



MITIGATION PLAN

Re-opening March 1, 2021

This Mitigation Plan has been formulated based on directives and guidelines from the State of Alaska and the CDC. The information in this document is NOT intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content is provided for general informational purposes only. Keep in mind that the knowledge and circumstances around COVID-19 are changing constantly and, as such, Nikiski Senior Center makes no representation nor assumes any responsibility for the completeness of this information.

NSC EXPECTATIONS:

- NSC may cancel in house programs and services at any time without notice due to the COVID-19 pandemic.
- Face masks/coverings for members, board members, and visitors will be encouraged but not required. Face masks will be available upon request.
- NSC staff will be responsible for conducting health screenings of all members and visitors upon entry. These health screenings will also include temperature checks and signing of the admittance log. Any members/visitors showing symptoms or signs of any sickness will be asked to not participate. (Refer to Free Protocol).
- Encourage hygiene best practices: hand sanitizers are available throughout the center. Visitors will be asked to sanitize prior to going through the food buffet line or visiting the drink station.
- Members/Visitors will be encouraged to sit in small groups (cohorts) of 4 individuals or by family and will remain together. Chairs will be placed to encourage social distancing.
- Only 44* members/visitors will be allowed at in house luncheons for safe social distancing. Reservations will be required. *Capacity may be adjusted as conditions or factors change.
- NSC is responsible for disinfecting before and after each event.
- NSC will provide hand sanitizer, and disinfectant wipes.

MEMBER AND VISITOR EXPECTATIONS:

- Arrive to the Nikiski Senior Center FREE FROM ANY COVID-19 symptoms or known/suspected illness.
- Keep physical distance between self and others when possible.
- Use hand sanitizer upon entering the building and before going through the lunch line.

RESPONSE PLANS:

1. In case of a positive test in a member/visitor or household: We will notify the Kenai Health Department if other members, visitors, or staff developed COVID-19 and may have been infectious to others while at a NSC event.
 - Executive Director will work with Public Health to determine contact tracing, and to determine who could have been exposed. Those people will be contacted and told to quarantine.
 - Per Public Health and the Executive Director:
 - If a member/visitor was a participant in a NSC event all attendants will be notified in accordance with state and local privacy and confidentiality laws and regulations.
2. COVID-19 Update 12.05.2020

According to new information and guidelines released by the CDC, the policy will change effective immediately in concern to individuals who deemed to be close contacts of a positive case of COVID-19.

- If an individual has been in close contact with someone (member, visitor, staff) diagnosed with COVID-19, and choose to get a COVID-19 test, they may be able to end the quarantine period after 7 days of quarantine, on the 8th day.
- Individuals should take a COVID-19 test within 48 hours prior to when they hope to end the quarantine (on day 6 or 7). They must continue to quarantine until the test comes back negative, which may be longer than 7 days. around others

3. Close Contact per CDC:

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provide care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

4. In the event of a positive test of a NSC staff member: Staff member or members who may be symptomatic or ill; may not return to work until they submit a negative COVID-19 test and be symptom free for 72 hours prior to returning to work.