>	5 Beef Burgundy With Mushrooms Over Rice Veggies & Dessert	6 MOMS EAT FREE! Turkey Bacon Avocado & Tomato Wraps French Fries Dessert
9 Sesame Chicken Rice Noodles Pot Stickers Stir Fry Veggies Dessert	10 Meat & Zucchini Lasagna Garlic Bread Veggies & Dessert	11 Fried Chicken Mashed Potatoes Veggies & Dessert <i>Live Music</i>	12 Grilled Pork Chops Asparagus And Demi Glaze Parsley Potatoes Dessert	13 Philly Steak & Cheese Onion Rings Dessert
16 Marinated Roast Chicken Scallop Potatoes Corn Fritters Veggies & Dessert	17 Cod Fish & Chips Fry Bread Veggies & Dessert	18 Fried Chicken Mashed Potatoes Veggies & Dessert <i>Live Music</i>	19 Smoked Pork Roast Red Potatoes Rolls Veggies & Dessert	20 BBQ Hotdogs And Burgers FREE for those who help with Community Clean up
23 Grilled Salmon with Pepper Dill Sauce topped with crab & lobster Veggies & Dessert	24 Mexican Buffet Chicken Enchiladas Soft Beef Tacos Spanish Rice & Beans Mexicali Corn Dessert	25 Fried Chicken Mashed Potatoes Veggies & Dessert <i>Live Music</i>	26 Stuffed Pork Rolls w/Bacon, Spinach & Mushroom Tarragon Butter Sauce & Egg Noodles Veggies & Dessert	27 Bacon Cheeseburger Tater Tots Rootbeer Float
30 CLOSED FOR MEMORIAL DAY	31 Kielbasa Potato Carrot Casserole Rolls Veggies & Dessert			

WHERE DID THE BROCCOLI GO
TO HAVE A FEW DRINKS?

The salad bar.



ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!

Please call 776-7654 by 10 am to order a lunch for pick-up

Pick-up time 11:30 am

Salad Bar opens at 11:30 am & Entrée is served at 12 pm

Friday Entrée is served at 11:30 (no salad bar)

Activity Highlights

- Silver & Fit: **Mondays** 10-11 am AND **Thursdays** 1-2 pm
- Walking Club: **Wednesdays** 10-10:30 am AND **Saturdays** 1-1:30 pm
- Crafts & Coloring Club: **Wednesdays** 12:30-3 pm
- Pinochle: **Thursdays** 12:30-4 pm
- Bible Study: **Thursdays** 1-2 pm
- Cribbage: **Saturdays** 1-5 pm
- Movie Night: **Fridays** 5/6/22 & 5/20/22 from 4-7 pm
- BINGO: **Saturdays** 5/14/22 & 5/28/22 from 6-9 pm (doors open at 5 pm)
- Paint & Sip: **Saturday** 5/7/22 from 4-7 pm (\$35 members/\$45 non members)
- Community Cleanup at NSC: **Friday** 5/20/22 from 10 am-12 pm, BBQ 12-1 pm
- NSC Board Meeting: **Wednesday** 5/18/22 @ 1 pm
- **CLOSED: MONDAY, 5/30/22 FOR MEMORIAL DAY**

Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: