



Quality of Life for Seniors.

DIRECTOR'S MESSAGE

Good Day!

Spring has finally sprung! I hope you are all getting out to walk and stretch your legs in this beautiful weather.

Our membership continues to grow and we are introducing new activities and events monthly. Keep an eye out on our Facebook page and in the newsletter for the latest and greatest.

BINGO returned in April and our attendance was great! Please continue to help us get the word out. Concessions and substantial prizes have been added to improve your experience.

We continue to develop ways to donate to the center. Donations help support improvements to the building, as well as, supplies for services and activities for our seniors in Nikiski. Watch for Monthly Raffles and \$5 Friday.

We are no longer requiring reservations for in house dining, however, we are limited to 45 people. You are more than welcome to continue calling to let us know you are coming. Drive-through lunch pick-up will be a permanent option for our lunch services.

My staff and I are thankful for each and every one of you. I have enjoyed getting to know you and I look forward to our snow birds returning so I can meet them. If you have any questions, recommendations for activities and services you would like to see us provide, or a complaint, please call us at the center. We are here for you and welcome your feedback. All of the staff at Nikiski Senior Center are easy to talk to.

Sasha



Center Hours:

Monday through
Thursday

8 am to 4 pm

Friday 8 am to 2 pm

907-776-7654



BOARD, COMMITTEES, AND MEETING SCHEDULE

- NSC Board of Directors Meeting is May 19th at 1:00 pm
- Nikiski Senior Service Area Board Meeting is May 26th at 4:00 pm



NIKISKI SENIOR CITIZENS, INC. Board of Directors January 2021

Name, Officer Address	Seat Number Election Month/Year Phone/Email Address
Pam Knudsen – Vice President P O Box 8023 Nikiski, AK 99635	Seat A Jan21 – Jan22 (907) 398-3354 peady1547@yahoo.com
Elaine Bakk P O Box 6884 Nikiski, AK 99635	Seat B Jan21 – Jan22 (907) 420-7025 debakk@gci.net
Mike Newcomb - President 45660A Wallers Street Kenai, AK 99611	Seat C Jan21 – Jan22 (907) 398-8381 indy_92@yahoo.com
Sam Hodena - Treasurer P O Box 7647 Nikiski, AK 99635	Seat D Jan21 – Jan22 (907) 252-8399 hodenasam@gmail.com
Jean Taylor 53645 Timberlane Kenai, AK 99611	Seat E Jan21 – Jan22 (907) 202-1812 grannyjeanak@gmail.com
Joe Ross P O Box 7586 Nikiski, AK 99635	Seat F Jan20 – Jan21 (907) 252-8342 smokeross@alaska.net
Tom Johnson P O Box 2003 Kenai, AK 99611	Seat G Jan20 – Jan21 (907) 252-1741 eaglewing86@gci.net
Janet Hudson 48889 Autumn Rd Kenai, AK 99611	Seat H Jan20 – Jan21 (907) 740-1917 janets6@yahoo.com
Wayne Ogle - Secretary P O Box 7084 Nikiski, AK 99635	Seat I Mar20 – Jan21 (907) 690-1308 wayne.ogle@yahoo.com

**YOUR VOICE
MATTERS**



It's a Tea Party



MAKE YOUR OWN TEA HAT

(HATS & SUPPLIES PROVIDED)

WEDNESDAY - MAY 12 FROM 1-3 PM

WEDNESDAY - MAY 19 FROM 1-3 PM

TEA PARTY & HAT PARADE

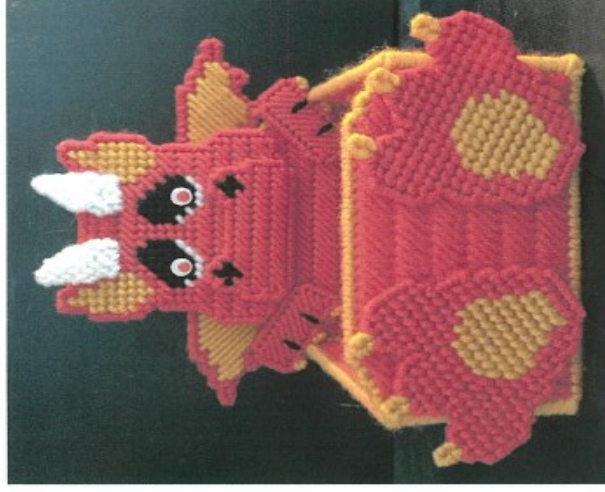
WEDNESDAY - MAY 26 FROM 1-3 PM



Call 776-7654
to sign up!

PLASTIC CANVAS MAKER

Frank Jones • (907) 741-0047 • frankp.or.jones@gmail.com



Trent Holder	\$20
Candy Dish	\$20
Tissue Holder	\$20
Phone Holder	\$15
Bingo Paddle	\$15
Note Holder	\$15
2 Card Holder	\$10

Shipping:

Large Flat Rate Box	\$21
Med. Flat Rate Box	\$15





Watch for \$5 Friday Fundraiser

Each month we will have a \$5 Friday Fundraiser. These mini fundraisers will sponsor items for our seniors. It is a great way to give if you are able.

Donations can be made by mail, in person, or on our Facebook page.



May Paint & Sip Party

“Easy as D.I.Y” will be at the center to show us how to paint this Spring Wheelbarrow. The price will be \$35/ person BUT we are offering a BOGO (buy one get one) FREE for our NSC members. All supplies are provided. This is a fun class for EVERYONE! Even if you think you cannot paint, you can, with the help of “Easy as D.I.Y”. Call to register. Seating is limited. Social distancing will be practiced during this event, however masks are not required.



Yoga with Katrina at Bella & Beyond
Join us on Wednesdays at 9:30 am for yoga via zoom. You are welcome to come into the center or in the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.

LIVE Music on Wednesdays

We are blessed to have very talented members that graciously share their love of music with us. Thank you Nikki!
We welcome anyone with a musical gift to play.



BINGO Is Back

Complete with good company, prizes, and concessions. Thank you Laurajean and Dori for bringing back the FUN!



Have you received your new membership card?

Please call the center if you have not received your 2021 membership card.

Do you know a senior 55 or older that would like to be a member but may not be able to afford the cost?

With our first \$5 Friday Fundraiser we received \$265. That amount can sponsor 17 memberships. Discounts at local businesses and so much more is available with membership.

Give us a call to nominate someone today!



Thank You Community Businesses!

We truly live in an amazing community! Local businesses were more than happy to provide discounts to our Senior Center Membership. New membership cards were mailed out the last week of February. Please contact the center if you have not received yours. Membership cards must be in hand to receive discounts.



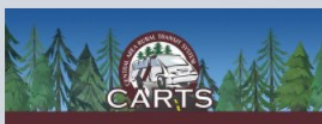
Our website
will be up and running
in May! Completion
will be announced via
our Facebook page.



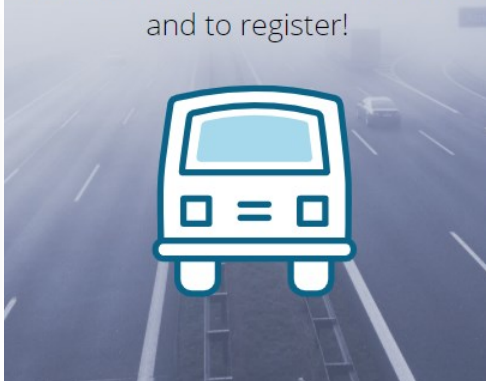
Watch our Facebook
page for current events.



Friday, May
28th is
National
Hamburger
Day

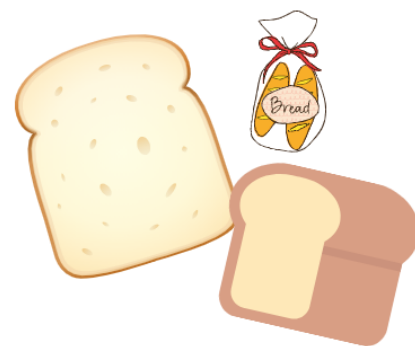


Do you know a Senior 55 or older
needing transportation assistance?
Nikiski Senior Center offers FREE
transportation through CARTS for
Seniors in Nikiski. Call us for details
and to register!



BREAD IS BACK!

**Bread/Desserts will be
available free to Nikiski
residents 55 & older for pick up
at the Nikiski Senior Center
Wednesdays from 10 am - 2 pm
(supplies may run out)**



Marryann's Corner

Apple Sauce Donuts

- 4 Cups Bisquick
- 1 1/4 tsp. Cinnamon
- 1 Cup Apple Sauce
- 1/4 tsp. Nutmeg
- 1/4 Cup Brown Sugar
- 1 Egg
- 1 tsp. Vanilla

1. Heat (3 to 4 inches) oil in deep fryer or kettle 375 degrees.

2. Mix all ingredients until dough cleans side of bowl.

Gently smooth dough into a ball on lightly floured cloth covered board.
Knead 8 to 10 times. Roll dough 1/2 inch thick. Cut with floured donut
cutter (you can use a jar ring or anything to cut, use smaller to make do-
nut holes.

3. Drop rings 3 at a time into hot oil.

4. Fry about 1 minute on each side or until golden brown, drain. If you
like, shake warm doughnuts in powder or granulated sugar.



Use Pamela's pancake to make this recipe Gluten Free.

Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

Nikiski Senior Center Pantry

The NSC pantry is stocked and available to seniors 50 and older who live in the Nikiski Community. Recipients can come by Tuesdays or Thursdays from 9 am to 2 pm once every 14 days.



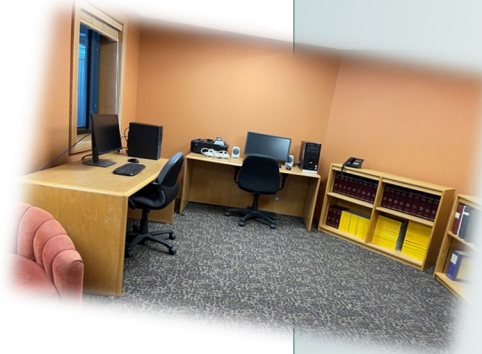
Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.



Computer Lab Is Open

Our computer lab is up and running. Whether you need to use a computer or learn how to use a computer, NSC Staff is here for you. Call to set up an appointment. Lab is open during regular business hours.



Laptop check out available

Do you have internet access but not a device to take care of your business? We have laptops available for check out.



Food Pantry Hours:

Tuesday and
Thursday

9 am to 2 pm



May Flower is
Lilly of the
Valley

Sunday,
May 9th





Jim Evenson 1-May
 Kevin Ryan 3-May
 Lavonne Currier 6-May
 James Herrick 12-May
 Patrick Clark 11-May
 Bruce Raymond 12-May
 Yenti Vergin 12-May
 R.F. Stuart 15-May
 Beverly Hornstra 19-May
 Mary Jean Ivy 19-May
 Sondra Starnes 19-May
 Patricia Newman 20-May

Joe Stanford 21-May
 Michael Newcomb 22-May
 Genita Thirlwell 24-May
 Elaine Bakk 25-May
 Keith Karsten 26-May
 Jonna Rogers 28-May
 Sylvia Kincade 29-May
 Rocky Knudsen 30-May
 Hayward Wik 30-May
 Sharon Nowell 31-May

H F P H Z V M A J C Z V K I M A U J K F Y H D T G P Q P B C
 Q V A R Q H Y C T A I U F K I D M R D C V W D V J A O S O J
 W B K J C L I T Q I X N J H J P Q K E W I V B G B O H V A M
 A E V D N B N T B F N V P G N I V E K Y Y R A M Y V C B Z Z
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 A C T W E N M K B G E O W Z X C H S S I K K S G A C L K T C
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 K L M K S M A O G G N Q Z Z S U P O E T J I T T R H Q I H V
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JIM THIRLWELL
 EVENSON ELAINE
 KEVIN BAKK
 RYAN KEITH
 LAVONNE KARSTEN
 CURRIER JONNA
 JAMES ROGERS
 HERRICK SYLVIA
 PATRICK KINCADE
 CLARK ROCKY
 BRUCE KNUDSEN
 RAYMOND HAYWARD
 YENTI WIK
 VERGIN SHARON
 RF NOWELL
 STUART
 BEVERLY
 HORNSTRA
 MARY
 JEAN
 IVY
 SONDRA
 STARNES
 PATRICIA
 NEWMAN
 JOE
 STANFORD
 MICHAEL
 NEWCOMB
 GENITA

NIKISKI SENIOR CENTER

MAY 2021

LUNCH / ACTIVITIES CALENDAR

Please call 776-7654 by 10 am to order a lunch for drive-thru.
Drive-thru time will remain 11:30 am and Dine-in will be from 12-1 pm.
Lunches are \$5. Salad Bar will remain closed until further notice.

Moms Eat Free May 3rd!
Happy Mother's Day

Vegetable and/or Salad to be served daily with meals.

Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Cribbage 1-5 pm</i>
3 Mini Eggs Benedict Obriens Fresh Melon, Bacon <i>Pudding Parfait (for dine-in only)</i>	4 Pork Ribs Baked Beans <i>Book Club 1-2 pm</i>	5 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Crafts 1-3 pm</i>	6 MaryAnn's Chili Cornbread <i>Pinochle 1-4 pm</i>	7 Hotdogs w/all fixings Macaroni & Cheese French Fries <i>Game Night 5-9 pm</i>	8 <i>Cribbage 1-5 pm</i> <i>BINGO 6-9 pm (doors open at 5 pm)</i>
10 Chicken Fried Steak Mashed Potatoes & Gravy <i>CPR/First Aid Certification 9 am-12 pm</i>	11 Chicken Enchiladas Refried Beans <i>Book Club 1-2 pm</i>	12 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Crafts & Hats 1-3 pm</i>	13 Spaghetti & Meatballs Garlic Bread <i>Pinochle 1-4 pm</i>	14 Philly Cheesesteak Onion Rings <i>Game Night 5-9 pm</i>	15 <i>Cribbage 1-5 pm</i>
17 Applesauce Pancakes Scrambled Eggs Bacon	18 Sweet n Sour Meatballs Rice <i>Book Club 1-2 pm</i>	19 Fried Chicken Mashed Potatoes <i>Zoom Yoga 9:30 am Crafts & Hats 1-3 pm</i>	20 Salisbury Steak Baked Potatoes <i>Pinochle 1-4 pm</i>	21 Sub Sandwiches Tomato Basil Soup <i>Game Night 5-9 pm</i>	22 <i>Cribbage 1-5 pm</i> <i>BINGO 6-9 pm (doors open at 5 pm)</i>
24 Chicken Wings w/dipping sauces Potato Casserole -----	25 Tacos Refried Beans <i>Book Club 1-2 pm</i>	26 Fried Chicken Mashed Potatoes <i>Tea Party (after lunch) Zoom Yoga 9:30 am Crafts 1-3 pm</i>	27 Meatloaf Buttered Pasta <i>Pinochle 1-4 pm</i>	28 Sloppy Joes Onion Rings <i>Game Night 5-9 pm</i>	29 <i>Cribbage 1-5 pm</i>
31 CLOSED FOR MEMORIAL					

Activity Highlights

- Lunch drive through 11:30 am order by 10 am
- Book Club: Tuesdays 1:00 pm to 2:00 pm, in person or remote delivery
- Yoga: Wednesday 9:30 am to 10:30 am, in person or remote delivery
- Crafts/Coloring: Wednesdays 12:45 pm to 3:00 pm
- Pinochle: Thursdays 1:00 pm to 4:00 pm
- Game night: Fridays 5:00 pm to 9:00 pm
- Cribbage: Saturdays 1:00 pm to 5:00 pm
- BINGO May 8th & 22nd at 6:00pm, doors open at 5:00pm
- Paint & Sip: Saturday, May 8th 1:00 pm to 4:00 pm
- Hat Pageant and Tea Party: Wednesday, May 26th
- CLOSED Memorial Day: Monday, May 31st
- NSC Board Meeting: Wednesday May 19th 1:00 pm
- NSC Service Board Meeting: Wednesday, May 26th at 4:00 pm

Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
Fax: 907-776-7632



PLEASE
PLACE
STAMP
HERE

To: