



DIRECTOR'S MESSAGE



Hello Everyone,

I am excited to announce that we are re-opening March 1st! To be successful, we need to work together and follow the below guidelines for the safety of our members, visitors, and staff.

The following is required for you to attend in-house services and activities.

NSC Expectations:

- NSC may cancel in house programs and services at any time without notice due to the COVID-19 pandemic.
- Face masks/coverings for members, board members, and visitors will be encouraged but not required. Face masks will be available upon request.
- NSC staff will conduct a health screenings of all members and visitors upon entry. These health screenings will include COVID-questionnaire, temperature checks and signing of the admittance log. Any members/visitors showing symptoms or signs of any sickness will be asked to not participate.
- Hygiene best practices: hand sanitizers are available throughout the center. Members/visitors will be asked to sanitize prior to going through the food buffet line or visiting the drink station.
- Members/Visitors will be encouraged to sit in small groups (cohorts) of 4 individuals or by family and will remain together. Chairs will be placed to encourage social distancing.
- NSC will disinfect before and after each event.

The above is required for you to attend in-house services and activities.

We are anxious to see your faces!

Sasha A. Fallon

March 2021
Volume 1, Issue 3



BOARD, COMMITTEES, AND MEETING SCHEDULE

- Board of Directors
Meeting March 17th @ 1:00pm
- Service Area Board
Meeting March 24th @ 4:00pm

**YOUR VOICE
MATTERS**

Preparing The Center For More

Staff has been busy preparing the center for in house services and more! Look forward to relaxing in our new library and computer lab. Look forward to a clean and organized activities room. Look forward to new gaming equipment for our membership.

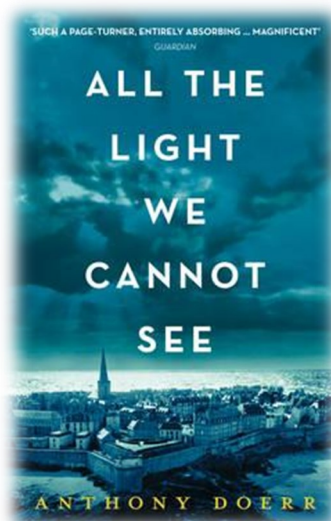


Remote Delivery Activities

March will be the first month we will be offering remote activities. Please call the center to sign up. NSC will deliver your computer, give you a tutorial on how to use the device, as well as, provide the activity supplies such as book of the month or yoga mat.

Book Club

Our first book of the month will be "All The Light We Cannot See" by Anthony Doerr. Recommended by the wonderful ladies at River City Books. Please call the center to sign up! Book will be provided.



Stay Well

Exercise, eating healthy and keeping yourself mentally fit is the key to your overall wellbeing.

Valentines Luncheon Well Attended

Wednesday, February 10th we had our in-house Valentines Luncheon. It was wonderful to have members in the building again. There was live music by Nikki Turnbull, beautiful lunch including dessert prepared by Ms. Maryann, flowers, and socialization.



Thank You Community Businesses!

We truly live in an amazing community! Local business were more than happy to provide discounts to our Senior Center Membership. New membership cards were mailed out the last week of February. Please contact the center if you have not received yours. Membership cards must be in hand to receive discounts.



*Kivi
Kreations*



Our website
will be under
construction. Thank
you for your patience!



March is the
first month of
Spring

Center Hours:
Monday through
Friday
8 am to 4pm
907-776-7654

CALL TO REGISTER FOR A RIDE

We are excited to offer transportation services to our Seniors. Transportation to appointments, shopping for household items, and medication pick up only. If you are interested, please contact the center for registration.

NEW!



ALASKA PERMANENT FUND DIVIDEND

Applications are available for pick up at the center and Nikiski Post Office. Due by March 31st!

PICK.CLICK.GIVE

Pick.Click.Give. Allows Alaskan's to share their Permanent Fund Dividend with causes they care about. Your donation big or small goes directly to your chosen nonprofit. NSC is an eligible organization in the Pick.Click.Give. Program.



ALASKA
PERMANENT
FUND DIVIDEND



WALMART GROCERIE PICK AVAILA-

www.Walmart.com



You can place online grocery orders! Be sure to enter your zip code as **99611**. If you do not want substitutes, be sure to mark it on your order. Pick up is at the door!

SENIOR BENEFITS PROGRAM

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175 or \$250 per month, depending on your annual income. Applications are available for mail out or pick up from the center.

NIKISKI SENIOR CENTER FOOD PANTRY

The NSC pantry is stocked and available to Seniors 50 and older who live in the Nikiski Community. Recipients can come by Tuesdays or Thursdays from 9am to 2pm once every 14 days.

MEALS ON WHEELS

We continue to provide lunches for pick-up and Meals on Wheels. We will now be providing Meals on Wheels to our community members in the age range of 18 – 54 receiving Medicaid Waiver Services. This will allow us to care for our community members in need and our seniors.



Food Pantry Hours:
Tuesday and
Thursday
9 am to 2 pm



March birth
flower is
daffodil



MARYANN'S CORNER

Broccoli Puff is one of Maryann's favorite dishes to make. Recipe handed down by a member.

- 1—10 oz package of frozen broccoli
- 1-10 oz can of cream of mushroom soup
- 1/4 cup mayonnaise
- 2 oz mild cheddar cheese ,shredded
- 1—egg slightly beaten



Cook broccoli until just done, drain excess liquid. Place in a baking dish.

Mix soup cheese, mayo, and egg then pour over broccoli. Bake at 350 for 45 minutes.

The Shamrock
was considered a
Sacred Plant and
symbolizes the
arrival of Spring



Dan Gordon	2-Mar
Frankie DeRossitt	3-Mar
Ouida Parker	5-Mar
Patty Hert	5-Mar
Neva Black	6-Mar
Maralee Hoover	6-Mar
Patty Hickman	10-Mar
Mim Tauriainen	12-Mar

Leon Marcincowski	13-Mar
Carol Leeper	16-Mar
Jon Haman	17-Mar
Donna Ruth Weaver	18-Mar
Alan Bute	19-Mar
Nadine Gabbett	20-Mar
Lon Holleyman	20-Mar
Diana White	21-Mar

Barbara Brinkerhoff	22-Mar
Suzette Huber	23-Mar
James Decker	24-Mar
Lisa Baird	25-Mar
Katherine Juliussen	26-Mar
Sam Hodena	28-Mar
Helen Hancken	29-Mar
Bernie Titera	30-Mar

Y J K	N C I
H L U Y S Z	H E R T E T
M G X L P I B C F	L E E P E R I H Q
S O A I D X A L F	I N F D N T H T Q
J R J U I Y R E O M	F S X C E E O T E S
D D L S A P B O H H	F A Q N R E I G E L
W O Q S N L A N R U X	L O J I A I S Y M G I
N O E A N R B E R N I	E K A Z K S S A V E N
Z N O Z A B K X E Q J	I O N O N J J X G
C R J K N N U W R U A R N M K	
A I Y U U I R E U	
N R R R X A D F D Q E L D	
R E E E B T A G A B B E T T H	
G E F H W M A R C I N C O W S K I B F	
X Q L T H Q N N E K C N A H M A S S F O J	
P P A I V L S U Z E T T E G D A N A M E O	
W A K T H I C K M A N M H U B E R H O D E N A	
U R E N A L A H U N I W	D E C K E R L D F
O K R A O Y U F Y L M E	N U E N I D A N W
Q E O M N L K T I A A	N O D W O R L B
I R S R F X T X N V	B L O R A C U
L H A R A L N E	M A Y M F
C H P X O R	N U K
K D X	
I B N	

DAN	DIANA
GORDON	WHITE
FRANKE	BARBARA
DEROSSITT	BRINKERHOFF
OUIDA	SUZETTE
PARKER	HUBER
PATTY	JAMES
HERT	DECKER
NEVA	LISA
MARALEE	KATHERINE
HICKMAN	JULIUSSEN
MIM	SAM
TAURIANEN	HODENA
LEON	HANCKEN
MARCINCOWSKI	BERNE
CAROL	TITERA
LEEPER	
JON	
HARMAN	
DONNA	
WEAVER	
ALAN	
NADINE	
GABBETT	
LON	

\$5

NIKISKI SENIOR CENTER

MARCH 2021

LUNCH MENU

\$5

Mon	Tue	Wed	Thu	Fri
1 Meatloaf Mashed Potatoes & Gravy Vegetable	2 Baked Ham Mac & Cheese Vegetable	3 Party Wings with Dipping Sauces Baked Beans Salad	4 Spaghetti Garlic Bread Salad	5 Club Sandwich Fries
8 Sausage & Egg Biscuit Bacon & Fried Potatoes	9 Chicken Tacos Refried Beans Spanish Rice	10 Fried Chicken Mashed Potatoes Vegetable	11 BBQ Pork Ribs Corn on the Cob Potato Salad	12 Patty Melt Onion Rings
15 Chicken Fried Steak Mashed Potatoes & Gravy Vegetable	16 Chicken & Broccoli Alfredo Garlic Bread Salad	17 Happy St. Patrick's Day! Corned Beef & Cabbage	18 Dijon Chicken Rice Salad	19 Reuben Sandwich Fries
22 Blueberry Pancakes Scrambled Eggs Bacon	23 Pork Carnitas Refried Beans Spanish Rice	24 Fried Chicken Mashed Potatoes Vegetable	25 Beef Stroganoff Buttered Pasta Caesar Salad	26 Chicken Bacon Ranch Pitas Onion Rings
29 Shepherds Pie Fruit Salad	30 Tater Tot Casserole Salad	31 Baked Pork Chops Potato Casserole Salad		

DINE IN IS AVAILABLE BEGINNING MARCH 1, 2021!

Please call 776-7654 by 10 am to order a lunch for pick-up or to reserve your seat for dine-in. Pick-up time will remain 11:30 am and Dine-in will be from 12-1 pm.

Salad Bar will remain closed until further notice.

All dine in meals will include a side salad.

DRIVE THRU



*Lunch Pickup:
Monday through Friday 11:30am to 12:00pm*



- Remote delivered services
- Yoga: March 17th
- Book Club March TBD
- BINGO TBD
- Cribbage: March 13th
- Game night: March 12th
- Pinochle: March 11th
- In-house lunches with reservations by 10am: March 1st

Re-opening March 1st!

Nikiski Senior Center
P.O. Box 6973
Nikiski, AK 99635

Phone: 907-776-7654
Fax: 907-776-7632



To:

PLEASE
PLACE
STAMP
HERE



Thank you for your continued support through the years.