



DIRECTOR'S MESSAGE

A great big "Thank you" to our members and community for your understanding and patience while NSC Staff healed from COVID. We are back on track and all services and activities will resume as usual.

Our Fall Fundraiser is just around the corner. We only have 35 tickets left to sell. It is going to be a wonderful evening of fun, food, and socializing. Be sure and call to get your ticket today.

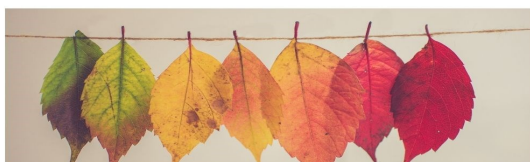
Sasha

NIKISKI SENIOR CENTER FALL FUNDRAISER

50025 Lake Marie Ave
907.776-7654.

Saturday, September 18, 2021

- ***Tickets are \$50/person & include a Prime Rib or Chicken Cordon Bleu Dinner.***
- ***Doors open @ 4 pm***
- ***Wall of Guns @ 5 pm***
- ***Dinner @ 6 pm***
- ***Auctions & Raffles throughout the evening***
- ***Seating is limited (125)***
- ***Call (907)776-7654 to reserve your seat today!***



Center Hours:

Monday through
Thursday

8 am to 4 pm

Friday 8 am to 2 pm

907.776.7654

**BOARD, COMMITTEES,
AND MEETING
SCHEDULE**

Senior Center Board

Meetings

@ 1:00pm

September 15th

October 20th (qtrly mtg)

November 17th

December 15th

Service Board

Meetings

@ 4:00pm

October 27th

**YOUR VOICE
MATTERS**



All current events are
posted on our Facebook
page.



Meals on Wheels

Delivery drivers and kitchen help needed so no senior goes hungry!

Helping Hands

Looking for men and women with basic home repair skills to help seniors and the disabled to live in the comfort and safety of their own home.

Silver Squad

Provide companionship, a warm heart, and a friendly conversation to help support our seniors as they isolate at home. These calls or visits provide emotional support, safety check-ins, and a connection to our senior community.

Nikiski Senior Center or Service Area Boards

We are always recruiting for caring individuals that truly want to play a vested roll in their senior community. Once a month or quarterly meetings are required. Join us today and make a difference.

**Find out how you can pay it forward and
become a volunteer!**

776.7654

* All volunteers must be able to pass a background check.



Now Offering Catering

Nikiski Senior Center can help with your catering needs. Food for your meeting or bbq, sweets for a baby or bridal shower, looking for a catered dinner at your wedding, anniversary, or birthday party? The options are endless. Call us today for specifics and pricing information.





Catering Services

907.776.7654

BREAKFAST

Continental | \$10 pp
choose a total of 5 items from Patisserie-Farmer-Harvest lists

Protein Packed | \$13 pp
choose a total of 7 items from the Patisserie-Farmer-Harvest lists

Homestyle | \$13 pp
choose 1 item from Morning Glory; includes Home Fries-Fresh Fruit-Patisserie

Create-Your-Own | \$TD
choose items from the list below

Patisserie Danish Bagels - Cream Cheese Butter Jam Muffins Scones - Butter Jam Devonshire Cream Farmer Yogurt Granola Cottage Cheese Sliced Cheeses Hard Boiled Eggs Deviled Eggs Assorted Roasted Nuts Smoked Salmon Sliced Black Forest Ham Bacon Sausage	Harvest Fruit Platter Whole Fresh Fruit Sliced Tomatoes Roasted Asparagus Sliced Avocado Home Fries Morning Glory Oatmeal Bar Scrambled Eggs Croissant Breakfast Sandwich Breakfast Burrito Quiche Frittata - GF French Toast Bake
---	--

Minimum Order | \$200
 Service Fee | 15% applied to all food and beverage orders
 Dining Room Availability | M-F mornings until 11 am, afternoon/evening after 3 pm, weekends all day
 Mezzanine Availability | Every Day All Day
 Conference Room | Every Day All Day
 Multi-Purpose Room | Every Day All Day, except Thursdays



Catering Services


907.776.7654

LUNCH

NY Style Deli Buffet | \$14.50 pp
 Sliced Deli Meats & Cheeses
 Relish Platter - Tomatoes | Red Onions | Pickles | Lettuce
 Assorted Sandwich Breads
 Assorted Chips
 Deli Salad - Potato | Tortellini | Roasted Vegetables | Caesar Pasta or Soup Du Jour
 Soda | Iced Tea | Lemonade | La Croix

Lunch Du Jour | \$10 pp
 See Menu Calendar | Fresh Baked Cookies | Soda | Iced Tea | Lemonade | La Croix

Soup & Salad | \$12 pp
 Hearty Soup | Mixed Greens | Assorted Salad Toppings | Bread Boules | Fresh Baked Cookies
 Soda | Iced Tea | Lemonade | La Croix



Catering Services

907.776.7654

DINNER

Entrees | Includes rolls and choice of salad and two side accompaniments
 Chicken Cordon Bleu | \$22
 Roasted Pork Loin with Thyme-Dijon Demi Glaze | \$20 pp
 Sonoma Chicken | \$21 pp
 Halibut | Market Price
 Beef - flat iron? Strip? Hanger? Beef Tenderloin? | \$28 pp
 Lasagna | \$18 pp

Salads
 Caesar
 Balsamic Greens
 Chopped Wedge

Accompaniments
 Potatoes - Mashed | Herb Roasted | Sweet-Savory
 Rice Pilaf
 Pasta
 Bacon-Balsamic Green Beans
 Dill Carrots
 Roasted Seasonal Vegetables

Dessert | Additional \$4 pp
 Cheesecake
 Tart - Berry | Apple | Peach
 Chocolate Decadence
 Cake - Vanilla | Chocolate

Minimum Order | \$200
 Service Fee | 15% applied to all food and beverage orders
 Dining Room Availability | M-F mornings until 11 am, afternoon/evening after 3 pm, weekends all day
 Mezzanine Availability | Every Day All Day
 Conference Room | Every Day All Day
 Multi-Purpose Room | Every Day All Day, except Thursdays



Yoga with Katrina at Bella & Beyond

Join us on Wednesdays at 9:30 am for Yoga zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.



Do you know a Senior 55 or older needing transportation assistance? Nikiski Senior Center offers FREE transportation through CARTS for Seniors in Nikiski. Call us for details and to register!



LIVE Music on Wednesdays & Thursdays

We are blessed to have very talented members that graciously share their love of music with us. Thank you Nikki & John!

We welcome anyone with a musical gift to play.

BINGO Season is extended!

We are waiting on pins and needles for our new electronic BINGO system to arrive! Wednesday bingo is scheduled for September 8. Saturday bingo will resume in October. BINGO funds are used to support our scholarship program, community fundraisers, and general funds to better serve our seniors and community at NSC.

Mandala Painting Class

Thanks to Ms. Barb, Mandala painting class has become a popular activity at NSC. Class is free for members. September class start date TBD. Open enrollment. Call to sign up today!



Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.



www.NikiskiSeniorCenter.org

Nikiski Senior Center Pantry

The NSC pantry is stocked and available to seniors 50 and older who live in the Nikiski Community. Recipients can come by Monday through Friday from 9 am to 2 pm once every 14 days.

Pantry Hours:
Mon-Fri
9 am to 2 pm



Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

Computer Lab Is Open

Our computer lab is up and running. Whether you need to use a computer or learn how to use a computer, NSC Staff is here for you. Call to set up an appointment. Lab is open during regular business hours.



Laptop check out available

Do you have internet access but not a device to take care of your business? We have laptops available for check out.



Remote Services available

Did you know that we offer activities via zoom? Yoga and Book Club to name a few. We even have internet devices for you to check out and enjoy these activities with. Its not as hard as you may think. Give us a call so we can share with you.



SEPTEMBER 11, 2001

I remember.

“Remembering Everyone Deployed” **Fridays: Let's Wear Red America**

Wearing a specific colored shirt might seem like a trivial act but the meaning behind it is significant. It translates to mean that you are prepared for your day, you recognize that others are playing an active role to allow you to go to work or class with relative peace of mind that you are safe. This movement is focused on our support of the troops, their families and their sacrifices during deployments. With the wearing of red attire on R.E.D. Friday, it is a common and unified acknowledgement of our service members to let them know that we have not forgotten them and we appreciate their sacri-

FREEZER MEAL WORKSHOP



Cooking activities coming in
September!

Call to sign up for our
Freezer Meal or Bread
making workshops.

tuesdays





Strawberry Pretzel Salad

- 2 cups crushed pretzels
- 3/4 cup butter, melted
- 3 T. white sugar
- 1 8oz. Package cream cheese, softened
- 1 cup sugar
- 1 8oz. container frozen whip topping, thawed
- 2 3oz. packages strawberry Jell-o
- 2 cups boiling water
- Fresh or frozen strawberries, raspberries, or blueberries to taste

Preheat oven to 400 degrees.

Stir together crushed pretzels, melted butter and 3 T. sugar; mix well and press mixture into the bottom of a 9x13 baking dish.

Bake 8 to 10 minutes. Set aside to cool.

In large mixing bowl cream together cream cheese and 1 cup sugar. Fold in whipped topping. Spread mixture onto cooled crust.

Dissolve gelatin in boiling water. Stir in frozen or fresh berries and allow to set briefly. When mixture is about the consistency of egg whites, pour and spread over cream cheese layer. Refrigerate until set. Enjoy!

Salad Bar is Open!!

Due to popular demand... the salad bar is open at the NSC for dine in only. We have listened to our members suggestions and will have 3 options available for lunch:

Entrée	\$5
Salad Bar	\$5
Combo (Entrée & Salad Bar)	\$8

Lunch Punch Cards are available for purchase either a \$50 punch (10 ea \$5 lunches) or \$80 punch (10 ea \$8 lunches).



Sasha and Kelly looking so professional in their new chef coats!



9/1	Peggy	Nash	9/16	Terry	Cairns
9/1	Julia	Weeks	9/16	David	Unruh
9/2	Anna	Ludy	9/16	Brandie	Ware
9/2	Kathy	Wolf	9/17	Ron	Burdick
9/4	Paul	Huber	9/18	Stanley	Gerhauser
9/4	Ted	Carlson	9/18	Kelly	Newcomb
9/8	Susan	Malmquist	9/19	Pam	Dominguez
9/8	Katherine	Gauden	9/20	Vernon	Nowell
9/9	Steven	Carter	9/20	Sharon	Burdick
9/9	Denny	Doolittle	9/21	Richard	Delene
9/9	Dave	Croze	9/23	Nora	Ribbens
9/10	Norman	Olson	9/25	William	Starnes
9/11	Charles	Toloff	9/26	Robert	Smith
9/11	Barbara	Anderson	9/28	Darrell	Baier
9/13	Jeannie	Smith	9/29	Inara	Rudmanis
9/13	Dil E.	Uhlin, Sr.	9/29	Rickey	Hancock
9/14	Dusty	Rhodes	9/30	Linda	Williams
			9/30	Gary	Peppenger



**Members, your
birthday lunch is on
us!**

E G K T P T R E B O R K F Y W T J Q E Y J D V A R K W T F M
I S M E C G I N Q X M H E R G E X N N F N A R A N I N G R K
O K A B V S S E A K C Y N P A J I O W W D I G B P I S U I S
P M K F H Q L Y R M H H O N A R M R E S D L I S M P K V E P
K N O E L F U W K H K P N R E W D I S U R U E Y O R N V W R
B O J S I N F U K O S I S H X E I O X H T J Y V S R T A L S
W B L A V X P X E D E N T Y T H J E P T D D B U J P A Y M Q
K G W J Z V C C R M K A J Y J G G D G V C M U S Q I S A R C
C O V A Q Q V Z A C K S O Y E F G J A H Q J O S Y Z K U D X
A D U Y Z T P P N B H U D F F P T L E V A D T J T G P C H B
W Y Q S B Z T A N V O S R Q J X S E U N I R A R L Y B W O J
Q B M E G E M P A Y O A D Y J X M W R A S D J F I W V I Z I
W C A Q Z R I S K K Q S V E R N O N C R P U L E N V H I K Y
G Z J H O P L Q R L N C B W B O W E X Z Y V E I D N A R B G
R Y A N K Q W H S K J N J I X C U T G L L J H Q A B V Y S G
T X P V Y Q R M G A R Y N L J M G Y S R J F Y S K K L J I E
V K B Q L P T K D S Q E Z L B G N K Z K J E O O G F L L Z P
Q E P G K L R B I C T C T I L V M M L X K P S Z I E E S P O
F L Q O N A M I W U U F P A B L I X F C T D V D L S R A C I
S L A H K O T T B W X E S M D Q L K I L R P S O T A R I Y R
E Y L A S N N H V N M D T W P T A R Q A J T B A R B A R A J
U M F M U L C D Y F C F E V N E Z R H V Y P N N K Y D Z R Y
N Z Q A P H I Z D J S R V Y G R B C A F W L N R J D B M F N
J M A R D U J Y P G T A E O K I I H B Z E A E S C A Q M X N
C M X O L A V Y O V Q L N U T R D Y V Y V K J E O I C L U E
R C H N G S W D G D B K U P V X D V S E I I N L X D Z W B D
U H Y U C F C U R N G Z E A D I L E M D W M F R N F T L U T
A U X F D C G W B M J K U Q U J P G K O S S I A S H A R O N
L S K U E V A H C P X J J P W O M J Q K W E Z H I N T V A G
N F S Y Y P I R M H R P C R W Y L P L P D M H C J X J L Z V

PEGGY DARRELL
JULIA INARA
ANNA RICKEY
KATHY LINDA
PAUL GARY
TED
SUSAN
KATHERINE
STEVEN
DENNY
DAVE
NORMAN
CHARLES
BARBARA
JEANNIE
DIL
DUSTY
TERRY
DAVID
BRANDIE
RON
STANLEY
KELLY
PAM
VERNON
SHARON
RICHARD
NORA
WILLIAM
ROBERT

NIKISKI SENIOR CENTER
September 2021
LUNCH /ACTIVITIES
CALENDAR

SALAD BAR IS OPEN!!

ENTREE \$5
 SALAD \$5
 ENTRÉE & SALAD \$8

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!
 Please call 776-7654 by 10 am to order a lunch for pick-up
 Pick-up time will remain 11:30 am
 Salad Bar opens at 11:30 am & Entrée is served at 12 pm

Mon	Tue	Wed	Thu	Fri	Sat
6 CLOSED Labor Day	7 Fish & Chips Veggies Rolls	1 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am	2 Swedish Meatballs With Pasta	3 BBQ Wings & Legs On the grill French Fries Banana Split (dine in)	4
13 Biscuits & Gravy Sausage Scrambled Eggs	14 Roast Pork Loin w/mushroom Sauce Roasted Red Potatoes Veggies	8 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Crafts 12:30-3 pm Mandala Class 1-2 pm Bingo 6-9 pm	9 Meatloaf Augratin Potatoes Pinochle 12:30-4 pm	10 Bacon Cheeseburgers Tater Tots Ice Cream Sunday (dine in)	11 Cribbage 1-5 pm
20 Blueberry Pancakes Scrambled Eggs Bacon	21 Prime Rib French Dip French Fries	15 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Crafts 12:30-3 pm	16 Chicken Fried Steak Baked Potato Veggies Pinochle 12:30-4 pm	17 Teriyaki Wings & Legs On the grill French Fries Rootbeer Floats (dine in)	18 Cribbage 1-5 pm
27 Chicken Cordon Bleu Rice Pilaf Veggies	28 Beef & Bean Burrito Spanish Rice Mexicali Corn	22 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Crafts 12:30-3 pm	23 Chicken & Dumplings Veggies Fry Bread Pinochle 12:30-4 pm	24 Philly Steak & Cheese Tater Tots Milk Shakes (dine in)	25 Cribbage 1-5 pm
		29 Fried Chicken Mashed Potatoes Zoom Yoga 9:30 am Crafts 12:30-3 pm	30 Chicken Chow Mein Egg Rolls Sticky Rice Stir Fry Veggies Pinochle 12:30-4 pm		* Fish Days subject to change due to availability

Activity Highlights

- Lunch drive through 11:30 am (order by 10 am)
- Yoga: Wednesday 9:30-10:30 am, in person or remote delivery
- Crafts/Coloring: Wednesdays 12:30-3 pm
- Mandala Painting Class: Wednesdays 1-2pm (***must sign up at office***)
- Pinochle: Thursdays 12:30-4 pm
- Cribbage: Saturdays 1-5 pm
- BINGO: Wednesday, 9/8/21 @ 6 pm (doors open at 5 pm)
- NSC Board Meeting: Wednesday 9/15/21 @ 1 pm



Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: