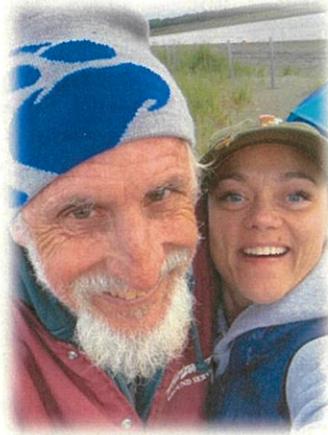




NIKISKI
SENIOR CENTER

DIRECTOR'S MESSAGE

June is the month of fishing and summer has finally arrived! When I started at NSC I found out my subsistence fishing buddies Rob and Daryl are members. What a great surprise! This year Rob and I were beach buddies once again. Rob fishes for himself and kindly proxies for his friends. I fish for my family and we limited out early. It was another great year of subsistence fishing.



As you may have heard, our Cook, Maryann has resigned. I am looking forward to her "Going Away Party". She will be greatly missed but we support her decision. She promised not to be a stranger and join us for lunch now and then.

Lastly, I have had many requests for my Blueberry Salad recipe. It has been a forever family favorite. It is simple, fast to make, and always a hit. Enjoy!

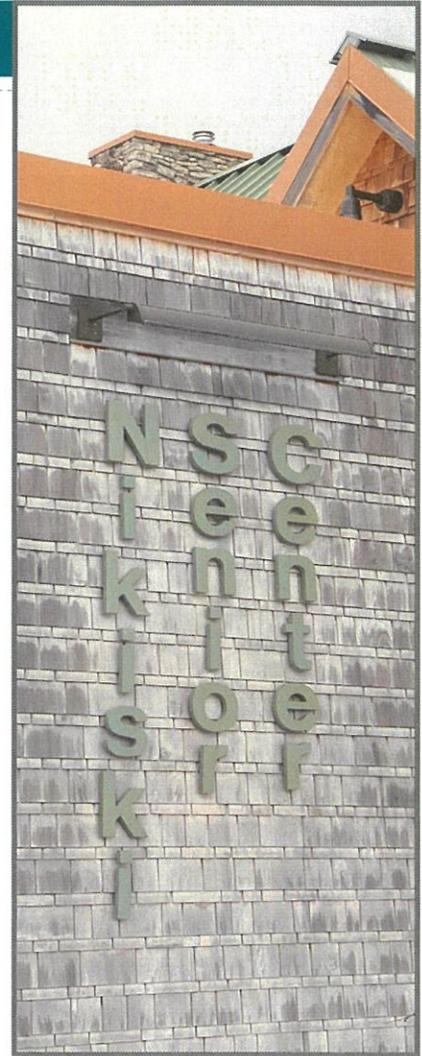
Sasha

Blueberry Jell-O Salad



- 1 Can of blueberries or frozen blueberries
- 6 oz pkg. cherry jello
- 2 Cups hot water
- 2 Cups sour Cream
- 1 Container of cool whip

Open blueberries, do not drain. Dissolve gelatin in the hot water, add blueberries with juice or frozen blueberries. Chill mixture until it starts to thicken. Add sour cream to gelatin mixture and stir until combined. Chill in bowl until firm. Add cool whip for the final touch.



Center Hours:

Monday through
Thursday

8 am to 4 pm

Friday 8 am to 2 pm

907-776-7654



**BOARD, COMMITTEES,
AND MEETING
SCHEDULE**

**Senior Center Board
Meetings**

@ 1:00pm

July 21st (qtrly mtg)

August 18th

September 15th

October 20th (qtrly mtg)

November 17th

December 15th

Service Board

Meetings

@ 4:00pm

July 28th

October 27th



**NIKISKI SENIOR CITIZENS, INC.
Board of Directors January 2021**

Name, Officer Address	Seat Number Election Month/Year Phone/Email Address
Pam Knudsen – Vice President P O Box 8023 Nikiski, AK 99635	Seat A Jan21 – Jan22 (907) 398-3354 peady1547@yahoo.com
Elaine Bakk P O Box 6884 Nikiski, AK 99635	Seat B Jan21 – Jan22 (907) 420-7025 debakk@gci.net
Mike Newcomb - President 45660A Wallers Street Kenai, AK 99611	Seat C Jan21 – Jan22 (907) 398-8381 indy_92@yahoo.com
Sam Hodena - Treasurer P O Box 7647 Nikiski, AK 99635	Seat D Jan21 – Jan22 (907) 252-8399 hodenasam@gmail.com
Jean Taylor 53645 Timberlane Kenai, AK 99611	Seat E Jan21 – Jan22 (907) 202-1812 grannyjeanak@gmail.com
Joe Ross P O Box 7586 Nikiski, AK 99635	Seat F Jan20 – Jan21 (907) 252-8342 smokeross@alaska.net
Tom Johnson P O Box 2003 Kenai, AK 99611	Seat G Jan20 – Jan21 (907) 252-1741 eaglewing86@gci.net
Janet Hudson 48889 Autumn Rd Kenai, AK 99611	Seat H Jan20 – Jan21 (907) 740-1917 janets6@yahoo.com
Wayne Ogle - Secretary P O Box 7084 Nikiski, AK 99635	Seat I Mar20 – Jan21 (907) 690-1308 wayne.ogle@yahoo.com

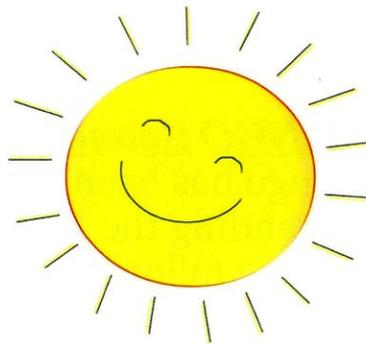
**YOUR VOICE
MATTERS**

FUN IN THE SUN!!

Thank you to all our volunteers who helped at Fun in the Sun. We couldn't have done it without you!

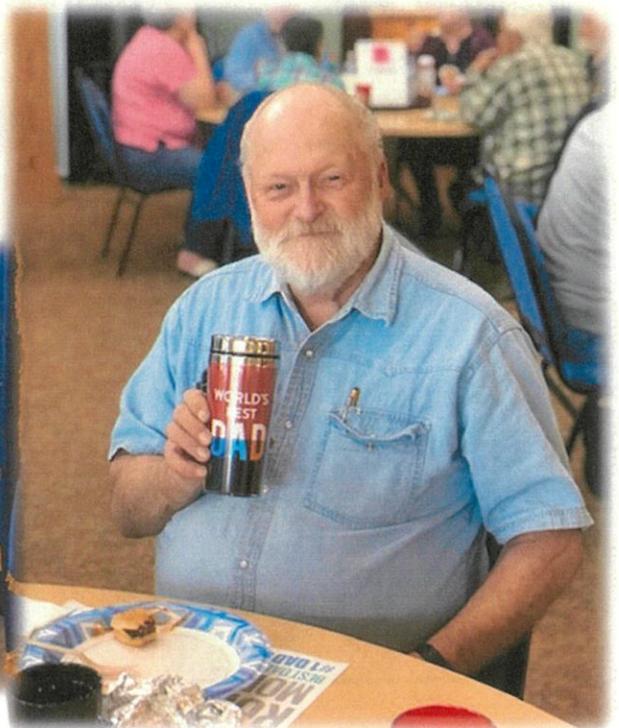
**Mike Newcomb
Wayne Pattison
Martin V.**

**Cheryl Chidester & mom, Mary
Lori Myers & sons, Daniel & Logan**



FATHER'S DAY LUNCH

Father's Day Lunch was packed! Congratulations to King Titera who was one of the lucky door prize winners!





Yoga with Katrina at Bella & Beyond

Join us on Wednesdays at 9:30 am for Yoga zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.



LIVE Music on Wednesdays

We are blessed to have very talented members that graciously share their love of music with us. Thank you Nikki!

We welcome anyone with a musical gift to play.

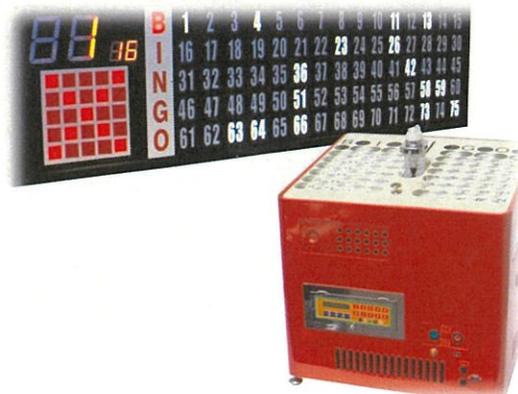
BINGO Season is extended!

Bingo has been so popular that we will be extending the Bingo Season into summer! Please follow us on Facebook for up to date information. Wednesday bingo is scheduled for July 14, August 11 & September 8. Saturday bingos will resume in October.

BINGO Funds are used to support our scholarship program and general funds for needed equipment at NSC.

Bingo Board Fundraiser

The Bingo Board Fundraiser will continue until Bingo on Wednesday, July 14, 2021. Fundraiser funds will be used to help purchase a bingo board which will help our Bingo players see what numbers have been called. We have already raised half the funds needed for this Bingo Board!



Thank you to everyone who came to say goodbye to Maryann. She will be missed!



Happy
4th of
July

CLOSED
MONDAY 7/5/21
FOR
4TH OF JULY



What did one flag say to the other flag?

Nothing—it just waved!



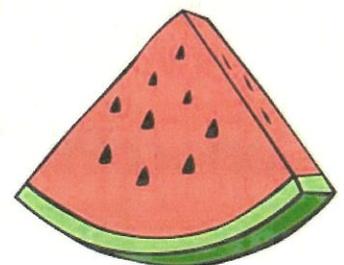
Mandala Painting Class

No skills necessary! First class is Wednesday, July 14 after lunch from 1-2 pm. Classes will continue to be held on Wednesdays throughout the summer. This is a progressive class and sign up is required. Class is free to NSC members and all supplies will be provided.

July is National Watermelon month!

Did you know that it is classified as both a fruit and a vegetable?

The largest watermelon recorded was 350 lbs!



Come Watch the Races!

Twin City Raceway has been generous to reserve a seating for Nikiski Senior Center Members who wish to watch the races! Watch Facebook for upcoming races. Bring your membership card!

A Visit From ILC

Wednesday, July 21st
11:30 am to 1:00 pm

- Disability or age related issues?
- Long term care options and resources to live safely in your own home?
- Caring for aging parents or a family member with a disability?
- Home accessibility or safety modifications?
- Assistive technology options for hearing or vision loss?



Our website will be up and running soon. Completion will be announced via our Facebook page.



All current events are posted on our Facebook page.



For the month of July, Fridays will be burgers and milkshakes! Yum-o!


ConocoPhillips

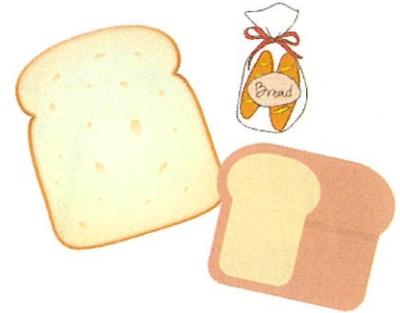


Do you know a Senior 55 or older needing transportation assistance? Nikiski Senior Center offers FREE transportation through CARTS for Seniors in Nikiski. Call us for details and to register!



BREAD IS BACK!

Bread/Desserts will be available free to Nikiski residents 55 & older for pick up at the Nikiski Senior Center Wednesdays from 10 am - 2 pm (supplies may run out)



NIKISKI SENIOR CENTER FALL FUNDRAISER

WHEN: Saturday, September 18, 2021

WHERE: Nikiski Senior Center
50025 Lake Marie Ave

- **Tickets are \$50/person & include a Prime Rib or Chicken Cordon Bleu Dinner.**
- **Doors open @ 4 pm**
- **Wall of Guns @ 5 pm**
- **Dinner @ 6 pm**
- **Auctions & Raffles throughout the evening**
- **Seating is limited (125)**
- **Call (907)776-7654 to reserve your seat today!**



Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

Nikiski Senior Center Pantry

The NSC pantry is stocked and available to seniors 50 and older who live in the Nikiski Community. Recipients can come by Monday through Friday from 9 am to 2 pm once every 14 days.

Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

Computer Lab Is Open

Our computer lab is up and running. Whether you need to use a computer or learn how to use a computer, NSC Staff is here for you. Call to set up an appointment. Lab is open during regular business hours.

Laptop check out available

Do you have internet access but not a device to take care of your business? We have laptops available for check out.



NEW Food
Pantry Hours:
Mon-Fri
9 am to 2 pm





*Wishing all of you July babies a Happy Birthday!
Come in during your birthday month for a free lunch at NSC!*

- | | |
|-------------------------|---------------------------|
| Penelope Maize 2-Jul | Anita Gordon 13-Jul |
| Joy Wik 2-Jul | Peggy Arness 14-Jul |
| Charles Blair 5-Jul | Leslie Baker 15-Jul |
| Cynthia Phares 5-Jul | John Turnbull 16-Jul |
| Cynthia Slaughter 5-Jul | Cathy Williams 19-Jul |
| Theresa Carter 6-Jul | Raymond Tauriainen 22-Jul |
| Debbie Goforth 7-Jul | Linda Swarner 24-Jul |
| Raymond Choat 8-Jul | Robert Bond 25-Jul |
| Wayne Ogle 8-Jul | Annette Nudson 25-Jul |
| Jim Rowe 10-Jul | Kathy Lobdell 28-Jul |
| Brenda Brown 12-Jul | Susan Smalley 31-Jul |
| James Reichert 12-Jul | |

O G E N A B L Q I N B C W M H Z R H V M T P M D E R J O H N
 G L I S G M O Q U L Y S F X U M F X R N K Q I G R E D F R J
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 T H E F E B U O D S I F W Q P Y V V I P K U Z I O R T H E Y
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 B T D J O Z C K F I D A M V F E F R G R J O G L E J K X R A
 C M U W X R Q A R Y M D M O U D W G D D F V Z B R O W E G I
 Q M S Y K G E F F G V M X W R B D O V O I E Z K C B S Z J Z
 E W L L U B N R U T G V Q C M X N T L M M I S P Y S P K I E

PENELOPE	TURNBULL
MAIZE	CATHY
JOY	WILLIAMS
WIK	TAURIAINEN
CHARLES	LINDA
BLAIR	SWARNER
CYNTHIA	ROBERT
PHARES	BOND
SLAUGHTER	ANNETTE
THERESA	NUDSON
CARTER	KATHY
DEBBIE	LOBDELL
GOFORTH	SUSAN
RAYMOND	SMALLEY
CHOAT	
WAYNE	
OGLE	
JIM	
ROWE	
BRENDA	
BROWN	
JAMES	
REICHERT	
ANITA	
GORDON	
PEGGY	
ARNESS	
LESLIE	
BAKER	
JOHN	



NIKISKI SENIOR CENTER JULY 2021 LUNCH /ACTIVITIES CALENDAR

Please call 776-7654 by 10 am to order a lunch for drive-thru
Drive-thru time will remain 11:30 am and Dine-in will be from 12-1 pm.
Lunches are \$5. Salad Bar will remain closed until further notice.

Vegetable and/or Salad to be served daily with meals.

Mon	Tue	Wed	Thu	Fri	Sat
			1 Spaghetti Garlic Bread	2 French Dips Fries	3 CLOSED FOR 4TH OF JULY
5 CLOSED FOR 4TH OF JULY	6 Chicken Cashew Croissant Chips	7 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Crafts 12:30-3 pm</i>	8 Tacos Spanish Rice Black Beans <i>Pinochle 12:30-4 pm</i>	9 Bacon Cheese Burgers Onion Rings Milk Shakes	10 <i>Cribbage 1-5 pm</i>
12 Ham or Bacon Quiche Fruit Salad	13 Tuna Melt Pasta Salad	14 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Crafts 12:30-3 pm Mandala Class 1-2 pm Bingo 6-9 pm</i>	15 Chicken Cordon Bleu Lasagna Garlic Bread <i>Pinochle 12:30-4 pm</i>	16 Hawaiian Burgers Fries Milk Shakes	17
19 Breakfast Sandwiches Obrien Potatoes	20 Baked Salmon Wild Rice	21 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Independent Living Center Presentation @ 11:30 Crafts 12:30-3 pm Mandala Class 1-2 pm</i>	22 Meatball Subs Tater Tots <i>Pinochle 12:30-4 pm</i>	23 Swiss Burgers Onion Rings Milk Shakes	24 <i>Cribbage 1-5 pm</i>
26 Waffles Mixed Berries Scrambled Eggs Sausage Links	27 Fish & Chips Coleslaw	28 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Crafts 12:30-3 pm Mandala Class 1-2 pm</i>	29 Pork Loin Seasoned Potatoes	30 BBQ Onion Ring Burgers Fries Milk Shakes	31 <i>Cribbage 1-5 pm</i>



- Activity Highlights**
- **CLOSED MONDAY, JULY 5, 2021**
 - Lunch drive through 11:30 am (order by 10 am)
 - Yoga: Wednesday 9:30 am to 10:30 am, in person or remote delivery
 - Crafts/Coloring: Wednesdays 12:30 pm to 3:00 pm
 - Mandala Painting Class 7/14, 7/21 & 7/28 from 1-2 pm (must sign up)
 - Pinochle: Thursdays 12:30 pm to 4:00 pm
 - Cribbage: Saturdays 1:00 pm to 5:00 pm
 - BINGO: Wednesday, 7/14/21 at 6:00pm, doors open at 5:00pm
 - NSC Qtrly Board Meeting: Wednesday 7/21/21 @ 1:00 pm

Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
 Fax: 907-776-7632



PLEASE
 PLACE
 STAMP
 HERE

To: