Quality of Life for Seniors.



DIRECTOR'S MESSAGE

May has been a fun and active month. We will continue to launch new activities, gage which ones are well attended and should continue as well as which ones should be discontinued. So far this month:

Our Mother's Day Celebration was a success. Mothers ate free and we served 51 people. Those who attended enjoyed decorations, prizes, and delicious food.

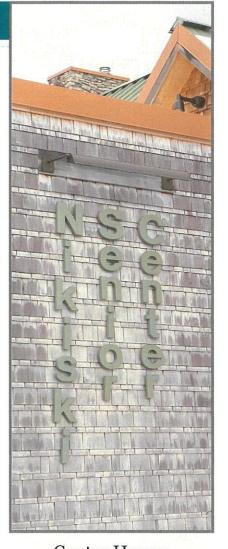
Mrs. Ellis 3rd grade class came for a field trip. Unfortunately, only four seniors joined for lunch. The kids were well behaved and had a good time. I introduced them to our Food Pantry where they learned about why and how food is provided to our seniors; we discussed the importance of exercise and nutrition across the ages; Ms. Mary who teaches our Wednesday Crafts Class came in to do rock painting. We received "Thank you" cards from students and shared them in the newsletter.

Prom was an exhausting success. We received many thanks from our community for providing a safe and fun venue for Nikiski Junior Senior Prom. Volunteers and chaperones were plentiful, the building was festive, and no shenanigans, only good clean fun.

Most important, was our visit from Alaska Commission of Aging. The Commission visited every senior center on the peninsula to inquire about the prominent needs of our seniors. They will be spearheading delegation of the Older Americans Act funding from the American Rescue Plan Stimulus approved by the Biden Administration. In the final meeting, it was stated Nikiski Senior Center was one of the best centers with friendly staff, a beautiful building and location, and a sharp and active Executive Director. The consensus for funding focus included housing, transportation, internet services, and health/wellness. I look forward to applying for grants in the near future.

Thank you all for your amazing support.

Sasha



Center Hours:

Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907-776-7654



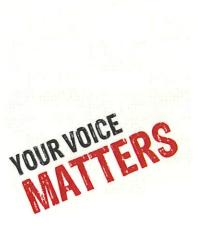
BOARD, COMMITTEES, AND MEETING SCHEDULE

Senior Center Board Meetings

@ 1:00pm
June 16th
July 21st
August 18th
September 15th
October 20th
November 17th
December 15th

Service Board Meetings

@ 4:00pm
July 28th
October 27th





NIKISKI SENIOR CITIZENS, INC. Board of Directors January 2021

Name, Officer Address

Pam Knudsen – Vice President P O Box 8023

Nikiski, AK 99635

Elaine Bakk P O Box 6884 Nikiski, AK 99635

Mike Newcomb - President 45660A Wallers Street Kenai, AK 99611

Sam Hodena - Treasurer P O Box 7647 Nikiski, AK 99635

Jean Taylor 53645 Timberlane Kenai, AK 99611

Joe Ross P O Box 7586 Nikiski, AK 99635

Tom Johnson P O Box 2003 Kenai, AK 99611

Janet Hudson 48þ89 Autumn Rd Kenai, AK 99611

Wayne Ogle - Secretary P O Box 7084 . Nikiski, AK 99635 Seat Number Election Month/Year Phone/Email Address

Seat A Jan21 – Jan22 (907) 398-3354 peady1547@yahoo.com Seat B

Jan21 – Jan22 (907) 420-7025 <u>debakk@gci.net</u>

Seat C Jan21 – Jan22 (907) 398-8381 <u>indy 92@yahoo.com</u>

Seat D Jan21 – Jan22 (907) 252-8399 <u>hodenasam@gmail.com</u>

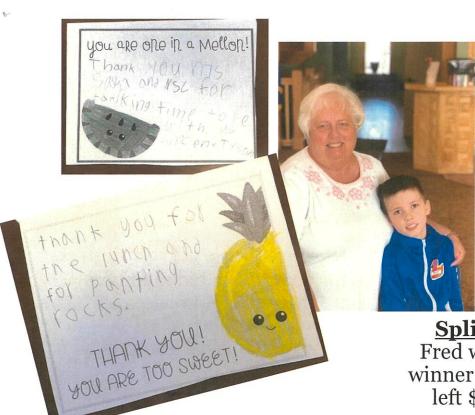
Seat E Jan21 – Jan22 (907) 202-1812 grannyjeanak@gmail.com

Seat F Jan20 – Jan21 (907) 252-8342 smokeross@alaska.net

Seat G Jan20 – Jan21 (907) 252-1741 eaglewing86@gci.net

Seat H Jan20 – Jan21 (907) 740-1917 janets6@yahoo.com

Seat I Mar20 - Jan21 (907) 690-1308 wayne.ogle@yahoo.com



NNSE Field Trip

Kids had fun dining with seniors and rock painting!

Special Thanks to Mary

Johnson for teaching rock painting to the kids!

Split the Pot Fred was our STP winner 5-26-21! He left \$25 richer!





May Paint & Sip Party

Was so much fun that there is talk about planning another one! Everyone's paintings turned out amazing!



Coming Soon! Mandala Painting Class! Date TBD. Watch Facebook for updates.



Field Trip Coming Up!

Please contact the NSC if you are interested in signing up for field trip to watch the races.

Members may ride in NSC van or drive themselves. Date TBD.



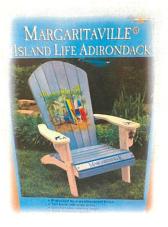




Jean Taylor won the Oak Barrel Raffle! Congratulations!



Sue Tauriainen won the Adirondack Chair Raffle! Congratulations!



Yoga with Katrina at Bella & Beyond

Join us on Wednesdays at 9:30 am for yoga via zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.

LIVE Music on Wednesdays

We are blessed to have very talented members that graciously share their love of music with us. Thank you Nikki!

We welcome anyone with a musical gift to play.

BINGO Season is extended!

Bingo has been so popular that we will be extending the Bingo Season into summer! Please follow us on Facebook for up to date information. As of right now we have June 5 scheduled for Bingo at the regular time of 6-9 pm. Wednesday bingo is tentatively scheduled for July 14 & August 11.

Saturday bingos will resume in September.

\$5 Friday Fundraiser—Bingo Board

The next NSC Friday Fundraiser funds will be used to help purchase a bingo

board which will help our Bingo players see what numbers have been called! The board we have is a dinosaur and needs to retire.





Have you received your new membership card?

Please call the center if you have not received your 2021 membership card.

Do you know a senior 55 or older that would like to be a member but may not be able to afford the cost? With our first \$5 Friday Fundraiser we received \$265. That amount can sponsor 17 memberships. Discounts at local businesses and so much more is available with membership.

Give us a call to nominate someone today!



We will have our food and game booths at the Nikiski Rec Center on June 19, 2021 at their famous Fun in the Midnight Sun Celebration! Hope to see you there!



MAGIC SHOW

Wednesday, June 2—Malcolm Yerkes will entertain and amaze us all with his magic during lunch!



Our ladies enjoyed decorating their own hats and celebrated with a tea party on May 26. Goodies Galore!



Volunteers Needed!

We are still looking for volunteers to help with burgers at Fun in the Sun on June 19 from 12-4 pm! Please call 776-7654 if you are willing and able.



Our website
will be up and running
soon. Completion will
be announced via our
Facebook page.





Watch our Facebook page for current events.



Did you know...
June Beetles are only seen during the month of May and June in the United States.

Sincere Condolences

To the Family of Nedra Evenson



Do you know a Senior 55 or older needing transportation assistance? Nikiski Senior Center offers FREE transportation through CARTS for Seniors in Nikiski. Call us for details and to register!



BREAD IS BACK!

Bread/Desserts will be available free to Nikiski residents 55 & older for pick up at the Nikiski Senior Center Wednesdays from 10 am - 2 pm (supplies may run out)



Key Lime Pie

Ingredients

1/4 cup Uncle Joe's Key Lime Juice 14 oz can sweetened condensed milk 9 oz cool whip Graham cracker crust

Directions

Mix all ingredients Pour over graham cracker crust Chill & Serve





Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

Nikiski Senior Center Pantry

The NSC pantry is stocked and available to seniors 50 and older who live in the Nikiski Community. Recipients can come by Monday through Friday from 9 am to 2 pm once every 14 days.

Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

Computer Lab Is Open

Our computer lab is up and running. Whether you need to use a computer or learn how to use a computer, NSC Staff is here for you. Call to set up an appointment. Lab is open during regular business hours.

Laptop check out available

Do you have internet access but not a device to take care of your business? We have laptops available for check out.





JUNE BIRTHDAYS



Rick Roeske 1-Jun Chuck Swenor 1-Jun Nancy Delene 2-Jun Bill Idleman 2-Jun Jim Graige 7-Jun **Dorothy Gray** 7-Jun Joseph Ross 8-Jun Coleene Rumaner 8-Jun Betty Lee 12-Jun Len Malmquist 12-Jun Harry Eaton 14-Jun **Robert Summers** 14-Jun Julie Ware 15-Jun

16-Jun Bernie Rowden Loreta Harrison 18-Jun 19-Jun **Bob Harrison** John Johnson 19-Jun Roger Long 21-Jun Al Parker 23-Jun Sandra Sterling 23-Jun **Shorty Thornton** 24-Jun Ken Lee 25-Jun Dale Bakk 26-Jun Louise Tulin 27-Jun Cindy Felton 28-Jun Joan Allen 30-Jun

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RICK BOB IOHN ROESKE CHUCK IOHNSON **SWENOR ROGER** NANCY LONG DELENE AL BILL PARKER **IDLEMAN** SANDRA IIM **STERLING** SHORTY GRAIGE DOROTHY **THORNTON** GRAY KEN JOSEPH DALE ROSS BAKK COLEENE LOUISE RUMANER TULIN BETTY CINDY LEE **FELTON** LEN IOAN ALLEN MALMQUIST HARRY EATON ROBERT

SUMMERS

JULIE

WARE

BERNIE

ROWDEN

HARRISON

LORETA

VIKISKI SENIOR CENTER		ACTIVITIES	
NIKISKI S	JUNE 2021	LUNCH /A	CALENDAR

Dads Eat Free June 18! Happy Fathers Day

Please call 776-7654 by 10 am to order a lunch for drive-thru Drive-thru time will remain 11:30 am and Dine-in will be from 12-1 pm. Lunches are \$5. Salad Bar will remain closed until further notice.

Vegetable and/or Salad to be served daily with meals.

Sat	5		Cribbage 1-5 pm	muo 9 OSMa	(doors open at 5 pm)	12					Cribbage 1-5 pm	19		Fun In Midnight Sun	(at Nikiski Rec Center)		Cribbage 1-5 pm	26					Cribbage 1-5 pm					
Fri	4	Hot Pastrami &	SWISS ON BUIN	Cally FIRS		11	BBQ Pulled Pork	Sandwich	Colesiaw			18	Happy Father's Dav!	Western Burger	Potato Salad	Peach Cobbler		25	Monte Cristo	Sandwich	Onion Rings							
Thu	e	Orange Chicken	Fried Rice	ERS NOILS	Pinochle 12:30-4 pm	10	Chicken Parmesan	Garlic Bread			Pinochle 12:30-4 pm	17	Baked Pork Loin	Buttered Pasta			Pinochle 12:30-4 pm	24	Swiss Steak	Buttered Pasta			Pinochle 12:30-4 pm					
Wed	2	Fried Chicken	Mashed Potatoes	Zoom Vone 0:30 am	Crafts 1-3 pm	6	Fried Chicken	Mashed Potatoes		Zoom Yoga 9:30 am	Crafts 1-3 pm	16	Fried Chicken	Mashed Potatoes		Zoom Yoga 9:30 am	Crafts 1-3 pm	23	Fried Chicken	Mashed Potatoes		Zoom Yoga 9:30 am	Crafts 1-3 pm	30	Fried Chicken	Mashed Potatoes	Zoom Yoga 9:30 am	Crafts 1-3 pm
Tue	1	Baked Ham	Scalloped Potatoes			90	Chili Relleno	Spanish Rice	Refried Beans			15	Chicken Broccoli	Casserole	Cream of Potato Soun			22	Beef burritos	Refried Beans	Spanish Rice	8		29	Pot Roast	Roasted Vegetables		
Mon						7	Waffles	Mixed Berries	Scrambled Eggs	Bacon		14	Open Faced Hot Beef	Sandwich	Mashed Potatoes			21	Tater Tot Breakfast	Casserole	Bacon			28	Baked Turkey Breast	Stuffing & Gravy		



To:

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PLACE

STAMP

HERE

- Lunch drive through 11:30 am (order by 10 am)
- Yoga: Wednesday 9:30 am to 10:30 am, in person or remote delivery
- Crafts/Coloring: Wednesdays 12:45 pm to 3:00 pm
- Pinochle: Thursdays 12:30 pm to 4:00 pm
- Cribbage: Saturdays 1:00 pm to 5:00 pm
- BINGO: Saturday, June 5 at 6:00pm, doors open at 5:00pm
- NSC Board Meeting: Wednesday June 16th @ 1:00 pm
- Father's Day Lunch: Friday, June 18
- Fun in Midnight Sun @ Nikiski Rec Center: Saturday, June 19







