Quality of Life for Seniors.



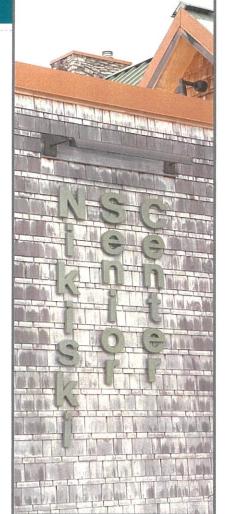
DIRECTOR'S MESSAGE

As promised, October has been a fun month thus far! Activity participation has doubled. From Freezer Meal workshops, crafts, and movie night to yoga, pinochle, and cribbage. We have something for everyone! If you have any suggestions or wishes that you would like to see at the center, please let us know. We welcome your feedback. We continue to make as many of our activities and services available via zoom. We are fortunate to have devices with built in internet for members to check out.

New in November, Sunday Brunch! Please join us on November 21st from noon to 3 pm. The price is \$10/person. Sunday Brunch will be once a month. If we have outstanding participation, we will consider adding additional days.

Our local Music Teacher, Geri Brigham requested an opportunity for her Home School Students to perform at the center. We are looking for an upright piano. If you or someone you know is looking to rehome a piano, please send them our way.

November is the month to recognize our blessings. I am thankful for each and every one of you.





Thursday, Nov 12 for Veteran's Day Thursday, Nov 25 for Thanksgiving Friday, Nov 26 for Thanksgiving Center Hours:

Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

BOARD, COMMITTEES, AND MEETING SCHEDULE

Senior Center Board Meetings

@ 1:00pm
November 17th
December 15th

YOUR VOICE RS



All current events are posted on our Facebook page.



www.NikiskiSeniorCenter.org

FRIDAY

MOVIE NIGHT

NOVEMBER 5 & 19 | 6:00 PM

AT THE NIKISKI SENIOR CENTER

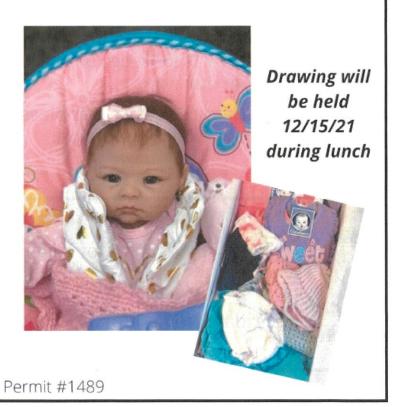


Follow us on Facebook for Movie Choice Announcement



ASHTON-DRAKE DOLL RAFFLE

Tickets are \$10 ea
(Doll comes with assorted clothing)



WEDNESDAY CRAFTS



Pumpkin Painting was a hit for all ages! Such creativity!





Wreath making was a popular craft which led to the upcoming November class of "bow tying."



If you have been to the center lately, you have seen the beautiful wreaths on display—made and donated by Debbie Goforth. She will have some wreaths for sale at our Craft Fair December 4th.



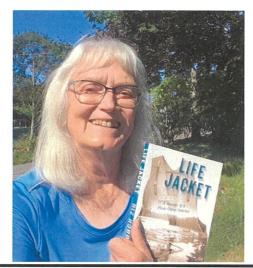


Vendors call (907)776-7654 to reserve your space! (\$15/space or \$25/space w/table provided)



by 2 pm on Friday, 11/19/21

Author, Biz Robbins, will have a presentation on Wednesday, November 10, 2021 at 1 pm at the Nikiski Senior Center.



NAME THAT WHALE:

Circle your favorite & put in suggestion box at NSC front desk.

Bubbles Wilma
Willie Berta
Wanda Julie



CHRISTMAS STOCKING DONATIONS

We have the stockings, but need the stuffers!

The Nikiski Senior Center will be handing out stockings to pantry participants. We would love to have them overflowing with goods, but

Items Needed:

chapstick
lotion
shampoo/conditioner
toothbrush/toothpaste
comb/hairbrush
candy canes
wrapped candy
hot cocoa
pen/notepad
gift cards







Do you know a Senior 55 or older needing transportation assistance? Nikiski Senior Center offers FREE transportation through CARTS for Seniors in Nikiski. Call us for details and to register!



TIME TO RENEW!

Annual Memberships expire on Dec 31.

Yoga with Katrina at Bella & Beyond

Join us on Wednesdays at 9:30 am for Yoga zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.

LIVE Music on Wednesdays

Thank you Nikki for continuously blessing us with your talent.

We welcome anyone with a musical gift to play.

November Wednesday Crafts

Please call the center to sign up for craft days to help us ensure we have enough supplies! Crafts are free for NSC members!

Winter BINGO Season has begun

We are waiting on pins and needles for our new electronic BINGO system to arrive! We are back to Saturday nights. Wings will be added to our concessions stand.

BINGO funds are used to support our scholarship program, community fundraisers, and general funds to better serve our seniors and community at NSC.



Saturdays
11/6/21 & 11/20/21
at the
Nikiski Senior Center
6-9 PM (doors open 5 pm)



Book Your Christmas Party Today! Nikiski Senior Center can help with your catering needs. Call (907)776-7654 for details and pricing.



Pantry Hours: Mon-Fri 9 am to 2 pm



done dinners



- No nightly dinner prep/cleanup
- Better grocery budgeting
- Healthier eating habits

2 hours + fresh ingredients

10 MEALS FOR A FAMILY OF 5 Next Workshop 20 MEALS FOR A FAMILY OF 2

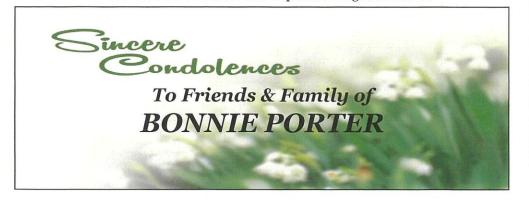


Join us for our monthly Freezer Meal Workshops. Ingredients and supplies provided. Menu changes monthly. Call 776-7654 to sign up today. Next Workshop will be Thursday, 11/18/21 @ 4 pm. Cost is \$150.



Find out how you can pay it forward and become a volunteer! 776.7654

* All volunteers must be able to pass a background check



NEW! SUNDAY **BRUNCH** Nov 21 12-3 pm \$10/person **Eggs Benedict** Waffles Fruit Bar **Scrambled Eggs** Hashbrowns Cinnamon Rolls Salad Bar Soup Bacon/Sausage/Ham

& MORE



		11/7	Jeff Laube
11/1	Tim Griffith	11/7	Joe Lemieux
11/3	Fred Braun	11/9	Brenda Strother
11/3	James Roza	11/9	Carol Unruh
11/4	Elizabeth Robbins	11/9	Linda Hansen
11/5	Susan Larsen	11/9	Marilyn Shilue
11/5	Bill Baird	11/10	BK Kivi
11/7	Debra Choat	11/11	Mary Johnson

11/11	John Warkentin
11/12	Locy Brown
11/12	Barbara Arness
11/13	Sheila Holtzen
11/15	Marilyn Harman
11/15	Richard McGahan
11/18	Florence Struempler
11/19	Marilyn Williams
11/19	Darrell Moore
11/21	Marion Nickelson
11/22	Hal Smalley
11/25	Marie Bradford
11/26	Laurajean Kear
11/27	Gary Gabbett
11/29	Georgina Gipson

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FRED	LOCY
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JAMES	BARBARA
ROZA	ARNESS
ELIZABETH	SHEILA
ROBBINS	HOLTZEN
SUSAN	HARMAN
LARSEN	RICHARD
BILL	MCGAHAN
BAIRD	FLORENCE
DEBRA	STRUEMPLER
CHOAT	WILLIAMS
JEFF	DARRELL
LAUBE	MOORE
JOE	MARION
LEMEUX	NICKELSON
BRENDA	HAL
STROTHER	SMALLEY
CAROL	MARIE
UNRUH	BRADFORD
LINDA	LAURAJEAN
HANSEN	KEAR
MARILYN	GARY
SHILUE	GABBETT
BK	GEORGINA
KIVI	GIPSON
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JOHNSON

CENTER		IES	
NIKISKI SENIOR CENTER	er 2021	/ACTIVITI	OVU
NIKISKI	November	LUNCH	CALENDAD

SALAD BAR IS OPEN!!

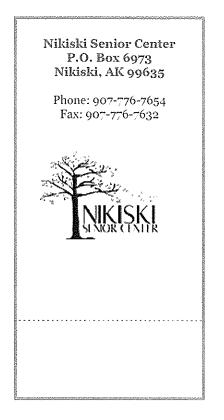
ENTREE \$5
SALAD \$5
ENTRÉE & SALAD \$8
SALAD BAR CLOSED FRIDAYS

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!
Please call 776-7654 by 10 am to order a lunch for pick-up
Pick-up time will remain 11:30 am
Salad Bar opens at 11:30 am & Entrée is served at 12 pm

80 am & Entrée is served at 12 pm	Sat	6 Cribbage 1-5 pm Bingo 6-9 pm (doors open @ 5 pm)	13 Cribbage 1-5 pm	20 Cribbage 1-5 pm Bingo 6-9 pm (doors open @ 5 pm) 27 No Cribbage	Sunday Brunch will be on November 21st from 12-3 pm \$10/person (reservations appreciated)
Salad Bar opens at 11:30 am & Entrée is served at 12 pm	Fri	5 Reuben Sandwich Fries Malt Shake Movie Night 6 pm	12 CLOSED For Veteran's Day	Bacon Cheeseburger Homemade Mac & Cheese Root beer Float Movie Night 6 pm 26 CLOSED Happy Thanksgiving	Sunday B. November 2 \$10/person (res
Salad Bar o	Thu	4 Beef Stroganoff Over Egg Noodles Veggies, Rolls Dessert	11 VETERANS EAT FREE BBQ Ribs Baked Beans Baked Potatoes & Corn Dessert	18 Chicken Fried Steak Parsley & Garlic Red Potatoes, Veggies & Dessert Pinochle 12:30-4 pm Freezer Meal 4 pm 25 CLOSED Happy Thanksgiving	ine in and drive Friday 11/19/21 inner 11/24/21
SALAD BAR CLOSED FRIDAYS	Wed	3 Fried Chicken Mashed Potatoes Dessert Zoom Yogo 9:30 om Orofts (gnomes) 12:30-3 pm	10 Fried Chicken Mashed Potatoes Dessert Zoom Yoga 9:30 am Crafts (birdhouse) 12:30-3 pm Author Biz Robbins @ 1 pm	17 Fried Chicken Mashed Potatoes Dessert Zoom Yogo 9:30 am Orafts (bows) 12:30-3 pm NSC Board (MISS 1 pm 24 FREE Community Thanksgiving Dinner Zoom Yogo 9:30 am (No Crafts)	Reservations for dine in and drive through required by Friday 11/19/21 for Thanksgiving Dinner 11/24/21
	Tue	2 Stuffed Cabbage Rolls Rice Veggies Dessert	9 Beef Pot Roast Veggies Rolls Dessert	16 Tacos Chicken Enchiladas Shredded Pork Burritos Beans Spanish Rice Dessert 23 Fried Catfish Hushpuppies Beans & Rice	30 Calzone (assorted) Bread Sticks & Marinara Sauce Veggies Dessert
CALENDAR	Mon	1 Denver Scramble Hash Browns Raspberry Cheese Crepes Dessert	8 Chicken & Dumplings Veggies Dessert	Grilled Pork Chops Baked Sweet Potatoes Veggies Dessert 22 Sweet & Sour Pork Fried Rice Chow Mein Noodles Egg Rolls Stir Fried Veggies Dessert	29 Meatloaf Mashed Potatoes & Gravy Veggies Dessert

Activity Highlights

- Lunch drive through 11:30 am (please attempt to order by 10 am)
- Yoga: Wednesday 9:30-10:30 am, in person or remote delivery
- Freezer Meal Workshop: Thursday 11/18/21 @ 4 pm
- Pinochle: Thursdays 12:30-4 pm
- Cribbage: Saturdays 1-5 pm
- Movie Night: Friday 11/5 & 11/19 @ 6 pm
- BINGO: Saturdays, 11/6/21 & 11/20/21 @ 6 pm (doors open at 5 pm)
- NSC Board Meeting: Wednesday 11/17/21@1pm
- · CLOSED—Nov 12 in observance of Veteran's Day
- CLOSED—Nov 25 & 26 for Thanksgiving



PLEASE PLACE STAMP HERE

To: