



NIKISKI
SENIOR CENTER

DIRECTOR'S MESSAGE

As I reflect on this past year, my heart is filled with gratitude and pride. It truly amazes me what our staff and I have been able to accomplish. From old activities and services to new; from a quiet center to a welcoming and occupied center; from rekindling old relationships to new relationships and friendships formed that feel like family. We are blessed.

NSC will be taking this Holiday break to reenergize and gear up for this coming New Year. I am excited to report I received a sizeable grant that will allow us to complete housing plans, replace the centers flooring, build a dock and pavilion, as well as, continue growing our in-house transportation services. This is one of many grants to come and I look forward to your input on what you would like to see in the future of Nikiski Senior Center. With your continued support we strive to provide the environment, services, activities, and events you want and need. Remember, our door is always open for suggestions and we welcome them. Help us make 2022 another innovative year! Wishing you a Merry Christmas and a Happy New Year.

With Love, *Sasha*



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

It is election time! Volunteering is one of the most rewarding things you can do. Volunteering is a great way to donate your time, perhaps learn new skills, and help an organization you believe in further its mission. Consider serving on the Nikiski Senior Center Board of Directors. Requirements are:

- Nikiski resident age 55+
- Pass a background check
- Attend one meeting a month
- Be involved at the center by attending activities and/or utilizing services
- Have a positive attitude and welcome innovative change



Consider serving on the Nikiski Senior Service Area Board - Elections are in October 2022

- Nikiski resident
- No age limit
- Pass a background check
- Attend one meeting quarterly
- Be involved at the center by attending activities and/or utilizing services
- Have a positive attitude and welcome innovative change

Nikiski Senior Citizen's Inc.
"Quality of Life for Seniors"
Quarterly Board Meeting
AGENDA
January 19, 2022 at 1:00 pm

Invocation:

Call to Order: 1:00 pm

Roll Call:

Committee Reports:

Service Area Board: Meeting to be on January 26, 2022 at 4:00pm at the Senior Center. Meeting may be attended by the Borough Finance Department regarding the 2022-2023 KPB Budget.

Approval of Minutes:

Approval of Agenda:

Treasurer's Report: Sam Hodena

Director's Report: Sasha Fallon

Old Business: (To Be Developed)

New Business:

1. President's annual report (Article VI, Section 3.a.) – Mike Newcomb
2. Treasurer's annual report (Article VII, Section 1.a.) – Sam Hodena
3. Board Election – Seats A, F, G, H, & I (Article VIII, Section 1.d.)
4. Swearing in of elected board members – Executive Director
Board Members please take your seats
5. Election of board officers (Article VI, Section 2.a.) *Board will caucus to accomplish reorganization*
6. Election of nominating committee (Article VII, Section 2.a. & Article IX, Section 1.e.)
7. Establish schedule of regular quarterly/monthly board meetings for 2022 (Article VIII, Section 3.a.)
8. Establish status of dues (Article IV, Section 2.a.)
9. Establish status of meal prices (Article IV, Section 4.a.)
10. Membership Benefits

Announcements:

Sickness & Distress:

Public Comments:

Administration Comments:

Board Comments:

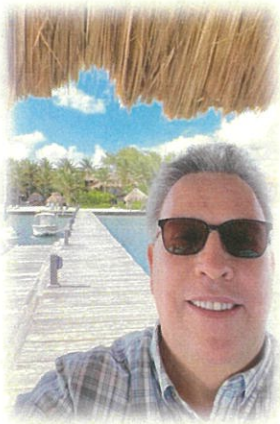
Next Meeting's Agenda Items:

1. Appoint committee chairs
2. (To Be Developed)

Next Meeting: February 16, 2022 at 1:00 p.m.

Adjourn:

NSC BOARD CANDIDATES 2022



Jeffrey Laube -

I would like to serve on the Nikiski Senior Center (NSC) board of directors because I enjoy the membership, the services, the activities and the social element of the Center.

I have been a resident of Nikiski since 1990 and I built and own my home. I currently work as a professor of process technology at the Kenai Peninsula College. Prior to that, I worked 20 years at Agrium in both the operations and maintenance departments. The NSC is planning on expanding senior housing. My experience of overseeing and hands-on assistance with all aspects of building my own home, garage, and out-buildings could benefit the NSC housing expansion.

I am good with budgets, accounting, and financial reports. I have served on other nonprofit boards.

Again, I am active at the NSC, participating in lunches, activities, and fund raisers. I have advocated for the NSC. I want to serve on the board of directors to support the mission of the NSC. Please vote for me because I have the energy and the interest to serve this organization.

Susan Kanour -

I fished for salmon and halibut in Cook Inlet starting in 1975. I had my own boat and permit and continued to fish each summer until about 1998. I sold the business and went to work for the State of Hawaii as Administrative Officer for the federally funded WIC program. My education is business and accounting. My experience is grants management, budget and accounting. My husband Bill and I retired and moved to Nikiski to be close to my daughter and help with our two grandkids.



Joe Ross -

Moved to Alaska in 1982. Enjoys hunting, fishing, snow machines, and pretty much everything in the great outdoors. "I want to continue to be a board member so I can help do what's right for our members".

Janet Hudson -

Moved to Alaska in 1985. Enjoys doing science projects with her Grandson and spending time with her family. "I love the beauty of Alaska, especially in the Fall. I want to continue to be a board member so I can see more of our seniors and provide fresh ideas".



Wayne Ogle -

I have been an Alaska resident since 2004. Nikiski provides a great life for it's residents and the Senior Center is key part of that. I had the privilege of representing Nikiski on the Borough Assembly for six years, two as the president. I would be honored to continue serving the Center as a Board member.



Join Us!

Sunday Brunch

at the

Nikiski Senior Center

JANUARY 9, 2022

11 am - 2 pm

\$10/person (cash or check)

Kids 10 & under are \$5 ea

Reservations are appreciated

***This is a "brunch",
NOT an all you can eat buffet.
Thank you for understanding.***

MENU

**Chicken Fried Steak, Scallop Potatoes,
Blueberry Pancakes, Country Benedict
(sausage, egg, country gravy, cheese on
muffins), Hash browns, Bacon & Spinach
Quiche, Sausage, Bacon, Ham & Scrambled
Eggs, Fruit & Salad Bar, Assorted Danishes**

BOARD, COMMIT- TEES, AND MEETING SCHEDULE

Senior Center Board

Meetings

@ 1:00pm

January 19 (Qtrly Mtg)

February 16

March 16

April 20

May 18

June 15



All current events are
posted on our Facebook
page.

**visit our
website!**

**REMINDER—IT'S TIME TO RENEW
YOUR ANNUAL MEMBERSHIPS!** You
can renew online, in person, by mail or
even call with a credit card!



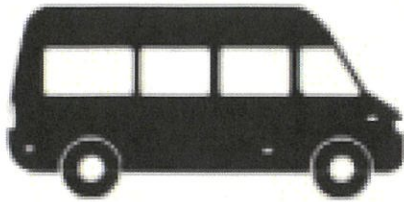
WEDNESDAY CRAFTS & COLORING CLUB

Please call the center to sign up for craft days to help ensure we have enough supplies! Crafts are free for NSC members. Non-members are welcome to participate in crafts for a small fee.



CHRISTMAS COMMUNITY DINNER





TRANSPORTATION

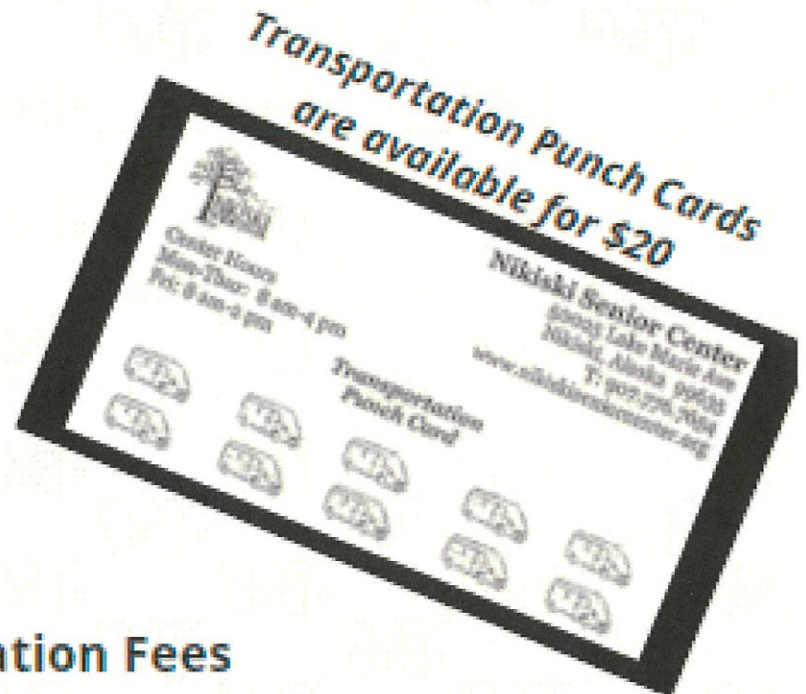
All Transportation

- Requires 24 hour notice
- Must be 55+
- Masks are required at all times while in vehicle

Free Rides to/from NSC!

We are now offering Free roundtrip transportation to the Nikiski Senior Center for lunch and activities offered M-F during normal business hours!

Boundaries are South Miller to Captain Cook



Other One-Way Transportation Fees

- *Nikiski - Nikiski... 1 punch (\$2)*
- *Nikiski - Kenai... 2 punches (\$4)*
- *Nikiski - K-Beach... 3 punches (\$6)*
- *Nikiski - Soldotna... 3 punches (\$6)*
- *Extra Stop(s)... 1 punch each (\$2)*

Call 907.776.7654 for more information

BINGO

Saturday

1/8/22 & 1/22/22

at the

Nikiski Senior Center

6-9 PM (doors open 5 pm)

KEEP CALM AND PLAY BINGO

CONCESSION



Robert Spillane is the winner of the Ashton Drake doll! Congratulations!

Becky Ogren is the winner of the Keurig Coffee Basket!



The NSC whale has been named...
WILMA MARIE!



*Sincere
Condolences*

TO THE FAMILY & FRIENDS OF

LON HOLLEYMAN

DIANA SUMMERS

DENISE GERHAUSER

TIME TO RENEW

Annual

Memberships

Can be renewed online,
in person, or by mail.
Please call if you have
any questions!

Annual—\$15

Lifetime- \$100

Lifetime Couple—\$175



Yoga with Katrina at Bella & Beyond

Join us on Wednesdays at 9:30 am for Yoga zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.

LIVE Music on Wednesdays

Thank you Nikki for continuously blessing us with your talent.

We welcome anyone with a musical gift to play.



Nikiski Senior Center or Service Area Boards

We are always recruiting for caring individuals that truly want to play a vested roll in their senior community. Once a month or quarterly meetings are required. Join us today and make a difference.

Silver Squad

Provide companionship, a warm heart, and a friendly conversation to help support our seniors as they isolate at home. These calls or visits provide emotional support, safety check-ins, and a connection to our senior community.



Helping Hands

Looking for men and women with basic home repair skills to help seniors and the disabled to live in the comfort and safety of their own home.

Pantry Hours:
Mon-Fri
9 am to 2 pm



Find out how you can pay it forward and become a volunteer!

776.7654

* All volunteers must be able to pass a background check.





Book Your Party Today!

Nikiski Senior Center can help with your catering needs. Call (907)776-7654 for details and pricing.



dinner's done
FREEZER MEALS WORKSHOP

Imagine:

- No nightly dinner prep/cleanup
- Better grocery budgeting
- Healthier eating habits

2 hours
+ **fresh ingredients**

10 MEALS FOR A FAMILY OF 5
20 MEALS FOR A FAMILY OF 2



Tuesday, January 18, 2022 from 4 pm—7 pm

Join us for our monthly Freezer Meal Workshops. Ingredients and supplies provided. Menu changes monthly. Call 776-7654 to sign up today. **Cost is \$150. "Warm & Hearty" is the menu theme**



FRIDAY

MOVIE NIGHT

JANUARY 14 & 28
AT THE NIKISKI SENIOR CENTER

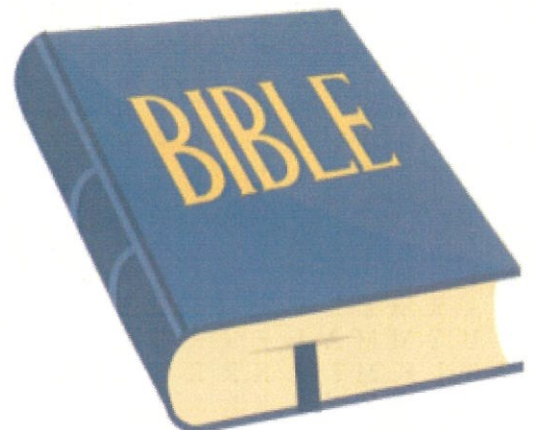


MEMBERS ARE FREE
\$10 FOR EVERYONE ELSE

MOVIE CHOICE(S)
WILL BE POSTED ON FACEBOOK

BIBLE STUDY

THURSDAYS 1-2PM





HAPPY BIRTHDAY!

1/1 Thomas Frazier

1/3 Janet Hudson

1/8 Jeff Williams

1/8 Linnie Randolph

1/9 Elizabeth McKee

1/10 Wenda Kennedy

1/10 Barbara Mulchaey

1/10 Ray Nickelson

1/11 Lynn Kocinski

1/13 Deborah Hayes

1/13 Gilbert Veal

1/14 Michelle Hartline

1/14 Donald Slaughter

1/14 Helen Colyer

1/14 Leanne King

1/16 Karen Taylor

1/17 Mary Olson

1/18 Wanna Kane

1/19 Eunice Witalec

1/21 Juliana Taylor

1/21 Russel Griffith

1/23 Janet McDonald

1/24 Mary Anne Cowgill

1/25 Sue Coup

1/25 Tom Johnson

1/26 Lyndon Manser

1/27 Cheryl Knudsen

1/29 Kathy Grimm

1/30 Jenne Long

C B V X Z I C B U O M E E K C M V S D C I X Z R K L N T E B
 N Q W H K B N A F T C V C J R P N K E L I Z A B E T H O H D
 B U Z A F D Y L K H N N Y L Y R E H C U A J P N I G W I T N
 H C V Y K L W Y S O V J O E C Z T H A M N N F P L A T X A J
 A L T E E R Z N G M F W Y L F T N K S F O I O L B A A N Y V
 B I B S E W J D V A W L A Z F Q Y Y J Q Z T C D H V N N L G
 P E S Y S B P O N S M I B J B G R T D I G P M E C A I A O F
 C U L V G V R N H M Q E L N H A R J A N Q K T A W M J A R G
 R O W I T A L E C N L H V L M C U Y I N A C N T E P Z Y V L
 C N M O P E B F D L S L D Q I W C K K E N N E D Y N O R G O
 S X A E N Y W U E F E O K B L A U Q Q P E C O N K A T H Y A
 G O N E V X A H Y A N L N P K X M F O C B C Y O W V I F E T
 I B S G K A C L N A W L M A A V C S D P S S U S H L Y N U E
 L P E X D I D N L H R G A T N W Q O M Q M I K L W O R J S A
 B D R E M V E D U T N L A E V W T T W F W Z Z E Y I F E D G
 E A Y I T I R G N E S D U N K O I U C G Q I A K E N R N E C
 R P J S Z A D G R I F F I T H I V M P K I N G C O E E N Q G
 T M K J D V T E X O E I A V H E T P D K A L T I B L J E X F
 W M Z N V R Y Z B M T E B A M S O C X I W S L N C E S J M R
 E G E O E B U M D O A B R U W Z C O L M J R M K V H D D G G
 E W W S B R Q W V J R T U F K Y M U T I P U Y M F S G A N T
 S U I L W A A K G L L A R S O H J A N X L G C F D L U T O W
 F M Z U J T E K N I F A H I C G P Z R C G A E O S I D T L L
 U R P P H Z Z N N O Z O B Q I B P L H V R J A L U D E Y K C
 X Y A K M X L E A I S D K N N L S A O A P P T Q Y P N X M P
 O J U Y M M A I E K R D R C S T E M B D Z T Q J F N O M E H
 L V S L K M I R K R K Y U R K Y E R V I N W H C E U N E L V
 B B F D K U Y R R P J T S H I I A N X F N A J A W D A I Q W
 I H G I D K I Q G L N W B F G B V B A R A E R I I C J A E G
 V H P N O S L O P U R E T H G U A L S J O Q M A R C I E I X

THOMAS	MARCE
FRAZIER	CURRY
JANET	KAREN
HUDSON	TAYLOR
JEFF	MARY
WILLIAMS	OLSON
LYNNIE	WANNA
RANDOLPH	KANE
ELIZABETH	EUNICE
MCKEE	WITALEC
WENDA	JULIANA
KENNEDY	RUSSEL
BARBARA	GRIFFITH
MULCHAEY	MCDONALD
RAY	ANNE
NICKELSON	COWGILL
LYNN	SUE
KOCINSKI	COUP
DEBORAH	TOM
HAYES	JOHNSON
GILBERT	LYNDON
VEAL	MANSER
MICHELLE	CHERYL
HARTLINE	KNUDSEN
DONALD	KATHY
SLAUGHTER	GRIMM
HELEN	JENNE
COLYER	LONG
LEANNE	
KING	

**NIKISKI SENIOR CENTER
JANUARY 2022
LUNCH / ACTIVITIES
CALENDAR**

ENTREE \$5
SALAD \$5
ENTRÉE & SALAD \$8
SALAD BAR CLOSED FRIDAYS

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!
Please call 776-7654 by 10 am to order a lunch for pick-up
Pick-up time will remain 11:30 am
Salad Bar opens at 11:30 am & Entrée is served at 12 pm

Mon	Tue	Wed	Thu	Fri	Sat
<p>SUNDAY BRUNCH JANUARY 9, 2022 11 AM - 2 PM EVERYONE IS WELCOME! COST IS \$10</p>					
<p>3 Chicken Fettuccini Alfredo Garlic Bread Veggies Dessert</p>	<p>4 Chicken Enchiladas Beef & Bean Burrito Spanish Rice Refried Beans Dessert</p>	<p>5 Fried Chicken Mashed Potatoes Dessert Zoom Yoga 9:30 am Crafts (yarn pups) 12:30-3 pm</p>	<p>6 Roast Pork Loin w/ Spinach & Mushrooms Au gratin Potatoes Veggies & Dessert Pinochle 12:30-4 pm Bible Study 1-2 pm</p>	<p>7 Grilled Ham & Swiss on Rye Tater Tots Soup Dessert</p>	<p>1 CLOSED 8 Happy New Year</p>
<p>10 Ham & Cheese Omelets Hash browns Sausage & Bacon French Toast Dessert</p>	<p>11 Fish & Chips Veggies Dessert</p>	<p>12 Fried Chicken Mashed Potatoes Dessert Zoom Yoga 9:30 am Crafts (birdhouse planters) 12:30-3 pm</p>	<p>13 Chicken Masala w/Egg Noodles, Garlic Bread Veggies Dessert Pinochle 12:30-4 pm Bible Study 1-2 pm</p>	<p>14 Hot Sub Sandwiches Onion Rings Soup Dessert 15 Movie Night 6-9 pm</p>	<p>15 Cribbage 1-5 pm Bingo 6-9 pm</p>
<p>17 CLOSED Martin Luther King Jr</p>	<p>18 Meatloaf Bacon Ranch Mashed Potatoes & Gravy Veggies Dessert</p>	<p>19 Fried Chicken & Mashed Potatoes, Dessert Zoom Yoga 9:30 am Crafts (sock snowman) 12:30-3 pm Annual NSC Board Meeting 1 pm</p>	<p>20 Turkey Pot Pie Veggies Fried Zucchini Dessert Pinochle 12:30-4 pm Bible Study 1-2 pm</p>	<p>21 Hot Pastrami on Rye Tater Tots Shakes</p>	<p>22 Cribbage 1-5 pm Bingo 6-9 pm</p>
<p>24 Lasagna, Garlic Bread, Veggies & Dessert 31 Stuffed Green Peppers, Rice, Veggies & Dessert</p>	<p>25 Marinated Apple Pork Chops, Scallop Potatoes Veggies Dessert</p>	<p>26 Fried Chicken Mashed Potatoes Dessert Zoom Yoga 9:30 am Crafts (pa int birdhouse planters) 12:30-3 pm</p>	<p>27 Sweet & Sour Pork Sticky Rice Stir Fried Veggies Pot Stickers Dessert Pinochle 12:30-4 pm Bible Study 1-2 pm</p>	<p>28 Meatball Sub Sandwich French Fries Root Beer Float</p>	<p>29 Movie Night 6-9 pm Cribbage 1-5 pm</p>

Activity Highlights

- Lunch drive through 11:30 am (please attempt to order by 10 am)
- Yoga: Wednesdays 9:30-10:30 am, in person or remote delivery
- Crafts & Coloring Club: Wednesdays 12:30 pm
- Pinochle: Thursdays 12:30-4 pm
- Bible Study: Thursdays 1-2 pm
- Cribbage: Saturdays 1-5 pm
- Movie Night: Friday 1/14/22 & 1/28/22 @ 6 pm
- BINGO: Saturday 1/8/22 & 1/22/22 @ 6 pm (doors open at 5 pm)
- Sunday Brunch 1/9/22 from 11am-2 pm
- NSC Annual Board Meeting: Wednesday 1/19/22 @ 1 pm
- **CLOSED—Jan 1 Happy New Year!**
- **CLOSED—Jan 17 Martin Luther King Jr Day**

Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: