



## Quality of Life for Seniors.



### DIRECTOR'S MESSAGE

Hello Everyone,

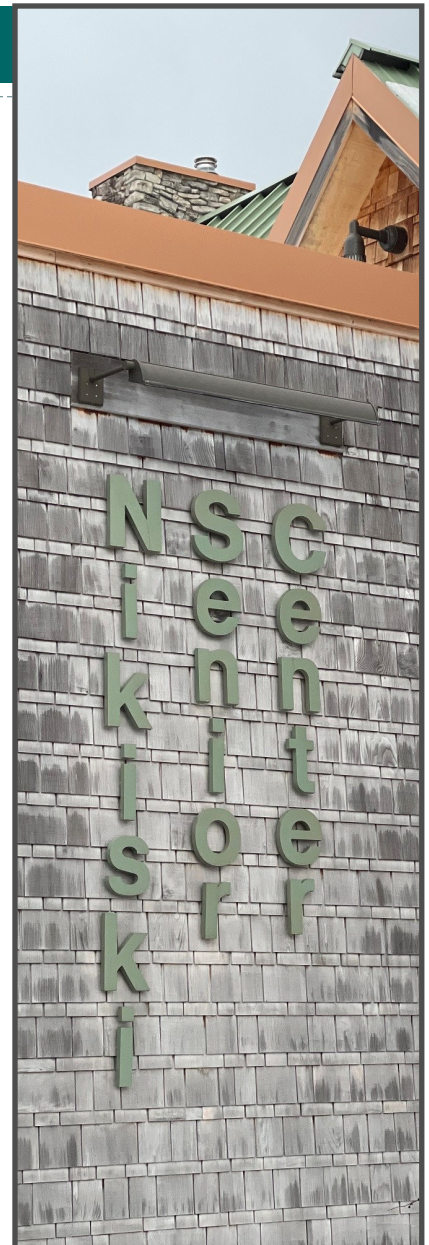
Spring is upon us. The sunshine has been wonderful! We are waking to beautiful sunrises and experiencing longer days. Getting fresh air seems much more inviting. Taking time to nurture mental and physical health is important and rewarding. Get out and enjoy the beauty of Alaska and some sun!

We opened our doors March 1st and slowly but surely have been resuming needed services and the activities you enjoy. We are also introducing new activities monthly. Lunch attendance has doubled, seniors are coming in daily for needed services, activities, and most important, to socialize. I have enjoyed getting to know each of you and your families.

I want to thank all of our members and community who have abided by our mitigation plan. We appreciate your patience as we continue to fine tune our check in process and meal service.

March truly has filled our hearts with joy seeing all the faces we have missed over the months.

*Sasha A. Fallon*



### BOARD, COMMITTEES, AND MEETING SCHEDULE

- NSC Board of Directors  
Meeting is April 21, 2021 at  
1:00 pm
- Nikiski Senior Service Area  
Board Meeting is April 28,  
2021 at 4:00 pm

**YOUR VOICE  
MATTERS**



**Bob's happy Pinochle  
is back at the NSC!  
Join us Thursdays  
after lunch for  
Pinochle from 1-4 pm**



### ***LIVE Music on Wednesday and Thursday***

We are blessed to have two very talented members that graciously share their love of music with us.

Thank you John and Nikki!

We welcome anyone with a musical gift to play.



### ***Sponsored Memberships Available***

Do you know a senior 55 or older that would like to be a member but may not be able to afford the cost?

With our first \$5 Friday Fundraiser we received \$265. That amount can sponsor 17 memberships.

Discounts at local businesses and so much more is available with membership.

Give us a call to nominate someone today!



### ***Watch for \$5 Friday Fundraiser***

Each month we will have a \$5 Friday Fundraiser. These mini fundraisers will sponsor items for our seniors. It is a great way to give if you are able. Donations can be made by mail or on our Facebook page.







### Game Night & Cribbage Are Back!

Game Night is Fridays from 5-9 pm

Cribbage is Saturdays from 1-5 pm

Must sign in at front desk &  
complete screening process.

Sorry, no potlucks.

Please call (907)776-7654 if you have any  
questions.

## Coloring/Crafts

Join us at the NSC, Wednesdays,  
from 12:45 pm - 3:00 pm  
for fun & fellowship!

We will have coloring and rock  
painting supplies available. Get  
creative or just stop by to visit!



*Kivi  
Kreations*



### Thank You Community Businesses!

We truly live in an amazing  
community! Local businesses were  
more than happy to provide discounts  
to our Senior Center Membership. New  
membership cards were mailed out the  
last week of February. Please contact  
the center if you have not received  
yours. Membership cards must be in  
hand to receive discounts.



Our website  
will be under  
construction. Thank  
you for your patience!

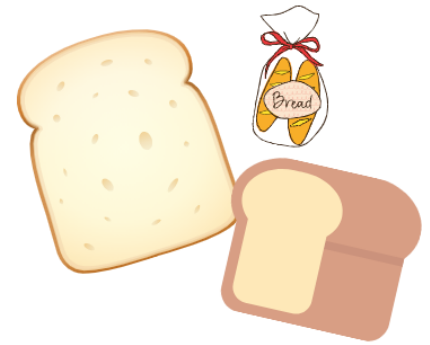


Do you know a Senior 55 or older  
needing transportation assistance?  
Nikiski Senior Center offers FREE  
transportation through CARTS for  
Seniors in Nikiski. Call us for details  
and to register!



## BREAD IS BACK!

**Bread/Desserts will be  
available free to Nikiski  
residents 55 & older for pick up  
at the Nikiski Senior Center  
Wednesdays from 10 am - 2 pm  
(supplies may run out)**



## May Paint & Sip Party

"Easy as D.I.Y" will be at the center to show us how to paint this Spring Wheelbarrow. The price will be \$35/person BUT we are offering a BOGO (buy one get one) FREE for our NSC member. All supplies are provided. This is a fun class for EVERYONE! Even if you think you cannot paint, you can, with the help of "Easy as D.I.Y". Call to register. Seating is limited. Social Distancing will be practiced during this event.



In April, the  
Titanic hit an  
iceberg on her  
first and only  
voyage.

Center Hours:  
Monday through  
Thursday  
8 am to 4 pm  
Friday 8 am to 2 pm  
907-776-7654



## Computer Lab Is Open

Our computer lab is up and running.  
Whether you need to use a computer or  
learn how to use a computer, NSC Staff is  
here for you. Call to set up an appointment.  
Lab is open during regular business hours.



## Senior Benefits Program

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

## Nikiski Senior Center Pantry

The NSC pantry is stocked and available to seniors 50 and older who live in the Nikiski Community. Recipients can come by Tuesdays or Thursdays from 9 am to 2 pm once every 14 days.



## Meals on Wheels

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.



## Marryann's Corner

Raisin Bran Muffins from Maryann's sister-in-law is one of her favorites.

- 5 Cups Flour
- 3 Cups Sugar
- 5 tsp Baking soda
- 1 1/2 tsp Salt
- 7 1/2 Cups Raisin Bran (15 oz box)
- 1 Quart Buttermilk
- 1 Cup Oil
- 4 Eggs, beaten
- Cinnamon Sugar

Blend flour, sugar, soda & salt in large mixing bowl. Stir in cereal. Add buttermilk, oil, & eggs; blend until ingredients are moistened. Do not stir batter again! For baking, fill lightly greased muffin pans 2/3 full. Sprinkle with cinnamon sugar. Bake at 400 degrees for 15 to 20 minutes. Mixture may be stored, covered, in a non-metal bowl in refrigerator for up to 6 weeks.

Food Pantry Hours:

Tuesday and  
Thursday

9 am to 2 pm



April flowers  
are daisy and  
sweet pea.



Thursday,  
April 1st





Peggy Edmond	1-Apr	Glenn Tauriainen	8-Apr	Robert Ricks	17-Apr
Debra Brown	1-Apr	Morey Denton	10-Apr	John Benner	22-Apr
Jack Porter	1-Apr	Richard Walker	10-Apr	Rosi Johnson	22-Apr
Sue Tauriainen	2-Apr	Sheran Warren	10-Apr	Mike Taylor	23-Apr
Paula Maier	2-Apr	Kathleen Rogerson	12-Apr	Richard Johnson	24-Apr
Nedra Evenson	4-Apr	Faye Uhlin	13-Apr	Jesse Lobdell	24-Apr
Deanna Beauchamp	5-Apr	Venetia Nortrup	14-Apr	Anne Sivertsen	26-Apr
Theresa Lusby	6-Apr	Don Bakk	16-Apr	Ann Berg	29-Apr
Betty Ann Kirschner	7-Apr	Vincent Strahmann	16-Apr	Dale Schmoll	30-Apr
Carol Ernst	7-Apr	Sally Wilkersen	16-Apr		

D M Q B E A U C H A M P G W F J J Q R O Z Y M W H L R C W X C F A O O W J T N Q  
G S H I Y C S D K V Q N J C U C F A Z G A I U B O B O R S B O G T R Q U U G N L  
Y S P I G I A R V P M K W B B Q V C O O N D V I V Z Y W D T Y H Z A W K U D W K  
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R E V J F M L W D H Q L V U Q X A A Y C C V C N F I K N V F I G A I Q I M H J Y  
H Z L K Y Y G O P S T M H R J Z R S S Y P Y N L X S R M L F O E E M N F U Q B V  
A N B R H N W N I C S Y S T C Q M G Y V S E V H Z E P L C Z H R Y S D O S K M Q  
P X Q P B C E Z C R Z Q E R A E V Y K C L M D S Y N D O E B E R G D S J K R N L  
O F S E W M R F X G V X F O B K Q Q J G N O A I O L Z H F D H O E T Z E C T U H  
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W T I K Z E T T G Q W C O Q K O H Q I H O W Y E Q K C E W D B H R L V U S D B W  
O L L Z U E X T H M O S P Y R W N X I N K P F R V B A I N J D T H Q I W B P H Q  
R J X C R N R E F U N N H A G S E A Q W H Y F T Z R T X E E Y A B O I D I B T A  
B H G E G F U B K H Q R C O Y G V Y G B E U G S D S R H T Z R Y Z K G I E D D K  
J Z Y P P C Z H O V E U L O S I E B B E R W N E M N M L L E D B O L I E E A O Y  
T M Z I W A Y J U O R U L K N X V P V E F E N N N F A U N A A A I T S Y G I Q S  
O E O I Q M U A W Q C T Z C N Q E I T R A X E F M J C N F C G K A K C U V P D J  
G H A R X H B L R Q N A E C D D N V R M W E N D Y J E D R N X K H S H L T Q R M  
X P V B C L Z D A B J N X G K J S R W A N V K Y X B F U X E N D U M M J U O K L  
T W G P R W O H L A T V H E O H O H X R U S N H N N A M H A R T S P O I M C U M  
U Z J I V H B R C S B I V Y N E N I A I R U A T I G D J D R D G H T L Y H D S T  
Y J C I O B V K F V U R O L Y A T R Q G R S A V L M N Y V L D F O V L S Z G S C  
B U L G L E W G J U D P B X Y X R N E M G N N A H J N O A I T E N E V D P T R E  
D S W A R R E N E B N E M Z L P H E Z Y C S J G U H M C L P A L A R B B O F S R  
A X W Q R X F B V Y N C A C Q O L A H Q X Z F H O D B L B O Y S H P W G M U J U  
O H W B Q C X R C H Y S N N J R I C K S U Y B S U L N W D P I Z X H F B X C J Q  
L I Q U K P N W A E W K R C N X F P F F A R K J D W N V R A S C Z F Y H P S T R  
A T P J R B R M O G Q I M J D A D Q O J U L J O N J M W I L K E R S E N I I M Z

PEGGY	ROBERT
EDMOND	RICKS
DEBRA	JOHN
BROWN	BENNER
JACK	ROSI
PORTER	JOHNSON
SUE	MIKE
TAURIAINEN	TAYLOR
PAULA	JESSE
MAIER	LOBDELL
NEDRA	ANNE
EVENSON	SIVERTSEN
DEANNA	BERG
BEAUCHAMP	DALE
THERESA	SCHMOLL
LUSBY	
BETTY	
ANN	
KIRSCHNER	
CAROL	
ERNST	
GLENN	
MOREY	
DENTON	
RICHARD	
WALKER	
SHERAN	
WARREN	
KATHLEEN	
ROGERSON	
FAYE	
UHLIN	
VENETIA	
NORTRUP	
DON	
BAKK	
VINCENT	
STRAHMANN	
SALLY	
WILKERSEN	

**\$5**

# NIKISKI SENIOR CENTER

**APRIL 2021**

**\$5**

Mon	Tue	Wed	Thu	Fri
			1 Lasagna Garlic Bread Salad	2 <b>Easter Lunch (FREE)</b> Ham Sweet Potatoes
5 Breakfast Burrito Fried Potatoes Fruit Salad	6 Beef Taco Pie Salad	7 Fried Chicken Mashed Potatoes Vegetable	8 Pork Tenderloin Mac & Cheese (Homemade)	9 Tuna Melt Broccoli Cheese Soup
12 Teriyaki Chicken Rice Vegetable	13 Banana Foster French Toast Scrambled Eggs	14 Fried Chicken Mashed Potatoes Vegetable	15 Cabbage Rolls Rice Salad	16 Western Burger w/cheddar Onion Rings
19 Ham & Cheddar Scramble Hashbrowns Bacon	20 Stuffed Flank Steak Buttered Pasta	21 Fried Chicken Mashed Potatoes	22 Goulash Bread Sticks	23 Chicken Salad on Croissant Tater Tots
26 Baked Cod Garlic & Herb Roasted Potatoes	27 Beef Stew Rolls Salad	28 Fried Chicken Mashed Potatoes Vegetable	29 Sweet N Sour Chicken Fried Rice	30 Meatball Subs French Fries

## DINE IN IS AVAILABLE BY RESERVATION

**Please call 776-7654 by 10 am to order a lunch for drive-thru or to reserve your seat for dine-in. Drive-thru time will remain 11:30 am and Dine-in will be from 12-1 pm.**



*Join us for Easter Lunch*

*Friday, April 2, 2021*



*Call the Nikiski Senior Center at 776-7654  
by March 31, 2021 to reserve for dine-in  
or to order for drive-thru pick-up  
(meals are limited)*

*Drive-thru is from 11:00 am - 12:00 pm*

*Dine-in is from 12:00 pm - 1:00 pm*

*This is a FREE Easter lunch for our  
Nikiski Community*







at the  
**Nikiski Senior Center**

**April 10**

**&**

**April 24**

**@ 6 pm**





Thank you for your continued support through the years.



Yoga: Wednesdays 9:30 am  
Book Club March TBD

- Remote delivered services
- BINGO April 10th 6:00 pm
- Cribbage: Saturdays 1:00 pm to 5:00 pm
- Game night: Fridays 5:00 pm to 9:00 pm
- Pinochle: Thursdays 1:00 pm to 4:00 pm
- Lunch drive through 11:30 am with notification by 10am
- In-house lunches with reservations by 10am

## Activities

**Nikiski Senior Center**  
**P.O. Box 6973**  
**Nikiski, AK 99635**

Phone: 907-776-7654  
Fax: 907-776-7632



PLEASE  
PLACE  
STAMP  
HERE

To: