Quality of Life for Seniors.

October 2021 Volume 1, Issue 10

DIRECTOR'S MESSAGE

Our Fall Fundraiser was a smashing success! A great big thank you to The Compass Crew for volunteering to serve at the event, Kassik's Brewery for donating their time and product, Sportsman's Warehouse for helping make our gun raffle a success, and many other volunteers in the kitchen and on the floor. The event also wouldn't have been as successful without all of the people that came to support our cause.

We raised \$13,378.12. Almost a thousand dollars more than our last fundraiser.! \$5,351.25 will go to our Nikiski Senior Scholarship Program and \$8,026.87 will go toward NSC programs.

October will be a fun month. We have new weekly crafts. From wreath making to pumpkin carving. View what's coming on our website events page or Facebook.

Lastly, I will be out of State the first week of November attending a grant conference. Initially, I registered to keep up with changes in the grant world, however, I was invited to teach a class while I am there. I am so excited to teach, learn, and bring back new knowledge to improve our center.



Our amazing servers from The Compass



Sasha

Center Hours: Monday through Thursday 8 am to 4 pm Friday 8 am to 2 pm 907.776.7654

Come In and See Our New Addition

BOARD, COMMITTEES, AND MEETING SCHEDULE

Senior Center Board

Meetings

@ 1:00pm October 20th (qtrly mtg) November 17th December 15th

Service Board Meetings

@ 4:00pm October 27th





All current events are posted on our Facebook page.



Our longtime member, Tommy Garber envisioned a whale chasing salmon amongst our rafters. His vision is coming true. Our whale has been hung and salmon are to follow next year. Come to the center to see his beautiful work and help us name her!

Introducing Friday Night Movie Night

Our first movie premier will be "Tecate's Second Chance". This movie documentary is near and dear to our member Larry Nudsen, who has graciously volunteered to present historical knowledge on the story of an ill-fated 1942 Douglas DC-3 airplane, from a difficult salvage from a crash site in Mexico to her final demise.

Our second premier will be " Cry Macho" with Clint Eastwood. This movie is about a one-time rodeo star and a washed-up horse breeder who takes a job to bring a man's young son home and away from his alcoholic mom. On their journey, the horseman finds redemption through teaching the boy what it means to be a good man.

Popcorn and beverages will be provided.





Now Offering Catering

Nikiski Senior Center can help with your catering needs. Food for your meeting, sweets for a baby or bridal shower, looking for a catered dinner at your holiday party, wedding, anniversary, or birthday party? The options are endless. Call us today for specifics and pricing information.











Join us for our monthly Freezer Meal Workshops. All ingredients and supplies provided. Menu changes monthly. Call to sign up today.







Do you know a Senior 55 or older needing transportation assistance? Nikiski Senior Center offers FREE transportation through CARTS for Seniors in Nikiski. Call us for details and to register!



Yoga with Katrina at Bella & Beyond

Join us on Wednesdays at 9:30 am for Yoga zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.

LIVE Music on Wednesdays

Thank you Nikki for continuously blessing us with your talent.

We welcome anyone with a musical gift to play.

Winter BINGO Season has begun

We are waiting on pins and needles for our new electronic BINGO system to arrive! We are back to Saturday nights. Wings will be added to our concessions stand.

BINGO funds are used to support our scholarship program, community fundraisers, and general funds to better serve our seniors and community at NSC.



October Wednesday Crafts

- October 6th: Fall Votive
- October 13th: Pumpkin Carving or Painting
- October 20th: Wreaths
- October 27th: Soap Making

Please call the center to sign up for craft days to help us ensure we have enough supplies!







Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

Nikiski Senior Center Pantry

The NSC pantry is stocked and available to seniors 50 and older who live in the Nikiski Community. Recipients can come by Monday through Friday from 9 am to 2 pm once every 14 days.

Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

Computer Lab Is Open

Our computer lab is up and running. Whether you need to use a computer or learn how to use a computer, NSC Staff is here for you. Call to set up an appointment. Lab is open during regular business hours.

Laptop check out available

Do you have internet access but not a device to take care of your business? We have laptops available for check out.

Remote Services available

Did you know that we offer activities via zoom? Yoga and Book Club to name a few. We even have internet devices for you to check out and enjoy these activities with. Its not as hard as you may think. Give us a call so we can share with you.



www.NikiskiSeniorCenter.org

Pantry Hours: Mon-Fri 9 am to 2 pm















Kelly's Yummy Dinner Rolls

- 4 Cups all purpose flower
- 1/4 Cup butter
- 2 tsp salt
- 6 Tbs Sugar
- 3 tsp Dry yeast
- 1 Cup milk
- 3 Cups warm water

Add yeast and sugar to 3 cups of warm water, stir well, let sit for 10 minutes or until it builds froth.

Add all other ingredients into a mixing bowl. Mix on low to incorporate ingredients.

Add yeast and sugar water mixture to all other ingredients and mix on low until a smooth soft ball forms.

Let rest in warm area for about 1 hour, it should double in size. Break down (kneed) loaves or rolls. Let rest again until double in size.

Bake at 325-350 for about 25 minutes or until golden brown.



<u>Salad Bar is Open!!</u>

Due to popular demand... the salad bar is open at the NSC for dine in only. We have listened to our members suggestions and will have 3 options available for lunch:

Entrée \$5 Salad Bar \$5 Combo (Entrée & Salad Bar) \$8

Lunch Punch Cards are available for purchase either a \$50 punch (10 ea \$5 lunches) or \$80 punch (10 ea \$8 lunches).





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NELSON

NIKISKI SENIOR CENTER October 2021 LUNCH /ACTIVITIES CALENDAR

SALAD BAR IS OPEN!! ENTREE \$5

ENTREE \$5 SALAD \$5 ENTRÉE & SALAD \$8

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER! Please call 776-7654 by 10 am to order a lunch for pick-up Pick-up time will remain 11:30 am Salad Bar opens at 11:30 am & Entrée is served at 12 pm

salad bar opens at 11:30 am & chtree is served at 12 pm	Sat	cribbage 1-5 pm	9 BINGO 6 - 9 pm Wings available at concessions! Cribbage 1-5 pm	16) Cribbage 1-5 pm	23 BINGO 6 - 9 pm Wings available at concessions! Concessions!	30
opens at 11:50 am 🗙	Fri	1 Mushroom Swiss Burger Tater Tots Banana Split (dine in)	8 Hot Subs <i>(ham, turkey, pepperoni,</i> <i>And corn beef)</i> Chips Shakes (dine in)	15 Cheeseburger Fries Ice Cream Sundaes (dine in) Movie Night 6:00 pm	22 Patty Melt Tater Tots Mud Pie Ice Cream Cake (dine in)	29 Buffalo Wings Fries Shakes (dine in) Movie Night 6:00 pm
Jalad Dar	Thu		7 Ribs Baked Beans Veggies & Roll Dessert Welcome Agrium Retirement Group!	14 Fried Catfish Rice Hushpuppies Veggies Dessert	21 Meatloaf Scallop Potatoes Veggies Dessert	28 Mongolian Beef Fried Rice Egg Roll Stir-fry Veggies Dessert
	Wed		6 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Fall Votive Craft 1:00 pm to 3:00 pm	13 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Pumpkin Carving 1:00 pm to 3:00 pm	20 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Wreath Making Craft 1:00 pm to 3:00 pm Quarterly BOD Mtg 1:00 pm	27 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Soap Making Class 1:00 pm to 3:00 pm Service Area Board Mtg 4:00 pm
	Tue		5 Pork Chop Au gratin Potatoes Veggies Dessert Freezer Meal Workshop 4pm	12 Roasted Pork Loin Roasted Red Potatoes Veggies Dessert	19 Beef Enchiladas Spanish Rice Beans & Corn Dessert	26 Burger Steak with Mushrooms & Onions Twice Baked Potatoes Veggies Dessert
CALENDAR	Моп		4 Chicken Pot Pie Fry bread Veggies Dessert	11 Waffles & strawberries Scrambled Eggs Sausage Dessert	18 Fish & Chips Veggies Roll Dessert	25 Spaghetti & Meatballs Veggies Garlic Bread Dessert

<u>Activity Highlights</u>

- Lunch drive through 11:30 am (please attempt to order by 10 am)
- Yoga: Wednesday 9:30-10:30 am, in person or remote delivery
- Freezer Meal Workshop: Tuesday, October 5th
- Pinochle: Thursdays 12:30-4 pm
- Cribbage: Saturdays 1-5 pm
- Movie Night: Friday, October 15th and 29th
- BINGO: Saturdays, 10/09/21 and 10/23/21 @ 6 pm (doors open at 5 pm)
- NSC Quarterly Board Meeting: Wednesday 10/20/21 @ 1 pm
- NSC Quarterly Service Area Board Meeting: Wednesday 10/27/21@4 pm











PLEASE PLACE STAMP HERE

To: